



FREEMOTION®

GENESIS™

MACHINES THAT DO MORE



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FREEMOTION®

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FREEDOM OF MOVEMENT

Train your body for everyday life with GENESIS, the first full circuit of cable-based strength training that targets the entire body. Unlike strength training equipment that focuses on working isolated muscles, GENESIS allows you to easily change the point of muscle activation by merely adjusting your plane of motion. This innovative strength line also includes products that feature Freemotion's patented LiveAxis™ technology, which provides progressive resistance throughout the entire range of motion. GENESIS' sleek design, sophisticated construction, and small footprint allow your club to maximize floor space and client results.

GENESIS

RANGE OF MOTION

Handles move independently for a wide variety of unilateral or bilateral movements while the extensive cable travel and flexibility allows for a full range of motion.

VARIOUS TRAINING OPTIONS

Seated and standing positions allow users to target more muscle activation with a single piece of equipment.

WHEELCHAIR ACCESSIBLE

The open design of most pieces in the Genesis line make them wheelchair accessible and welcoming to users of all fitness levels.

ALUMINUM SWIVEL PULLEYS

Freemotion's exclusive and ever-improving pulley design ensures fluid cable travel and unrestricted range of motion for users of various fitness levels.

WEIGHT STACK & PIN DESIGN

The enclosed weight stack provides extremely smooth transitions between loads, improving user safety while ensuring there are no more lost pins.

INDUSTRIAL CONSTRUCTION

Equipment is built with 11 and 7-gauge steel tubing and is electrostatically powder-coated with paint that has undergone 2,000 hours of salt spray testing.

*PROGRESSIVE RESISTANCE

LiveAxis™ pieces feature sliding pulley technology allows muscles to stay at optimum activation with constant resistance throughout the entire movement.



MULTI-PLANE CHEST #G600

PRODUCT DIMENSIONS
69 x 53 x 73 in (175.2 x 134.6 x 185.4 cm)
WEIGHT STACK
200 lbs (90 kg)



MULTI-PLANE SHOULDER #G601

PRODUCT DIMENSIONS
60 x 52 x 73 in (152.4 x 132 x 185.4 cm)
WEIGHT STACK
150 lbs (68 kg)



BICEPS #G602

PRODUCT DIMENSIONS
52 x 36 x 77 in (132 x 91.4 x 195.5 cm)
WEIGHT STACK
150 lbs (68 kg)



TRICEPS #G603

PRODUCT DIMENSIONS
52 x 36 x 77 in (132 x 91.4 x 195.5 cm)
WEIGHT STACK
150 lbs (68 kg)



ROW #G604

PRODUCT DIMENSIONS
56 x 36 x 77 in (142.4 x 91.4 x 195.5 cm)
WEIGHT STACK
200 lbs (90 kg)



MULTI-PLANE CALF #G607

PRODUCT DIMENSIONS
74 x 36 x 77 in (187.9 x 91.4 x 195.5 cm)
WEIGHT STACK
200 lbs (90 kg)



SQUAT #G610

PRODUCT DIMENSIONS
90 x 36 x 73 in (228.6 x 91.4 x 185.4 cm)
WEIGHT STACK
400 lbs (181 kg)



ABDOMINAL #G611

PRODUCT DIMENSIONS
34 x 36 x 77 in (86.3 x 91.4 x 195.5 cm)
WEIGHT STACK
150 lbs (68 kg)



MULTI-PLANE LIFT #G612

PRODUCT DIMENSIONS
71 x 42 x 77 in (180.3 x 106.6 x 195.5 cm)
WEIGHT STACK
400 lbs (181 kg)



STEP #G614

PRODUCT DIMENSIONS
73 x 36 x 77 in (185.4 x 91.4 x 195.5 cm)
WEIGHT STACK
150 lbs (68 kg)



LAT #G620

PRODUCT DIMENSIONS
56 x 52 x 87 in (142.2 x 132 x 220.9 cm)
WEIGHT STACK
200 lbs (90 kg)



CABLE COLUMN #G625

PRODUCT DIMENSIONS
35 x 43 x 91 in (89 x 109 x 231 cm)
PRODUCT WEIGHT
430 lbs (195 kg)



DUAL CABLE CROSS #G624

PRODUCT DIMENSIONS
70 x 122 x 92 in (177.8 x 309.8 x 233.6 cm)
WEIGHT STACK
Two: 240 lbs (108.8 kg) Stacks



DUAL CABLE CROSS LITE #G424

PRODUCT DIMENSIONS
65 x 113 x 85 in (165.1 x 287 x 215 cm)
WEIGHT STACK
Two: 210 lbs (95.2 kg)



*MULTI-PULL ROTATION LOW #G626

PRODUCT DIMENSIONS
46 x 64 x 74 in (116.8 x 162.5 x 187.9 cm)
WEIGHT STACK
200 lbs (90 kg)



*MULTI-PULL ROTATION HIGH #G627

PRODUCT DIMENSIONS
46 x 64 x 74 in (116.8 x 162.5 x 187.9 cm)
WEIGHT STACK
200 lbs (90 kg)



*TOTAL QUAD / HIP #G628

PRODUCT DIMENSIONS
75 x 47 x 74 in (190.5 x 119.4 x 187.9 cm)
PRODUCT WEIGHT
150 lbs (68 kg)



*TOTAL GLUTE HAMSTRING #G629

PRODUCT DIMENSIONS
71 x 47 x 74 in (180.3 x 119.4 x 187.9 cm)
PRODUCT WEIGHT
150 lbs (68 kg)