



HIGH LINER
FOODSERVICE™

SEAFOOD SERVES UP SMILES

FOOD IS CENTRAL TO THE HOSPITALITY EXPERIENCE FOR SENIORS, AND MORE RESIDENTS THAN EVER WANT SEAFOOD ON THE MENU. AS AN OPERATOR, YOU'RE ALWAYS TRYING TO FIND WAYS TO MAKE THEIR MEALS MORE SPECIAL. BUT WE KNOW THAT SERVING GREAT-TASTING FOOD IS ONLY PART OF THE EQUATION. YOU NEED OPTIONS THAT ALSO PROMOTE WELLNESS, ADHERE TO DIETARY RESTRICTIONS, AND PERFORM CONSISTENTLY WHETHER EATEN IN THE DINING ROOM OR DELIVERED TO RESIDENTS' ROOMS.

WE CAN HELP YOU DO IT ALL WITH SEAFOOD SOLUTIONS THAT ARE BOTH HEALTHFUL AND DELICIOUS.

SEAFOOD IS *Better*® FOR HOSPITALITY

UNDERSTANDING YOUR UNIQUE CHALLENGES

It has to be healthful

Great taste is, well, great, but if it isn't also healthful it won't work for your operation.

We know you're always looking for healthier options. Your search ends with High Liner Foodservice. Low in sodium and saturated fat, our seafood helps you adhere to your residents' dietary needs while still being big on flavour.



Making variety easy

When you're serving the same people every day you need to offer variety to keep them smiling. Partnering with High Liner Foodservice makes it easier since most of our seafood solutions can be used in several different dishes across snacks, apps and entrees. When one fillet can be used in 5 ways, you never run out of variety.

We adapt to service

The pandemic caused a shift to in-room dining for your residents, and while dining rooms have opened back up, they could close again in a moment's notice. **With help from High Liner Foodservice, you can provide outstanding meals no matter where your residents are with seafood that holds up exceptionally well when delivered.**

BE A HOSPITALITY HERO WITH SEAFOOD

TALK TO YOUR REP ABOUT HOW HIGH LINER FOODSERVICE CAN HELP YOU



Deliciously healthy seafood

With options low in sodium and saturated fats (plus other healthy attributes), our seafood helps you navigate your residents' dietary requirements more easily, and with food they enjoy to eat.



Variety made easy

We offer a massive selection across snacks, apps and entrees. Plus, most of our seafood can be used to create lots of different dishes. With High Liner Foodservice in your corner, it's easy to deliver variety.



Amazing everywhere

Whether served in the dining room or in their own room, your residents are going to love our seafood. That's because it's made to keep its flavour and performance when delivered.



RECOMMENDED PRODUCTS

| PRODUCT # | NAME | SIZE | PACK | COOK METHOD |
|------------------|---|------------|---------|----------------|
| BATTERED | | | | |
| 1086106 | Beer Battered Haddock Fillets | 3 oz | 2x5 lb | DF, OR |
| 5441 | Battercrisp® Natural Cut Cod Fillets | 2 - 4 oz | 10 lb | DF, FA |
| 6056 | Battercrisp® English Style Alaskan Pollock Fillets | 3 - 4 oz | 10 lb | DF, FA, OR |
| 1089732 | English Style Battered Pollock Fillets | 3 - 5 oz | 10 lb | DF |
| BREADED | | | | |
| 1144 | Breaded Cod Nuggets | 12 - 16 ct | 10 lb | DF, FA, OR |
| 1026135 | Breaded Cod Nuggets (Natural) | 1 oz | 10 lb | DF, FA, OR |
| 1828 | Healthy Tonight Breaded Cod Fillets | 4 oz | 10 lb | DF, FA, OR |
| 5227 | Lemon Pepper Breaded Natural Cut Cod Fillets | 2 - 4 oz | 10 lb | FA, OR |
| 7786 | Breaded Krunchie® Haddock Fillets | 2 - 4 oz | 10 lb | DF, FA, OR, RT |
| 7787 | Breaded Krunchie® Ocean Perch Fillets | 2 - 4 oz | 10 lb | DF, FA, OR, RT |
| 3299 | Captain Burger® Breaded Pollock Fish Fillets | 2.25 oz | 10 lb | DF, FA, OR |
| 7025 | Big Captain Burger® Breaded Pollock Fish Fillets | 4 oz | 10 lb | DF, FA, OR, RT |
| 1086702 | Breaded Pollock Fillets | 4 oz | 10 lb | DF, FA, OR |
| 8971 | Big Captain Burger® Breaded Wild Pacific Salmon | 4 oz | 10 lb | DF, FA, OR, RT |
| 1036457 | Crispy Raw Breaded Sole Fillet | 5 oz | 2x10 lb | FA, OR |
| 5798 | Breaded Sole Fillets | 4 oz | 10 lb | DF, FA, OR |
| 1456 | Multigrain Breaded Tilapia Fillets | 3 - 5 oz | 10 lb | FA, OR, RT |
| 2870 | Fish Cakes | 2 oz | 10 lb | DF, FA, OR |
| 7367 | Fish Sticks (made with Minced Fish) | 25 g | 10 lb | DF, FA, OR |
| SPECIALTY | | | | |
| 1026210 | Sea Cuisine™ Breaded Cod Nuggets | 1 oz | 10 lb | FA, OR, RT |
| 9132 | Sea Cuisine™ Gluten-Free Breaded Cod Nuggets | 0.61 oz | 2x5 lb | DF, FA, RT |
| 8975 | Sea Cuisine™ Mediterranean Glazed Haddock Portions | 3.5 oz | 10 lb | FA, OR, RT |
| 8970 | Sea Cuisine™ Wild Pacific Salmon Fillets in Creamy Dill Sauce | 5 oz | 10 lb | FA, OR, RT |
| 1029736 | Upper Crust Potato Crusted Cod with Chives & Cheddar | 5 - 6 oz | 10 lb | FA, OR |
| RAW | | | | |
| 5298 | Imitation Crab Meat Flakes | Bag | 8x2 lb | DF, FA, OR |

DF = Deep Fry MW = Microwave PS = Pan Sear
 FA = Forced Air OR = Oven Ready RT = Retherm
 Convection Oven