



FREEMOTION®

# GENESIS DS™

## DUAL FUNCTIONALITY



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FREEMOTION®

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### DIFFERENT BY CHOICE

Maximize every square inch of your facility with GENESIS DS™—the dual station freeflow strength training line by Freemotion. With two workout stations in every GENESIS DS machine, small group sessions and circuit training become more fluid. Abandon outdated fitness methodology and embrace the ease of improving muscle activation by merely adjusting the plane of motion. With an improved design and construction, this innovative cable line delivers consistent, reliable resistance and desirable results.

# GENESIS DS

## IMPROVED AND INNOVATIVE DESIGN

Superior construction improves functionality, safety, and ease of cleaning/maintenance while providing enhanced comfort and 4X the durability.

## SMALL FOOTPRINT

Twice the cable-strength power in one modest footprint, Genesis DS is made to ensure small-group and circuit training thrives.

## RANGE OF MOTION

Independently moving handles create a wide variety of unilateral and bilateral movements, while the extensive cable travel and flexibility allow for a full range of motion.

## VARIOUS TRAINING OPTIONS

Featuring both seated and standing positions, users can easily target more muscle activation with a single piece of equipment, reducing their need to move from station to station.

## WHEELCHAIR ACCESSIBLE

Most pieces in the GENESIS DS line feature the option of an open design, making them wheelchair accessible and welcoming to users of all fitness levels.

## ALUMINUM SWIVEL PULLEYS

Freemotion's exclusive and ever-improving pulley design ensures fluid cable travel and unrestricted range of motion for users of various fitness levels.

## WEIGHT STACK DESIGN

The enclosed weight stack provides exceptionally smooth transitions between loads while increasing user safety.

## INDUSTRIAL CONSTRUCTION

With 11 and 7-gauge steel tubing that is electrostatically powder-coated with paint that has undergone 2,000 hours of salt spray testing, we built the GENESIS DS line to last.



## CHEST/SHOULDER

**PRODUCT DIMENSIONS**  
(L x W x H)  
47 x 64 x 64 in  
119.3 x 162.5 x 162.5 cm

**MACHINE WEIGHT**  
609.5 lbs / 276.5 kg



#GD500

## ABDOMINAL/BICEPS

**PRODUCT DIMENSIONS**  
(L x W x H)  
51 x 37 x 72 in  
129.5 x 93.9 x 182.8 cm

**MACHINE WEIGHT**  
608.6 lbs / 276.1 kg



#GD501

## LAT PULLDOWN/HIGH ROW

**PRODUCT DIMENSIONS**  
(L x W x H)  
54 x 48 x 84 in  
137.1 x 121.9 x 213.3 cm

**MACHINE WEIGHT**  
709.8 lbs / 322 kg



#GD502

## QUAD/HAMSTRING

**PRODUCT DIMENSIONS**  
(L x W x H)  
70 x 32 x 64 in  
177.8 x 81.2 x 162.5 cm

**MACHINE WEIGHT**  
615 lbs / 279 kg



#GD503

## LIFT/STEP

**PRODUCT DIMENSIONS**  
(L x W x H)  
65 x 37 x 64 in  
165.1 x 93.9 x 162.5 cm

**MACHINE WEIGHT**  
724.6 lbs / 328.7 kg



#GD504

## MULTI-PULL PRESS

**PRODUCT DIMENSIONS**  
(L x W x H)  
66 x 31 x 64 in  
167.6 x 78.7 x 162.5 cm

**MACHINE WEIGHT**  
637.1 lbs / 289 kg



#GD505