

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				<p>Contact Molly Greece, Program Director, with any questions regarding programs: (914) 819-5370. All programs are subject to change: check the daily schedule for updates.</p>	<p>MG - Molly Greece SH - Sharon Huerta JL - Jalen Lewis BM - Brendan Marinelli PA - Paul Ataide KG - Kristine Georgeo NW - Nick Woo</p>	<p>10:00 ■ MR Meditation and Guided Imagery - SH 11:00 ■ BE Word Games - SH 2:00 ■ BE Jewelry Making - SH 3:00 ■ LL Social Hour - SH 4:00 ■ LL Strumming with Rob 7:00 ■ BE Nightly Movie</p>
<p>2</p> <p>10:00 ■ BE Sunday Stretch - MG 11:00 ■ BE News Update - MG 11:00 ■ MR Stream Mass: Holy Family Parish - NR 1:30 ■ BE Drop-in Art Studio: Rock Painting - MG 3:00 ■ LL Social Hour - MG 3:30 ■ LL Pub Quiz Trivia - MG 7:00 ■ BE Nightly Movie</p>	<p>3</p> <p>Drop a Rock Day 9:30 ■ BE Morning Stretch & Yoga - BM 10:00 ■ BE Strength & Balance - BM 11:00 ■ BE Resident Orientation - PA/MG 1:30 ■ CY Walking Club - BM 2:00 ■ BE Live Music with guitarist John Ward 3:00 ■ LL Social Hour - MG 3:30 ■ LL Scattergories - MG 4:00 ■ CY Corn Hole - BM/JL 7:00 ■ BE Nightly Movie</p>	<p>4</p> <p>Independence Day 10:00 ■ BE Kickboxing - BM 11:00 ■ BE 4th of July History & Trivia - MG 1:30 ■ CY Walking Club - BM 2:00 ■ BE America's Best Patriotic Music Clips - MG 3:00 ■ LL Red, White, & Blue Social Hour 4:00 ■ GW Putt-Putt Golfing - BM 7:00 ■ BE Nightly Movie</p>	<p>5</p> <p>9:30 ■ BE Morning Tai Chi - BM 10:00 ■ BE Agility - BM 11:00 ■ GH Flower Arranging - SH 1:30 ■ CY Walking Club - BM 2:00 ■ BE Lecture with Evan Weiner 3:00 ■ LL Social Hour - MG 4:00 ■ LL Tech Help Desk - JL 7:00 ■ BE Nightly Movie</p>	<p>6</p> <p>10:00 ■ BE Body Pump - BM 11:00 ■ BE Horticulture - MG/SH 1:30 ■ CY Walking Club - BM 2:00 ■ TS Scrabble - SH 3:00 ■ LL Social Hour - MG 4:00 ■ CY Horseshoes - BM 7:00 ■ BE Nightly Movie</p>	<p>7</p> <p>World Chocolate Day 9:30 ■ BE Morning Stretch & Yoga - BM 10:00 ■ BE Dance Fitness - BM 11:00 ■ BE Chocolate History & Tasting - SH 1:30 ■ CY Walking Club - BM 2:00 ■ LL Bingo - SH/JL 3:00 ■ LL Social Hour - SH 6:00 ■ MR Shabbat- Livestream: Temple Israel - NR 7:00 ■ BE Nightly Movie</p>	<p>8</p> <p>10:00 ■ MR Meditation and Guided Imagery - SH 11:00 ■ BE Group Crossword - SH 2:00 ■ GW Bowling - SH 3:00 ■ LL Social Hour - SH 4:00 ■ LL Strumming with Rob 7:00 ■ BE Nightly Movie</p>
<p>9</p> <p>10:00 ■ BE Sunday Stretch - MG 11:00 ■ BE News Update - MG 11:00 ■ MR Stream Mass: Holy Family Parish - NR 1:30 ■ BE Drop-in Art Studio: Watercolor - MG 3:00 ■ LL Social Hour - MG 3:30 ■ LL Pub Quiz Trivia - MG 7:00 ■ BE Nightly Movie</p>	<p>10</p> <p>9:30 ■ BE Morning Stretch & Yoga - BM 10:00 ■ BE Strength & Balance - BM 11:00 ■ BE Resident Orientation - PA/MG 1:30 ■ CY Walking Club - BM 2:00 ■ BE Live Music with Bonnie Rapp 3:00 ■ LL Social Hour - MG 3:30 ■ LL Scattergories - MG 4:00 ■ CY Corn Hole - BM/JL 7:00 ■ BE Nightly Movie</p>	<p>11</p> <p>10:00 ■ BE Kickboxing - BM 11:00 ■ BE Program Committee Meeting - MG 1:30 ■ CY Walking Club - BM 2:00 ■ TS Book Club Meeting - MG 3:00 ■ LL Social Hour - MG 4:00 ■ GW Putt-Putt Golfing - BM 7:00 ■ BE Nightly Movie</p>	<p>12</p> <p>9:30 ■ BE Morning Tai Chi - BM 10:00 ■ BE Agility - BM 11:00 ■ GH Flower Arranging - SH 1:30 ■ CY Walking Club - BM 2:00 ■ TS Chinese Checkers - SH 3:00 ■ LL Social Hour - MG 4:00 ■ LL Tech Help Desk - JL 7:00 ■ BE Nightly Movie</p>	<p>13</p> <p>10:00 ■ BE Body Pump - BM 11:00 ■ BE Horticulture - MG/SH 1:30 ■ CY Walking Club - BM 2:00 ■ BE Clay Coaster Craft - SH 3:00 ■ LL Social Hour - MG 4:00 ■ CY Horseshoes - BM 7:00 ■ BE Nightly Movie</p>	<p>14</p> <p>Bastille Day 9:30 ■ BE Morning Stretch & Yoga - BM 10:00 ■ BE Dance Fitness - BM 11:00 ■ BE Bastille Day History & More - SH 1:30 ■ CY Walking Club - BM 2:00 ■ LL Bingo - SH/JL 3:00 ■ LL French-Themed Social - SH 4:00 ■ LL Wordplay - JL/SH 7:00 ■ BE Nightly Movie</p>	<p>15</p> <p>10:00 ■ MR Meditation and Guided Imagery - SH 11:00 ■ BE The Keys Trivia - SH 2:00 ■ BE Do the 'Write' Thing - SH 3:00 ■ LL Social Hour - SH 4:00 ■ LL Strumming with Rob 7:00 ■ BE Nightly Movie</p>
<p>16</p> <p>10:00 ■ BE Sunday Stretch - MG 11:00 ■ BE News Update - MG 11:00 ■ MR Stream Mass: Holy Family Parish - NR 1:30 ■ BE Drop-in Art Studio: Bookmark making - MG 3:00 ■ LL Social Hour - MG 3:30 ■ LL Pub Quiz Trivia - MG 7:00 ■ BE Nightly Movie</p>	<p>17</p> <p>9:30 ■ BE Morning Stretch & Yoga - BM 10:00 ■ BE Strength & Balance - BM 11:00 ■ BE Resident Orientation - PA/MG 1:30 ■ CY Walking Club - BM 2:00 ■ BE Live Music with Diana Hickman 3:00 ■ LL Social Hour - MG 3:30 ■ LL Scattergories - MG 4:00 ■ CY Corn Hole - BM/JL 7:00 ■ BE Nightly Movie</p>	<p>18</p> <p>10:00 ■ BE Kickboxing - BM 11:00 ■ MR Resident Council Meeting - PA 11:00 ■ BE Words from Word - MG 1:30 ■ CY Walking Club - BM 2:00 ■ BE Health Topics - KG 3:00 ■ LL Social Hour - MG 4:00 ■ GW Putt-Putt Golfing - BM 7:00 ■ BE Nightly Movie</p>	<p>19</p> <p>9:30 ■ BE Morning Tai Chi - BM 10:00 ■ BE Agility - BM 11:00 ■ GH Flower Arranging - SH 1:30 ■ CY Walking Club - BM 2:00 ■ BE Jeopardy - JL/SH 3:00 ■ LL Social Hour - MG 4:00 ■ LL Tech Help Desk - JL 7:00 ■ BE Nightly Movie</p>	<p>20</p> <p>International Chess Day 10:00 ■ BE Body Pump - BM 11:00 ■ BE Moon Landing Anniversary - SH 11:30 ■ LL Dining Committee Meeting - NW 1:30 ■ TS Chess Game - MG 1:30 ■ CY Walking Club - BM 2:00 ■ BE Moon Painting Project - SH 3:00 ■ LL Social Hour - MG 4:00 ■ CY Horseshoes - BM 7:00 ■ BE Nightly Movie</p>	<p>21</p> <p>9:30 ■ BE Morning Stretch & Yoga - BM 10:00 ■ BE Dance Fitness - BM 11:00 ■ BE This Month In History - SH 1:30 ■ CY Walking Club - BM 2:00 ■ LL Bingo - SH/JL 3:00 ■ LL Social Hour - SH 6:00 ■ MR Shabbat- Livestream: Temple Israel - NR 7:00 ■ BE Nightly Movie</p>	<p>22</p> <p>10:00 ■ MR Meditation and Guided Imagery - SH 11:00 ■ BE Group Crossword - SH 2:00 ■ BE Volunteer Project - SH 3:00 ■ LL Social Hour - SH 4:00 ■ LL Strumming with Rob 7:00 ■ BE Nightly Movie</p>
<p>23</p> <p>10:00 ■ BE Sunday Stretch - MG 11:00 ■ BE News Update - MG 11:00 ■ MR Stream Mass: Holy Family Parish - NR 1:30 ■ BE Drop-in Art Studio: Collage - MG 3:00 ■ LL Social Hour - MG</p>	<p>24</p> <p>9:30 ■ BE Morning Stretch & Yoga - BM 10:00 ■ BE Strength & Balance - BM 11:00 ■ BE Resident Orientation - PA/MG 1:30 ■ BE Opera Lecture with Joe Lawliss 3:00 ■ LL Social Hour - MG</p>	<p>25</p> <p>National Wine & Cheese Day 10:00 ■ BE Kickboxing - BM 11:00 ■ BE All Residents Meeting 1:30 ■ CY Walking Club - BM 2:00 ■ BE History of Wine Making - MG 3:00 ■ LL Social Hour: Wine Tasting! 4:00 ■ GW Putt-Putt Golfing - BM 7:00 ■ BE Nightly Movie</p>	<p>26</p> <p>9:30 ■ BE Morning Tai Chi - BM 10:00 ■ BE Agility - BM 11:00 ■ GH Flower Arranging - SH 1:30 ■ CY Walking Club - BM 2:00 ■ BE Pokeno - MG 3:00 ■ LL Ice Cream Social - MG 4:00 ■ LL Tech Help Desk - JL 7:00 ■ BE Nightly Movie</p>	<p>27</p> <p>10:00 ■ BE Body Pump - BM 11:00 ■ BE Horticulture - MG/SH 1:30 ■ CY Walking Club - BM 2:00 ■ TS Scrabble - SH 3:00 ■ LL Social Hour - MG 4:00 ■ CY Horseshoes - BM 7:00 ■ BE Nightly Movie</p>	<p>28</p> <p>9:30 ■ BE Morning Stretch & Yoga - BM 10:00 ■ BE Dance Fitness - BM 11:00 ■ BE Seashell Craft - SH 1:30 ■ CY Walking Club - BM 2:00 ■ LL Bingo - SH/JL 3:00 ■ LL Social Hour - SH 4:00 ■ LL Wordplay - JL/SH 7:00 ■ BE Nightly Movie</p>	<p>29</p> <p>10:00 ■ MR Meditation and Guided Imagery - SH 11:00 ■ BE Anagrams - SH 2:00 ■ CY Bocce Ball - SH 3:00 ■ LL Social Hour - SH 4:00 ■ LL Strumming with Rob 7:00 ■ BE Nightly Movie</p>
<p>30</p> <p>10:00 ■ BE Sunday Stretch - MG 11:00 ■ BE News Update - MG 11:00 ■ MR Stream Mass: Holy Family Parish - NR 1:30 ■ BE Drop-in Art Studio: Beach Quote Craft - MG 3:00 ■ LL Social Hour - MG</p>	<p>31</p> <p>9:30 ■ BE Morning Stretch & Yoga - BM 10:00 ■ BE Strength & Balance - BM 11:00 ■ BE Resident Orientation - PA/MG 2:00 ■ BE Live Music with Liam O'Connor 3:00 ■ LL Social Hour - MG</p>					