

VISIT PREP LIST

# ALLERGIC ITCH VET CHECKLIST

**Scratch beneath the surface of your dog’s constant itching.**  
When taking your itchy dog to the vet, here are some helpful ways to make the most out of your visit.



**Pre-visit — Start by checking “yes” or “no” for each of these statements:**

- | YES                      | NO                       |   |
|--------------------------|--------------------------|---|
| <input type="checkbox"/> | <input type="checkbox"/> | My dog licks, chews, rubs, bites, scoots, or scratches the same area of his body at least several times per day   |
| <input type="checkbox"/> | <input type="checkbox"/> | I see the following on my dog’s skin: redness, darkening of the skin, sores, scabs, or scratch marks              |
| <input type="checkbox"/> | <input type="checkbox"/> | My dog has experienced hair loss, bald spots, or thinning of fur due to itching                                   |
| <input type="checkbox"/> | <input type="checkbox"/> | My dog rubs the face, licks the paws, and scratches the sides of ears and belly more than other areas of the body |
| <input type="checkbox"/> | <input type="checkbox"/> | My dog’s itching gets in the way of playing, eating, sleeping, or other activities                                |

**Prep for visit — Bring these items with you:**

 **The Zoetis Pack app** makes it easy to track this and more

- ☐ Name of the medication(s) your dog is currently taking and a photo of the prescription label(s)
- ☐ Name of the pet food(s) your dog is currently eating and a photo of the nutrition label(s)
- ☐ A list of your dog’s symptoms (use the list above and add any additional symptoms)
- ☐ Any photos/videos you have of your dog itching, scratching, licking, or showing signs you think mean they are itchy
- ☐ Your dog’s previous medical history (if this is a new vet)
- ☐ A list of questions you have for the vet relating to your dog’s skin health and itch
- ☐ Name of store-bought treatment(s) your dog is currently using, along with a photo of the label(s)

**Be prepared to answer questions like:**

- When did you first notice your dog itching? How long has it been going on? .....
- Where on their body do they itch, scratch, or lick the most? .....
- Does your dog itch more during certain seasons, or is it the same all year long? .....
- Are all the pets in your household currently on a flea and tick preventative? .....
  - If yes, what is the name of the product and when was it last administered? .....
- What products have you tried for itch in the past? Are you currently using any over-the-counter treatments or home remedies to treat your dog’s itch? .....
- Are there any new foods, treats, or other changes to their environment? .....
- When was their last bath and how frequently do you bathe them? .....
- What shampoo do you use? .....

**Before you leave, make sure you:**

- ☐ Talked about treatment options, such as a once-daily pill administered at home, or a long-lasting injection given by your vet
- ☐ Discussed and understood next steps
- ☐ Scheduled a follow-up visit or your next appointment