

# SEAFOOD TAKES CARE OF COMPLEXITY

AS A FOODSERVICE OPERATOR IN HEALTHCARE, WE UNDERSTAND YOUR UNIQUE CHALLENGES. YOU HAVE TO BALANCE RISING COSTS WITH THE NEED TO KEEP PATIENTS, STAFF AND GUESTS HAPPY, AND YOU HAVE TO DO IT ACROSS A LARGE-SCALE OPERATION WITH MULTIPLE MENUS.

HIGH LINER FOODSERVICE IS HERE TO HELP SIMPLIFY YOUR LIFE WITH SEAFOOD SOLUTIONS THAT STREAMLINE SERVICE, REQUIRE LESS LABOUR, AND ADD VARIETY TO YOUR MENUS—ALL WHILE MEETING A WIDE RANGE OF DIETARY NEEDS.

SEAFOOD IS BETTER FOR HEALTHCARE

# UNDERSTANDING YOUR UNIQUE CHALLENGES

# Meeting the needs of many

From staff to patients and their guests, you have a wide variety of people to cater to, and that means managing multiple menus. Moreover, you want to show everyone that their dietary needs and preferences are being considered, and provide them with the variety they want, in the formats they need—from full meals to room service to grab-and-go options.



HEALTHY AND
DELICIOUS.
JUST WHAT THE
DOCTOR ORDERED!



## Do more with less

Even though you have less staff to rely on and less pantry options to choose from, you're still tasked with managing and executing on multiple menus—no easy feat no matter how you slice it. High Liner Foodservice can help with seafood solutions that are simple to cook and can be used to create several different dishes.

# **Everything has changed**

The pandemic has changed foodservice across the board, adding additional complications to food handling practices. As a result, **grab-and-go** options have become a permanent menu fixture. With High Liner Foodservice on your side, we can help you ensure they stay fresh and interesting.

# **DELICIOUSLY HELPFUL SEAFOOD SOLUTIONS**

TALK TO YOUR REP ABOUT HOW HIGH LINER **FOODSERVICE CAN HELP YOU** 



#### **Keep your** menus fresh

Our products can be used in many different ways, making it easy to keep your menus dynamic while streamlining your inventory.



### Seafood satisfies all

Seafood makes it easier for you to meet a wide variety of dietary requirements and restrictions, including options low in sodium and saturated fats. And we also have comfort food options that make patients feel like they're at home.



#### **Seafood is** vour solution

Because our seafood is easy to cook and can be used in multiple dishes, it's a great labour- and costsaving solution for your healthcare operation!



#### **RECOMMENDED PRODUCTS**

NAME	SIZE	PACK	COOK METHOD	PRODUCT BEN	FFITE	
					EFIIS	
Battercrisp® Natural Cut Cod Fillets	2 - 4 oz	10 lb	DF, FA,	⊚⊚		
Beer Battered Haddock Fillets	3 oz	2x5 lb	DF, FA,	$\bigcirc$	$\odot$	
Breaded Cod Nuggets	12-16 ct	10 lb	FA, OR, RT	$\bigcirc$	<b>(()</b> (\$ (())	
Healthy Tonight Breaded Haddock Fillets	4 oz	10 lb	FA, OR, RT	©•\( \bar{\chi}\) ⊕	0 0 0 0 0	
Breaded Krunchie® Haddock Fillets	2 - 4 oz	10 lb	FA, OR	0 0 0 0 0		
Southern Style Alaska Wild Wings™	0.8 oz	10 lb	DF, FA	⊚@⊙	<u> </u>	
Breaded Sole Fillets	4 oz	10 lb		<a>⊙</a>		
Lemon Pepper Breaded Natural Cut Cod Fillets	2 - 4 oz	10 lb	DF,FA,OR	$\bigcirc$	···	
Breaded Krunchie® Ocean Perch Fillets	2-4 oz	10 lb	DF,	◎••	<u></u>	
Big Captain Burger® Breaded Pollock Fish Fillets	4 oz	10 lb	OR, RT	<b>⊕⊕</b>	<u> </u>	
Captain Burger® Breaded Pollock Fish Fillets	2.25 oz	10 lb	DF, FA, OR	$\bigcirc$	<u></u>	
Big Captain Burger® Breaded Wild Pacific Salmon	4 oz	10 lb	DF, OR	⊕\( \rightarrow \end{arrow} \end{arrow}	⊕\$	
Healthy Tonight Breaded Sole Fillets	4 oz	10 lb	DF, FA, OR	<b>⊕⊕</b>	$\odot$	
Υ						
Fish Cakes	2 oz	10 lb		∞0\$	<u></u>	
Sea Cuisine™ Gluten-Free Breaded Cod Nuggets	0.61 oz	2x5 lb	OR, RT	<b>₽</b> ⊗ <b>⊗</b>	<b>(4) (9)</b>	
Sea Cuisine™ Mediterranean Glazed Haddock Portions	3.5 oz	10 lb	DF, FA, OR	<b>₽</b> ⊗ <b></b> ⊗	<b>(*) (</b> (9)	
Sea Cuisine™ Wild Pacific Salmon Fillets in Creamy Dill Sauce	5 oz	10 lb	DF, FA, OR	<b>\$ (2) (3)</b>	<b>(19)</b>	
Sea Cuisine™ Asian Glazed Wild Pacific Salmon Portion	3.5 oz	10 lb	DF, FA, OR		<b>D</b>	
ERIA/RETAIL FEEDING						
NAME			SIZE	PACK	COOK METHOD	
Homestyle Batterdipt® Cod Tails			4 oz	10 lb	DF, FA,	
Battered Haddock Fillets			4 oz	10 lb	DF, OR	
Bam Bam Evercrisp™ Lightly Battered Shrimp			26-30 ct	4x2.5 lb	DF	
Breaded Cod Nuggets (Natural)			1 oz	10 lb	FA, OR, R	
Sea Cuisine™ Breaded Cod Nuggets			1 oz	10 lb	MW, OR, F	
Y						
Pan-Sear® Chili Lime Tilapia Fillets			5 oz	10 lb	OR, RT	
Upper Crust™ Potato Crusted Cod with Chives	& Chedd	ar	5 - 6 oz	10 lb	FA, OR, R	
ry (\$) Budget Friendly	(A) Con	trolled S	Sodium (	Low Satur	rated Fat	
Peady	<u> </u>			<u></u>		
Cold Plate Compatible	(♚) Glut	en Free	^	🍳) Never Frie	امد	
	Breaded Cod Nuggets  Healthy Tonight Breaded Haddock Fillets  Breaded Krunchie® Haddock Fillets  Southern Style Alaska Wild Wings™  Breaded Sole Fillets  Lemon Pepper Breaded Natural Cut Cod Fillets  Breaded Krunchie® Ocean Perch Fillets  Big Captain Burger® Breaded Pollock Fish Fillets  Captain Burger® Breaded Pollock Fish Fillets  Big Captain Burger® Breaded Wild Pacific Salmon  Healthy Tonight Breaded Sole Fillets  Y  Fish Cakes  Sea Cuisine™ Gluten-Free Breaded Cod Nuggets  Sea Cuisine™ Mediterranean Glazed Haddock Portions  Sea Cuisine™ Mediterranean Glazed Haddock Portions  Sea Cuisine™ Asian Glazed Wild Pacific Salmon Portion  ERIA/RETAIL FEEDING  NAME  Homestyle Batterdipt® Cod Tails  Battered Haddock Fillets  Bam Bam Evercrisp™ Lightly Battered Shrimp  Breaded Cod Nuggets (Natural)  Sea Cuisine™ Breaded Cod Nuggets  Y  Pan-Sear® Chili Lime Tilapia Fillets  Upper Crust™ Potato Crusted Cod with Chives	Breaded Cod Nuggets  Healthy Tonight Breaded Haddock Fillets  Breaded Krunchie® Haddock Fillets  2 - 4 oz  Southern Style Alaska Wild Wings™  0.8 oz  Breaded Sole Fillets  4 oz  Lemon Pepper Breaded Natural Cut Cod Fillets  Breaded Krunchie® Ocean Perch Fillets  2 - 4 oz  Big Captain Burger® Breaded Pollock Fish Fillets  Captain Burger® Breaded Pollock Fish Fillets  2.25 oz  Big Captain Burger® Breaded Wild Pacific Salmon  Healthy Tonight Breaded Sole Fillets  4 oz  Fish Cakes  2 oz  Sea Cuisine™ Gluten-Free Breaded Cod Nuggets  Sea Cuisine™ Mediterranean Glazed Haddock Portions  Sea Cuisine™ Mediterranean Glazed Haddock Portions  Sea Cuisine™ Asian Glazed Wild Pacific Salmon Portion  FILA/RETAIL FEEDING  NAME  Homestyle Batterdipt® Cod Tails  Battered Haddock Fillets  Bam Bam Evercrisp™ Lightly Battered Shrimp  Breaded Cod Nuggets (Natural)  Sea Cuisine™ Breaded Cod Nuggets  Y  Pan-Sear® Chili Lime Tilapia Fillets  Upper Crust™ Potato Crusted Cod with Chives & Chedd.	Breaded Cod Nuggets  Healthy Tonight Breaded Haddock Fillets  Southern Style Alaska Wild Wings™  O.8 oz 10 lb  Breaded Sole Fillets  Lemon Pepper Breaded Natural Cut Cod Fillets  Breaded Krunchie® Ocean Perch Fillets  Big Captain Burger® Breaded Pollock Fish Fillets  Captain Burger® Breaded Pollock Fish Fillets  Captain Burger® Breaded Wild Pacific Salmon  Healthy Tonight Breaded Sole Fillets  Sea Cuisine™ Gluten-Free Breaded Cod Nuggets  Sea Cuisine™ Mediterranean Glazed Haddock Portions  Sea Cuisine™ Wild Pacific Salmon Fillets in Creamy Dill Sauce  Sea Cuisine™ Asian Glazed Wild Pacific Salmon Portion  Breaded Cod Nuggets  Battered Haddock Fillets  Bam Bam Evercrisp™ Lightly Battered Shrimp  Breaded Cod Nuggets (Natural)  Sea Cuisine™ Breaded Cod Nuggets  Pan-Sear® Chili Lime Tilapia Fillets  Upper Crust™ Potato Crusted Cod with Chives & Cheddar	Breaded Cod Nuggets  12-16 ct 10 lb FA, OR, RT  Healthy Tonight Breaded Haddock Fillets  2 - 4 oz 10 lb FA, OR, RT  Breaded Krunchie® Haddock Fillets  2 - 4 oz 10 lb FA, OR  Southern Style Alaska Wild Wings™  0.8 oz 10 lb DF, FA  Breaded Sole Fillets  4 oz 10 lb DF, FA  Breaded Sole Fillets  4 oz 10 lb DF, FA  Breaded Krunchie® Ocean Perch Fillets  Breaded Krunchie® Ocean Perch Fillets  Breaded Krunchie® Ocean Perch Fillets  Breaded Krunchie® DF, Big Captain Burger® Breaded Pollock Fish Fillets  Captain Burger® Breaded Pollock Fish Fillets  Captain Burger® Breaded Pollock Fish Fillets  Captain Burger® Breaded Wild Pacific Salmon  Healthy Tonight Breaded Sole Fillets  Sea Cuisine™ Gluten-Free Breaded Cod Nuggets  Sea Cuisine™ Mediterranean Glazed Haddock Portions  Sea Cuisine™ Mediterranean Glazed Haddock Portions  Sea Cuisine™ Mediterranean Glazed Wild Pacific Salmon Portion  Sea Cuisine™ Asian Glazed Wild Pacific Salmon Portion  FILA/RETAIL FEEDING  NAME  Breaded Cod Nuggets (Natural)  Pan-Sear® Chili Lime Tilapia Fillets  5 oz  Upper Crust™ Potato Crusted Cod with Chives & Cheddar  5 oz  Upper Crust™ Potato Crusted Cod with Chives & Cheddar  5 oz  Upper Crust™ Potato Crusted Cod with Chives & Cheddar  5 oz  Company Potato Crusted Cod with Chives & Cheddar  5 oz  Company Potato Crusted Cod with Chives & Cheddar  5 oz	Breaded Cod Nuggets  12-16 ct 10 lb FA, OR, RT	

MW = Microwave RT = Retherm