

# **Breakfast**

# **Eggs Benedict**

English muffin, each topped with Canadian bacon, a poached egg, and hollandaise sauce.

# **Vegetable Omelet**

Build Your Own Omelet w/ Fresh Cracked Eggs or Fresh Egg Whites, Seasonal Vegetables Available.

# Fluffy Buttermilk Pancakes

Two Fluffy Golden Buttermilk Pancakes Served w/ Warm Syrup.

# Lunch

# **Grilled Chicken & Goat Cheese**

Luscious Grilled Chicken, Goat Cheese Crumble, Arugula on a Ciabatta Roll

# Prosciutto & Fig

Prosciutto Parma, Provolone, Fig Jam, Drizzled with Balsamic, on a Ficelle.

#### Stuffed Clam Shell

Steamed Clams & Seasoned Buttered Gluton Free Breadcrumbs, Baked Until Crisp on top.

#### **Dinner**

#### Pasta Primavera

Farfalle Pasta, Fresh Farm Vegetable, Pesto Cream Sauce.

# Pan Seared Cod w/ White Wine Sauce

Golden Seared Cod, Creamy White Wine Butter Sauce.

## **Smothered Pork Chop**

Fried Pork Chop Smothered in Creamy Gravy, Served w/ Caramelized Onion

# **Sides**

**Crispy Bacon** 

Sausage Link

Fresh Hand Cut Fries

Spinach Arugula Salad

Angel Hair Pasta w/ Garlic Butter Sauce

**Garlic Bread** 

Broccolini

**Classic Mashed Potatoes** 



# **Bacon and Egg Casserole**

Baked eggs, bacon, peppers/onions and potatoes topped with cheddar cheese.

# Eggs Your way

Eggs any style

# Lunch

# Lemon Basil Spaghetti Chicken

Sauteed chicken

# Turkey sandwich

Juicy thin sliced Turkey topped with lettuce, tomatoes, pickles and cheese. (Your choiceof bread and dressing)

# **Dinner**

## **Beef Pot Roast**

Slow Roasted Beef with carrots, onions and natural gravy.

#### Fresh Baked Salmon

Fresh Salmon baked with garlic and basil served with a lemon wedge.

#### Sides

**Hand Cut Fries** 

**Nosher Potato Salad** 

Cottage Cheese & Fresh Fruit

**Assorted Chips** 

**Creamy Coleslaw** 

Tuna or Crab Salad

Mediteranian Chickpea Salad

# Salads

#### Cooper Cobb

Chicken Breast, Avocado, Blue Cheese, Bacon, Tomato, Egg and Mixed Greens Tossed in Our buttermilk ranch

#### Antipasto

Baby arugula, roasted red peppers, fresh mozzarella, genoa salami, marinated artichokes

#### Chicken Ceaser

Romaine lettuce, crispy croutons, Grilled Chicken, parmesan cheese

#### Greek

Mixed greens, stuffed grape leaves, kalamata olives, feta, red onion, cherry tomato, lemon vinigarete



# **Employee Menu**

## **Grilled Cheese**

Grilled Cheese with a choice of ham, bacon, Turkey, tomato, Cheddar, provolone, American

# Cheeseburger

Fresh ground beef with a choice of cheese, lettuce, tomato., pickle, red onion

# All Beef Hot Dog

# **Chicken Fingers**

## Deli Sandwich

Choice of Beef Bologna, Smoked Turkey or Ham Provolone, Swiss, American w/ lettuce, tomato, pickles

## Breakfast sandwich

2 eggs, sausage or bacon & Cheese



# **Breakfast**

Fried Egg

**Country Potatoes** 

Whole Grain Toast

## Lunch

## Chicken Cheese Steak

Shredded chicken sautéed with peppers & onions on a toasted hero roll. served with seasoned steak fries (Cheddar optional)

# **Veggie Philly Cheese Steak**

Grilled eggplant, portobello mushrooms, peppers & onions on a toasted hero roll. (Cheese optional) served with seasoned steak fries

#### **Dinner**

# Shrimp tacos

Sautéed shrimp on a warm corn tortilla with cucumber, lettuce and spicy sour cream. Served w/ Yuca fries topped with a garlic aioli and paprika.

# **Beef Tacos**

Sautéed beef served on a warm corn tortilla with lettuce, tomato & cilantro aioli.

Served w/ Yuca fries topped with a garlic aioli and paprika.



# **Toujours Menu**

# **Bacon or Sausage Patties**

# **Buttermilk Pancakes**

Fluffy golden buttermilk pancakes

# English Muffin Breakfast Sandwich

Eggs w/ choice of bacon, sausage and/or cheese on a toasted English muffin

# All American Cheeseburger

5 ounces of ground beef topped with lettuce, tomato, pickles & American cheese.

# **Philly Steak Sandwich**

6 ounces of shaved sirloin beef w/ peppers & onions on a toasted hero roll. (Provolone cheese optional)

# Chicken Fingers

Golden fried strips of chicken breasts served with your choice of ketchup, BBQ sauce, honey mustard or House made dipping sauce.

# **Veggie Burger**

Classic Veggie burger topped with lettuce and tomato.

## P.B.&J.

Peanut butter and jelly sandwich. (Sun Butter available)

#### Deli Sandwich

Choice of Ham, Turkey or Roast Beef Provolone, Cheddar, Swiss or American Cheese

#### Chicken Parmesan

Fried breast of chicken topped with marinara sauce and provolone cheese.

# **Grilled Cheese**

choice of american, provolone or swiss cheese Bacon, tomato, ham, turkey

#### Chef Salad

boiled eggs, carrots, tomato, ham, roast beef, turkey,

## Garden Salad

mixed greens with tomato, carrots, and cucumbers

#### Caesar Salad

Romaine lettuce, crispy croutons, Grilled Chicken, parmesan cheese

#### Ice Cream or Low-Fat Yogurt

Vanilla, Chocolate or Strawberry



# **Toujours Menu**

#### Chicken Parmesan

#### Make Your Own Pasta

Pasta: Penne, Spaghetti, Fettuccini, Angel Hair.

Sauces: Creamy House made Hummus, Vodka Sauce, Creamy Alfredo, Garlic and Oil w/ Basil, Marinara or Cilantro Pesto.

Meat: Meat Balls, Grilled Chicken, Sausage

Vegetables: Broccoli, Zucchini, Squash, Sauteed Peppers & Onions

## Chicken Milanese

Sauteed thinly pounded and lightly breaded breast of chicken served with rosemary garlic lemon sauce. topped with an arugula salad.

# Stir fry Tofu

Crispy fried tofu served over a bed of fried rice.

Sides Salads

**Hand Cut Fries** 

**Sweet Potato Fries** 

**Onion Rings** 

Fruit & Cheese Platter

Coleslaw

Soup of the day

Banana Split

Split banana w/ ice cream topped with non-dairy whipped cream, chocolate, caramel or fruit sauce and sprinkles.

Cooper's Shortcake

Fresh fruit filled cake topped with non-dairy whipped cream.

Fresh baked cookies

Choice of Red Velvet, Chocolate Chip, Sugar, Macadamia.

Ice cream sandwich

Your choice of ice cream sandwiched between 2 fresh baked cookies topped w/ powdered sugar and chocolate sauce.

Chef Salad

Garden Salad

Caesar Salad

Salads

Chef Salad

Garden Salad

Caesar Salad



# **Toujours Menu**

# Hand Crafted Sandwiches (Can be hot or cold)

Meat: Turkey, Ham, Roast Beef, Grilled Chicken Salads: Tuna, Chicken, Egg or Salmon Cheese: Cheddar, American, Swiss, Provolone Veggies: Pickles, Red/ White Onions, Lettuce, Tomato Dressings: Mayonnaise, Mustard, Dijon, Hummus Breads: White, Wheat, Rye, Wrap,

#### Quesadillas

Served w/ Pico De Gallo & Sour Cream.

Meat: Turkey, Ham, Roast Beef, Grilled Chicken, Sausage Cheese: Cheddar, American, Swiss, Provolone. Mozzarella.

Veggies: Pickles, Red/White Onions, Lettuce, Tomato, Red and Green Peppers.

Sauces: Sun Dried Tomato or Garlic Aioli, Dijon, Hummus

Wraps: White, Wheat, Spinach

# Chicken Fingers

Golden fried strips of chicken breasts served with your choice of ketchup, BBQ sauce, honey mustard or House made dipping sauce.

# Classic Cooper Burgers

6 ounces of fresh ground beef or Veggie burger served on a toasted burger bun.

Toppings: Pickles, Red Onion, Lettuce, Tomato, bleu cheese Cole slaw.

Cheese: American, Swiss, Provolone, Cheddar, Mozzarella.

Dressings: Mayonnaise, Mustard, Ketchup, Hummus, House made Burger Sauce

#### P.B.&J.

House made Peanut butter or sun butter with Grape preserves and Fluffernutter on toasted bread.

#### Chicken Parmesan

Breaded chicken breast topped w/ house made marinara sauce topped with a fresh field green salad, grape tomatoes and olive oil.

Choice of mozzarella, parmesan, or provolone cheese.

## Make Your Own Pasta

Pasta: Penne, Spaghetti, Fettuccini, Angel Hair.

Sauces: Creamy Hummus, Vodka Sauce, Creamy Alfredo, Garlic and Oil w/ Basil, Marinara, Cilantro Pesto.

Meat: Meat Balls, Grilled Chicken, Sausage

Vegetables: Broccoli, Zucchini, Squash, Sauteed Peppers & Onions

#### Chicken Milanese

Sauteed thinly pounded and lightly breaded breast of chicken served with rosemary garlic lemon sauce. topped with an arugula salad.

# Stir fry Tofu

Crispy fried tofu served over a bed of fried rice.



# **Toujours Menu**

## French Toast

Topped w/ Powdered Sugar, seasonal berries & syrup.

#### Omelet's

Meats: Ham, Bacon, Sausage Veggies: Spinach, Red/Green Peppers, Red/White Onions, Broccoli Cheese: Mozzarella, Cheddar, Provolone, Swiss, American

#### Fresh Fruit Salad

Diced Fresh Seasonal Fruits

# Fresh Sausage Patties

Fresh Ground Pork, Dried Sage, Salt, Pepper, Onion, & Garlic

#### Bacon

Applewood Smoked Bacon

#### Fresh Parfaits

Yogurt layered w/ Fresh Diced Fruits & a Mixed Fruit Coulis topped with Fresh House Made Granola.

## **Cream Of Oatmeal**

Creamy Oats made with Brown Sugar, Nutmeg & Cinnamon, topped with Seasonal Berries or Caramelized Bananas.