



HIGH LINER  
FOODSERVICE™

# FOODSERVICE PRODUCT GUIDE



SEAFOOD  
IS *Better*®

# WE GUARANTEE QUALITY

— Other seafood companies may say they lead in quality but, at High Liner, we walk the walk. Along with delivering consistent supply, we also run our products through the most rigorous process in the industry, so that when you open a box of High Liner, Superior Quality Seafood™ is guaranteed.



## RAW



**High Liner Foodservice**  
Wild caught, superior quality seafood.



**High Liner Foodservice Signature**  
Our finest wild caught, superior quality seafood.



**Mirabel**  
Farm-raised superior quality seafood.



**Mirabel Signature**  
Our finest farm-raised superior quality seafood.

## PREPPED



**High Liner Foodservice**  
A great selection of prepped superior quality seafood, formed from block.



**High Liner Foodservice Signature**  
Our finest prepped superior quality seafood, made with whole fillet cuts.

## SEAFOOD IS BETTER®

— We're on a mission to remind everyone just how amazingly healthy, versatile and tasty seafood is, and we want you to come along. Let's create seafood masterpieces your customers can't help but crave. **Let's make seafood something to celebrate.**

# GREAT-TASTING SEAFOOD FOR A BETTER LIFE

**RAW**  
For chefs who prefer a hands-on approach to culinary creation.

**09**  
BASA

**09**  
COD



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Innovative seafood options that take the labour out of the back of house.

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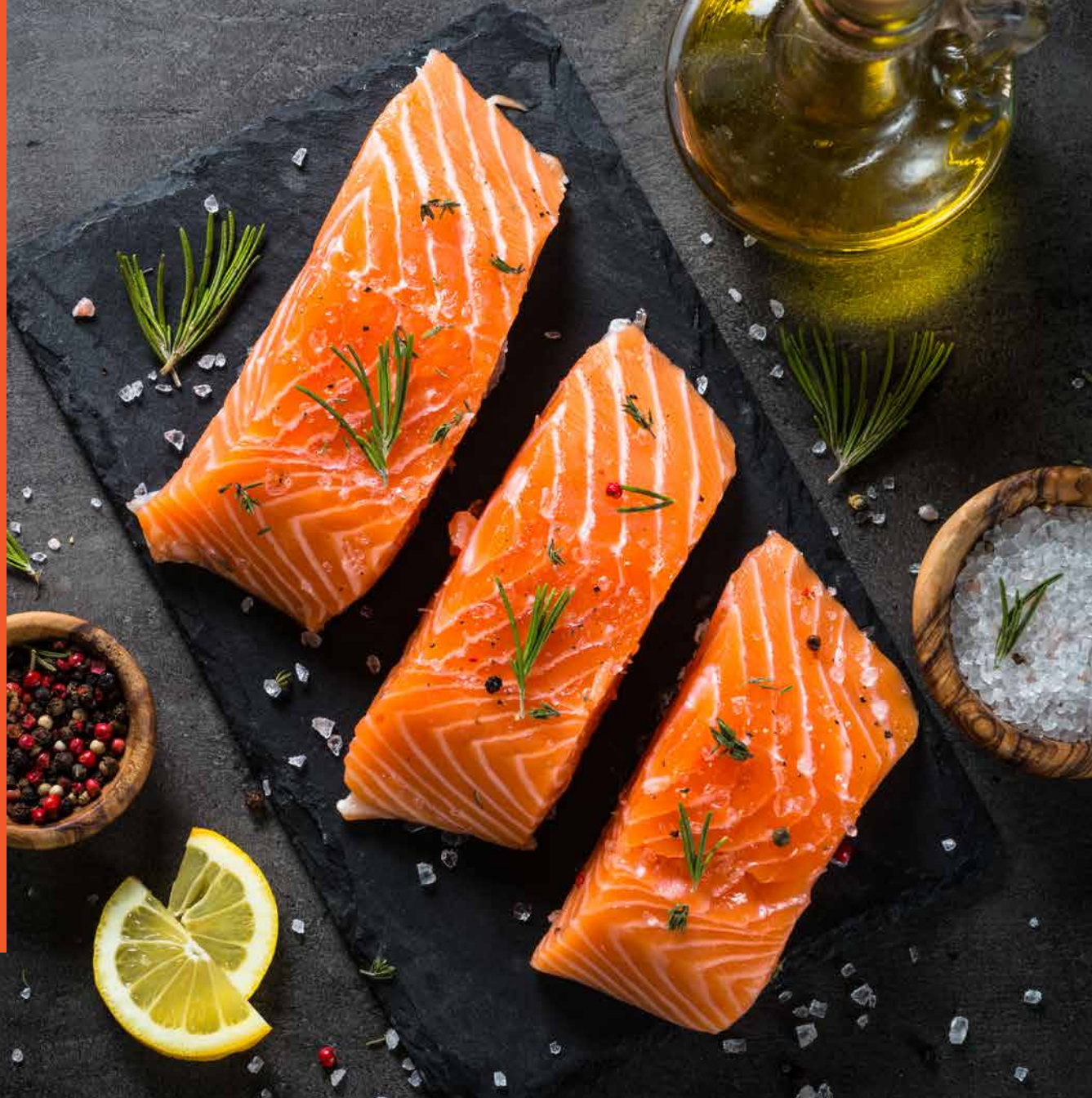
8394  
PAN SEAR GARLIC  
AND HERB SHRIMP



HIGH LINER  
FOODSERVICE™

# RAW

FOR CHEFS WHO PREFER A HANDS-ON APPROACH TO CULINARY CREATION, THE PLATE IS TRULY THEIR CANVAS. OUR RAW LINEUP OF SEAFOOD FREES YOUR KITCHEN STAFF FROM THE TIME-CONSUMING PREP WORK OF CUTTING, PEELING, DEVEINING AND MORE, SO THEY CAN FOCUS ON CREATING CENTRE-OF-PLATE SEAFOOD MASTERPIECES.



BLUE COD  
FILLETS**BASA****MIRABEL**

	PRODUCT #	NAME	SIZE	PACK
	1164	Basa Fillets, IQF	4-6 oz	10 lb
	1165	Basa Fillets, IQF	6-8 oz	10 lb
<b>SIGNATURE</b>	1031162	Basa Fillets, IQF	4 oz	10 lb
<b>SIGNATURE</b>	1166	Basa Loins, IQF	4 oz	10 lb

**COD****HIGH LINER  
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ATLANTIC

	PRODUCT #	NAME	SIZE	PACK
	3485	Atlantic Cod Fillets, IQF	4-6 oz	10 lb
	3486	Atlantic Cod Fillets, IQF	6-8 oz	10 lb
	1022105	Atlantic Cod Prime Cut Loins	6-8 oz	5x10 lb
	1022107	Atlantic Cod Prime Cut Loins	8-10 oz	5x10 lb
	1022109	Atlantic Cod Prime Cut Loins	10-12 oz	5x10 lb
	1023484	Atlantic Cod Tails, IQF	3 oz	10 lb
	1023485	Atlantic Cod Tails, IQF	4 oz	10 lb
	1023486	Atlantic Cod Tails, IQF	5 oz	10 lb
<b>SIGNATURE</b>	6128	Atlantic Cod Centre Cuts, SVP	3 oz	10 lb
<b>SIGNATURE</b>	6129	Atlantic Cod Centre Cuts, SVP	4 oz	10 lb
<b>SIGNATURE</b>	3268	Atlantic Cod Loins, SVP	3 oz	10 lb
<b>SIGNATURE</b>	3269	Atlantic Cod Loins, SVP	4 oz	10 lb
<b>SIGNATURE</b>	3270	Atlantic Cod Loins, SVP	5 oz	10 lb
<b>SIGNATURE</b>	8337	Atlantic Cod Loins, SVP	6 oz	10 lb
<b>SIGNATURE</b>	5682	Atlantic Cod Tails, SVP	3 oz	10 lb
<b>SIGNATURE</b>	5683	Atlantic Cod Tails, SVP	4 oz	10 lb

BLUE

HIGH LINER  
FOODSERVICE™

PRODUCT #	NAME	SIZE	PACK
9880	Blue Cod Fillets, IQF	3 oz	10 lb
9881	Blue Cod Fillets, IQF	4 oz	10 lb
9886	Blue Cod Fillets, IQF	5 oz	10 lb

PACIFIC

HIGH LINER  
FOODSERVICE™

PRODUCT #	NAME	SIZE	PACK
1023393	Pacific Cod Loins, IQF	3 oz	10 lb
1023394	Pacific Cod Loins, IQF	4 oz	10 lb
1023395	Pacific Cod Loins, IQF	5 oz	10 lb
<b>SIGNATURE</b> 9874	Pacific Cod Tails, IQF	4 oz	10 lb

HADDOCK

HIGH LINER  
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PRODUCT #	NAME	SIZE	PACK
8882	Haddock Fillets, IQF	5 oz	10 lb
8883	Haddock Fillets, IQF	6 oz	10 lb
8884	Haddock Fillets, IQF	7 oz	10 lb
8885	Haddock Fillets, IQF	8-12 oz	10 lb
1080282	Haddock Loins, IQF	3 oz	10 lb
1080283	Haddock Loins, IQF	4 oz	10 lb
1080284	Haddock Loins, IQF	5 oz	10 lb
1040	Haddock Pieces, IQF	1-1.5 oz	10 lb
1080261	Haddock Portions, IQF	3 oz	10 lb
1080232	Haddock Tails, IQF	3 oz	10 lb

PRODUCT #	NAME	SIZE	PACK
1080234	Haddock Tails, IQF	4 oz	10 lb
<b>SIGNATURE</b> 1004	Haddock Fillets, IQF	4 oz	10 lb
<b>SIGNATURE</b> 1005	Haddock Fillets, IQF	5 oz	10 lb
<b>SIGNATURE</b> 1006	Haddock Fillets, IQF	6 oz	10 lb
<b>SIGNATURE</b> 1007	Haddock Fillets, IQF	7 oz	10 lb
<b>SIGNATURE</b> 1008	Haddock Fillets, IQF	8 oz	10 lb
<b>SIGNATURE</b> 4003	Haddock Fillets, IQF, Canada	3 oz	10 lb
<b>SIGNATURE</b> 4004	Haddock Fillets, IQF, Canada	4 oz	10 lb
<b>SIGNATURE</b> 4005	Haddock Fillets, IQF, Canada	4-6 oz	10 lb
<b>SIGNATURE</b> 6584	Haddock Loins, IQF	2 oz	10 lb
<b>SIGNATURE</b> 6585	Haddock Loins, IQF	3 oz	10 lb
<b>SIGNATURE</b> 6586	Haddock Loins, IQF	4 oz	10 lb
<b>SIGNATURE</b> 6587	Haddock Loins, IQF	5 oz	10 lb
<b>SIGNATURE</b> 1123	Haddock Portions, IQF, Restaurant Cut	3 oz	10 lb
<b>SIGNATURE</b> 1124	Haddock Portions, IQF, Restaurant Cut	4 oz	10 lb

HAKE

HIGH LINER  
FOODSERVICE™

PRODUCT #	NAME	SIZE	PACK
<b>SIGNATURE</b> 5945	Cape Hake Fillets, IQF	3 oz	10 lb
<b>SIGNATURE</b> 5946	Cape Hake Fillets, IQF	4 oz	10 lb
<b>SIGNATURE</b> 5947	Cape Hake Fillets, IQF	5 oz	10 lb

**HALIBUT**

**HIGH LINER**  
FOODSERVICE™

	PRODUCT #	NAME	SIZE	PACK
<b>SIGNATURE</b>	8826	Pacific Halibut Fletches, IQF	3-5 lb	25 lb
<b>SIGNATURE</b>	8827	Pacific Halibut Fletches, IQF	5-7 lb	25 lb
<b>SIGNATURE</b>	8880	Pacific Halibut Fletches, Vacpack	1-3 lb	25 lb
<b>SIGNATURE</b>	8881	Pacific Halibut Portions, IQF	2-3 oz	10 lb
<b>SIGNATURE</b>	8886	Pacific Halibut Portions, IQF	3.5 oz	10 lb
<b>SIGNATURE</b>	8900	Pacific Halibut Portions	6 oz	10 lb
<b>SIGNATURE</b>	8905	Pacific Halibut Portions	8 oz	10 lb
	12300001	Pacific Halibut Fletches, IQF	3-5 lb	25 lb
	12300002	Pacific Halibut Fletches, Vacpack	1-3 lb	25 lb
	12300003	Pacific Halibut Portions	2-3 oz	10 lb
	12300004	Pacific Halibut Portions	3.5-4 oz	10 lb
	12300005	Pacific Halibut Fletches	8-16 oz	10 lb

**LOBSTER**

RAW LOBSTER

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	PRODUCT #	NAME	SIZE	PACK
<b>SIGNATURE</b>	1055837	Raw Lobster Tails	3-4 oz	10 lb
<b>SIGNATURE</b>	1055843	Raw Lobster Tails	4 oz	10 lb
<b>SIGNATURE</b>	1055847	Raw Lobster Tails	5-6 oz	10 lb

COOKED LOBSTER

**HIGH LINER**  
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	PRODUCT #	NAME	SIZE	PACK
	1039052	Lobster Baby Boil Ocean Run	10-14 oz	10 lb
	3592	Lobster Claw, Knuckle & Leg Meat, Combo Pack	1 lb	12x1 lb
	3596	Lobster Claw, Knuckle & Leg Meat, Vacpack/Drypac	1 lb	12x1 lb

**POLLOCK**

**HIGH LINER**  
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	PRODUCT #	NAME	SIZE	PACK
	1002976	Alaska Pollock Fillets, IQF	2-4 oz	10 lb
	1002978	Alaska Pollock Fillets, IQF	4-6 oz	10 lb
<b>SIGNATURE</b>	8767	Alaska Pollock Loins, IQF	3 oz	10 lb
<b>SIGNATURE</b>	8768	Alaska Pollock Loins, IQF	4 oz	10 lb

**RAINBOW TROUT**

**MIRABEL**

	PRODUCT #	NAME	SIZE	PACK
<b>SIGNATURE</b>	1041759	Rainbow Trout Fillets, Skin-on	4-5 oz	10 lb
<b>SIGNATURE</b>	1041760	Rainbow Trout Fillets, Skin-on	5-6 oz	10 lb
<b>SIGNATURE</b>	1041761	Rainbow Trout Fillets, Skin-on	6-7 oz	10 lb

## SALMON

### ATLANTIC

**MIRABEL**

	PRODUCT #	NAME	SIZE	PACK
<b>SIGNATURE</b>	3489	Atlantic Salmon Fillets, Skin-on, Boneless, D Trim, IVP	2-3 lb	10 lb
<b>SIGNATURE</b>	3991	Atlantic Salmon Fillets, Skin-on, Boneless, D Trim, IVP	4-5 lb	55 lb
<b>SIGNATURE</b>	3492	Atlantic Salmon Fillets, Skinless, Boneless, E Trim, IVP	2-3 lb	10 lb
<b>SIGNATURE</b>	1050125	Atlantic Salmon Portions, Boneless, Skinless, Vacpack	4 oz	10 lb
<b>SIGNATURE</b>	1050100	Atlantic Salmon Portions, Boneless, Skinless, Vacpack	6 oz	10 lb
<b>SIGNATURE</b>	1050128	Atlantic Salmon Portions, Boneless, Skinless, Vacpack	8 oz	10 lb

### PACIFIC

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	PRODUCT #	NAME	SIZE	PACK
	8958	Pacific Salmon Cubes, Raw	6-12 g	16 lb
	8959	Pacific Salmon Loins, MVP	3 oz	10 lb
	8960	Pacific Salmon Loins, MVP	4 oz	10 lb
	8961	Pacific Salmon Loins, MVP	5 oz	10 lb
	8962	Pacific Salmon Loins, MVP	6 oz	10 lb

**HALIBUT  
PORTIONS**





PACIFIC

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PRODUCT #	NAME	SIZE	PACK
1047	Salmon Portions, Vacpack	3 oz	2x5 lb
1048	Salmon Portions, Vacpack	4 oz	2x5 lb
1049	Salmon Portions, Vacpack	5 oz	2x5 lb
2516	Pacific Salmon Portions	4-5 oz	2x10 lb

SCALLOPS

BAY

MIRABEL

PRODUCT #	NAME	SIZE	PACK
<b>SIGNATURE</b> 1053469	Bay Scallops, IQF	80-120 ct	2x5 lb

NORTH ATLANTIC

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PRODUCT #	NAME	SIZE	PACK
<b>SIGNATURE</b> 4507	Canadian Sea Scallops, Frozen at Sea, IQF	10-20 ct	2x5 lb
<b>SIGNATURE</b> 4508	Canadian Sea Scallops, Frozen at Sea, IQF	20-30 ct	2x5 lb
<b>SIGNATURE</b> 4509	Canadian Sea Scallops, Frozen at Sea, IQF	30-40 ct	2x5 lb
<b>SIGNATURE</b> 4502	Sea Scallops, IQF	U10 ct	2x5 lb
<b>SIGNATURE</b> 4503	Sea Scallops, IQF	10-20 ct	2x5 lb
<b>SIGNATURE</b> 4504	Sea Scallops, IQF	20-30 ct	2x5 lb

MUSSELS

COOKED

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PRODUCT #	NAME	SIZE	PACK
<b>SIGNATURE</b> 5887	Cooked Shell-on Mussels, Chile	24-32 ct	10x1 lb
<b>SIGNATURE</b> 5891	Cooked Shell-on Mussels, PEI	22-28 ct	10x1 lb
<b>SIGNATURE</b> 1040688	Cooked Shell-on Mussels, PEI	22-28 ct	10x2 lb

SHRIMP

BLACK TIGER, EZ PEEL, SHELL-ON

MIRABEL

PRODUCT #	NAME	SIZE	PACK
7716	Raw, EZ Peel, Shell-on, IQF	8-12 ct	5x2 lb

BLACK TIGER, PEELED & DEVEINED, TAIL-ON

MIRABEL

PRODUCT #	NAME	SIZE	PACK
1059871	Raw, Peeled & Deveined, Tail-on, IQF	6-8 ct	6x3 lb
1059873	Raw, Peeled & Deveined, Tail-on, IQF	8-12 ct	6x3 lb
1059876	Raw, Peeled & Deveined, Tail-on, IQF	13-15 ct	6x3 lb
7710	Raw, Peeled & Deveined, Tail-on, IQF	16-20 ct	5x2 lb
7711	Raw, Peeled & Deveined, Tail-on, IQF	21-25 ct	5x2 lb
7712	Raw, Peeled & Deveined, Tail-on, IQF	26-30 ct	5x2 lb

BLACK TIGER, SHELL-ON, BLOCK

MIRABEL

PRODUCT #	NAME	SIZE	PACK
1085277	Raw, Headless, Shell-on, Block	4-6 ct	6x4 lb
1085295	Raw, Headless, Shell-on, Block	6-8 ct	6x4 lb
1085297	Raw, Headless, Shell-on, Block	8-12 ct	6x4 lb
1085302	Raw, Headless, Shell-on, Block	13-15 ct	6x4 lb
1085305	Raw, Headless, Shell-on, Block	16-20 ct	6x4 lb
1085310	Raw, Headless, Shell-on, Block	21-25 ct	6x4 lb



BLACK TIGER OR PACIFIC WHITE, PEELED & DEVEINED, SHELL-ON, BUTTERFLY CUT **MIRABEL**

PRODUCT #	NAME	SIZE	PACK
1059855	Raw, Headless, Shell-on, Butterfly Cut, IQF	16-20 ct	5x2 lb
1059857	Raw, Headless, Shell-on, Butterfly Cut, IQF	21-25 ct	5x2 lb
1059848	Raw, Headless, Shell-on, Butterfly Cut, IQF	31-40 ct	5x2 lb

PACIFIC WHITE, EZ PEEL, SHELL-ON **MIRABEL**

PRODUCT #	NAME	SIZE	PACK
7719	Raw, EZ Peel, Shell-on, IQF	21-25 ct	5x2 lb
7721	Raw, EZ Peel, Shell-on, IQF	31-40 ct	5x2 lb

PACIFIC WHITE, PEELED & DEVEINED, TAIL-OFF **MIRABEL**

PRODUCT #	NAME	SIZE	PACK
7723	Raw, Peeled & Deveined, Tail-off, IQF	21-25 ct	5x2 lb
5743	Raw, Peeled & Deveined, Tail-off, IQF	31-40 ct	5x2 lb
5744	Raw, Peeled & Deveined, Tail-off, IQF	41-50 ct	5x2 lb
1059724	Raw, Peeled & Deveined, Tail-off, IQF	90-130 ct	4x5 lb

PACIFIC WHITE, PEELED & DEVEINED, TAIL-ON **MIRABEL**

PRODUCT #	NAME	SIZE	PACK
12300119	Raw, Peeled & Deveined, Tail-on, IQF	8-12 ct	5x2 lb
5736	Raw, Peeled & Deveined, Tail-on, IQF	13-15 ct	5x2 lb
5737	Raw, Peeled & Deveined, Tail-on, IQF	16-20 ct	5x2 lb
5748	Raw, Peeled & Deveined, Tail-on, IQF	21-25 ct	5x2 lb
5749	Raw, Peeled & Deveined, Tail-on, IQF	26-30 ct	5x2 lb
5750	Raw, Peeled & Deveined, Tail-on, IQF	31-40 ct	5x2 lb
5751	Raw, Peeled & Deveined, Tail-on, IQF	41-50 ct	5x2 lb

PRODUCT #	NAME	SIZE	PACK
5752	Raw, Peeled & Deveined, Tail-on, IQF	51-60 ct	5x2 lb

PACIFIC WHITE, COOKED, PEELED, DEVEINED, TAIL-OFF **MIRABEL**

PRODUCT #	NAME	SIZE	PACK
5809	Cooked, Peeled & Deveined, Tail-off, IQF	71-90 ct	5x2 lb
6525	Cooked, Peeled & Deveined, Tail-off, IQF	100-200 ct	5x2 lb

PACIFIC WHITE, COOKED, PEELED, DEVEINED, TAIL-ON **MIRABEL**

PRODUCT #	NAME	SIZE	PACK
5840	Cooked, Peeled & Deveined, Tail-on, IQF	21-25 ct	5x2 lb
5842	Cooked, Peeled & Deveined, Tail-on, IQF	26-30 ct	5x2 lb
5740	Cooked, Peeled & Deveined, Tail-on, IQF	31-40 ct	5x2 lb
5847	Cooked, Peeled & Deveined, Tail-on, IQF	41-50 ct	5x2 lb
5852	Cooked, Peeled & Deveined, Tail-on, IQF	16-20 ct	5x2 lb

PACIFIC WHITE, SKEWERS **MIRABEL**

PRODUCT #	NAME	SIZE	PACK
0865	Shrimp Skewers, Raw, Butterfly Cut (5 Pieces/Skewer)	26-30 ct	10 lb (60 Skewers)
7574	Shrimp & Scallop Skewers, Raw (3 Shrimp, 3 Scallops/Skewer)	Shrimp 31-35 ct, Scallop 40-60 ct	5 lb (37 Skewers)
7565	Shrimp Skewers, Raw (5 Pieces/Skewer)	31-40 ct	5 lb (40 Skewers)
1059944	Shrimp Skewers, Raw, Peeled & Deveined, Tail-on (8 Pieces/Skewer)	41-50 ct	10 lb (60 Skewers)

## SOLE

PRODUCT #	NAME	SIZE	PACK
5282	Sole Fillets, IQF	2 oz	10 lb
5266	Sole Fillets, IQF	3 oz	10 lb
5267	Sole Fillets, IQF	4 oz	10 lb
5268	Sole Fillets, IQF	5 oz	10 lb
5269	Sole Fillets, IQF	6 oz	10 lb
5270	Sole Fillets, IQF	7 oz	10 lb
5280	Sole Fillets, IQF	8 oz	10 lb

## HIGH LINER FOODSERVICE™

## SQUID

PRODUCT #	NAME	SIZE	PACK
1006058	Todarodes Squid Tubes, Cleaned	U10 ct	2x5 kg
1452	Loligo Squid Rings & Tentacles	Pouch	25x9 oz
1454	Loligo Squid Tubes & Tentacles	5"-8"	10x2.5 lb

## HIGH LINER FOODSERVICE™

## TILAPIA

PRODUCT #	NAME	SIZE	PACK
9861	Tilapia Fillets, Standard-skinned, IQF	3-5 oz	10 lb
<b>SIGNATURE</b> 3944	Tilapia Fillets, Super Deep-skinned, Vacpack	4 oz	10 lb
<b>SIGNATURE</b> 1003703	Tilapia Fillets, Deep-skinned, IQF	3-5 oz	10 lb
<b>SIGNATURE</b> 1003704	Tilapia Fillets, Deep-skinned, IQF	5-7 oz	10 lb

## MIRABEL

### SOLE FILLET





**HIGH LINER**  
FOODSERVICE™

# PREPPED

**YOUR KITCHEN IS A BUSY PLACE. WE GET THAT. THAT'S WHY WE OFFER INNOVATIVE SEAFOOD OPTIONS THAT TAKE THE LABOUR OUT OF THE BACK OF HOUSE. ALL OUR DELICIOUS BATTERED, BREADED, GLAZED, SPICED AND DUSTED SEAFOOD OPTIONS COOK UP IN NEXT TO NO TIME, YET TASTE LIKE THEY WERE PAINSTAKINGLY PREPARED FROM SCRATCH.**



# PREPPED TO PERFECTION

## COOK METHOD LEGEND

DF	Deep Fry
FA	Forced Air Convection Oven
MW	Microwave
OR	Oven Ready
PS	Pan Sear
RT	Retherm

## BATTERED

### Battercrisp®

— Our Battercrisp® coating adds a delicious, crispy, buttery crunch to all your favourites, for all that made-from-scratch taste without any of the labour or waste.

### Beer Battered

— Our beer battered seafood options deliver a super-crisp crust that locks all of the tender, juicy flavour inside.

### English Style

— Give your customers a light, crispy batter prepared in that true-and-tested English style that sets the standard for fish and chips.

### Captain's Pub Cut™

— The generous portion size of our Captain's Pub Cut™ options provide excellent plate coverage and presentation that's sure to satisfy pub-sized appetites.

## BREADED

### Breaded Krunchie®

— Our delicious breaded coating delivers a satisfyingly crunchy bite every time.

### Captain Burger®

— We coat delicious flaky fish in a light, crunchy crumb coating that pairs beautifully with a fresh bun to create a sandwich experience customers will love.

### Healthy Tonight™

— Perfect for the oven, these fillets bring together fantastic flavour with crunchy breading for a light and satisfying seafood taste experience.

## SPECIALTY

### Dip't & Dusted™

— Our Dip't & Dusted™ Southern Style menu solutions are classic menu must-haves that have been lightly dusted with a unique blend of savoury spices, inspired by the distinct peppery flavours of the Deep South.

### Fire Roasters™

— Our unique flame-roasting technique taps on-trend seasoned coatings to deliver succulent, sophisticated seafood entrées that save you time and money.

### Pan-Sear Selects®

— Our natural-cut Pan-Sear Selects® Seasoned Fillets offer a lively dining experience that looks and tastes like world-class cuisine.

### Sea Cuisine™

— Our Sea Cuisine™ lineup was designed in consultation with leading dietitians and healthcare professionals to meet the needs of the Canadian healthcare industry, without sacrificing visual or taste appeal.

### UpperCrust™

— Our premium line of top-crusting, natural-cut fillets stay moist and flaky while providing a satisfying crunch, wrapped in the most popular regional cuisine flavours— Latin, Asian and Caribbean.

# Appetizers & Snacking

— Stay on trend with snacks! Whether your customers are up for sharing an app, or want to go solo, we offer lots of enticing options to make sure their meal gets off to a perfect start.

## HADDOCK

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PRODUCT #	NAME	SIZE	PACK	COOK METHOD
4590	Battered Haddie Bites	17 g	10 lb	DF, FA, OR

## POLLOCK

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PRODUCT #	NAME	SIZE	PACK	COOK METHOD
<b>SIGNATURE</b> 8933	Southern Style Alaska Wild Wings™	23.7 g/ 0.8 oz	4.54 kg/ 10 lb	DF, FA

## SCALLOPS

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PRODUCT #	NAME	SIZE	PACK	COOK METHOD
<b>SIGNATURE</b> 1676	Breaded Scallops	16-26 ct	5 lb	DF, FA, OR
<b>SIGNATURE</b> 5014	Breaded Scallops	30-40 ct	5 lb	DF, OR

## SHRIMP

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PRODUCT #	NAME	SIZE	PACK	COOK METHOD
8394	Pan-Sear® Garlic & Herb Shrimp	20-23 ct	4/2.5 lb	DF, OR, FA, PS
8395	Breaded Buffalo Style Shrimp	27-32 ct	4/2.5 lb	DF

8395  
BUFFALO STYLE  
BREADED SHRIMP

**SHRIMP (continued)**

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	PRODUCT #	NAME	SIZE	PACK	COOK METHOD
<b>SIGNATURE</b>	8750	Bam Bam Evercrisp™ Lightly Battered Shrimp	26-30 ct	4x2.5 lb	DF
<b>SIGNATURE</b>	3210	Battercrisp® Shrimp	35-45 ct	5 lb	DF, OR
<b>SIGNATURE</b>	1003015	Breaded Popcorn Shrimp	65-100 ct	4x3 lb	DF
<b>SIGNATURE</b>	7918	Coconut Breaded Shrimp, Butterfly Cut, Clean-tail	21-25 ct	4x2.5 lb	DF
<b>SIGNATURE</b>	0777	Heavily Breaded Shrimp, Tail-on, Pouch Pack	41-55 ct	12x7.5 oz	DF
<b>SIGNATURE</b>	4468	Panko Breaded Shrimp, Butterfly Cut, Clean-tail	16-20 ct	4x2.5 lb	DF
<b>SIGNATURE</b>	4469	Panko Breaded Shrimp, Butterfly Cut, Clean-tail	21-25 ct	4x2.5 lb	DF
<b>SIGNATURE</b>	7917	Tempura Battered Shrimp, Tail-on	21-25 ct	4x2.5 lb	DF, OR
<b>SIGNATURE</b>	1008627	Tiki Island™ Shrimp Rolled In Crushed Spring Roll Pastry	21-25 ct	4x3 lb	DF, FA, OR
<b>SIGNATURE</b>	10026446	Yuengling® Lager Battered Shrimp	31-35 ct	10 lb	DF, OR

**OTHER**

**HIGH LINER**  
FOODSERVICE™

**CHEESE**

	PRODUCT #	NAME	SIZE	PACK	COOK METHOD
	5161	Breaded Mozzarella Cheese Sticks	17+ /lb	5 lb	DF
	6891	Cheddar Cheese Bites, Battered	32+ /lb	5 lb	DF, OR



7918  
COCONUT BREADED SHRIMP,  
BUTTERFLY CUT, CLEAN-TAIL

10008896  
GUINNESS® BEER BATTERED  
COD FILLETS



## Battered

—Battered fish is a perennial favourite across Canada. That's because nothing hits the spot quite like a serving of delectably flaky fish coated in a light golden-crisp batter. And we offer the widest selection of battered fish anywhere.

### COD

	PRODUCT #	NAME	SIZE	PACK	HIGH LINER FOODSERVICE™ COOK METHOD
<b>SIGNATURE</b>	10026795	GUINNESS® Beer Battered Cod Tenders	1-2 oz	10 lb	DF, FA, OR
<b>SIGNATURE</b>	10008896	GUINNESS® Beer Battered Cod Fillets	4 oz	10 lb	DF, FA, OR
	2994	Battercrisp® Fast Fry Cod Portions, Rectangular Cut	4 oz	10 lb	DF, FA, OR
	1652	Beer Battered Cod Strips	2 oz	10 lb	DF, FA, OR
	1029316	Beer Battered Cod Portions	3.8 oz	10 lb	DF, FA, OR
	1029719	Corona® Beer Battered Cod Portions, Wedge Cut	4 oz	10 lb	DF
	1588	Beer Battered Cod Tail	6 oz	10 lb	DF, OR
<b>SIGNATURE</b>	5441	Battercrisp® Natural Cut Cod Fillets	2-4 oz	10 lb	DF, FA
<b>SIGNATURE</b>	5943	Big Bob's® Beer Battered Natural Cut Cod Fillets	8.5 oz	10 lb	DF, FA, OR
<b>SIGNATURE</b>	1026700	Homestyle Batterdip® Cod Tails	4 oz	10 lb	DF

### SHRIMP

	PRODUCT #	NAME	SIZE	PACK	HIGH LINER FOODSERVICE™ COOK METHOD
<b>SIGNATURE</b>	10026794	GUINNESS® Beer Battered Shrimp	27-33/lb	10 lb	DF, FA, OR





10025916  
YUENGLING® LAGER BATTERED  
HADDOCK FILLETS

## HADDOCK

HIGH LINER  
FOODSERVICE™

PRODUCT #	NAME	SIZE	PACK	COOK METHOD
5692	Battercrisp® English Style Haddock Fillets	3-4 oz	10 lb	DF, OR
6974	Battercrisp® Fast Fry Haddock Portions, Wedge Cut	2 oz	10 lb	DF, OR
3578	Battercrisp® Haddock Fillets	4 oz	10 lb	DF
1086119	Battered Haddock Fillets	4 oz	10 lb	DF, OR
1086106	Beer Battered Haddock Fillets	3 oz	10 lb	DF, OR
<b>SIGNATURE</b> 10025645	Battered Haddock Fillets	4 oz	10 lb	DF, OR
<b>SIGNATURE</b> 10025643	Big Bob's® Beer Battered Natural Cut Haddock Fillets	8.5 oz	10 lb	DF, OR
<b>SIGNATURE</b> 5452	Captain's Pub Cut™ Big Battered Haddock Fillets	8 oz	10 lb	DF, OR
<b>SIGNATURE</b> 10025916	Yuengling® Lager Battered Haddock Fillets	4 oz	10 lb	DF, OR

## POLLOCK

HIGH LINER  
FOODSERVICE™

PRODUCT #	NAME	SIZE	PACK	COOK METHOD
6056	Battercrisp® English Style Alaska Pollock Fillets	3-4 oz	10 lb	DF, FA, OR
2696	Battered Pollock Minced, Wedge Cut	2 oz	10 lb	DF, FA, OR
1089732	English Style Battered Pollock Fillets	3-5 oz	10 lb	DF
6747	Fast Fry Pollock Portions, Wedge Cut	2 oz	10 lb	DF, FA, OR
<b>SIGNATURE</b> 1086714	Battered Pollock Fillets	4-5 oz	10 lb	DF

## SALMON

HIGH LINER  
FOODSERVICE™

PRODUCT #	NAME	SIZE	PACK	COOK METHOD
3199	Battercrisp® Salmon Bites	17 g	10 lb	DF, FA, OR



3199  
BATTERCRISP®  
SALMON BITES



## Breaded

— Breaded fish can hold its own when it comes to delivering satisfying crunch. We offer the most extensive range of breaded seafood options to help you crush your customers' crispy cravings.

### COD

					HIGH LINER FOODSERVICE™
	PRODUCT #	NAME	SIZE	PACK	COOK METHOD
	1144	Breaded Cod Nuggets	1 oz	10 lb	DF, FA, OR
	1828	Healthy Tonight™ Breaded Cod Fillets	4 oz	10 lb	DF, FA, OR
	1026210	Sea Cuisine™ Breaded Cod Nuggets	1 oz	10 lb	FA, OR, RT
	9132	Sea Cuisine™ Gluten-Free Breaded Cod Nuggets	1 oz	10 lb	DF, FA, RT
<b>SIGNATURE</b>	1026136	Breaded Cod Nuggets, Natural	1 oz	5 lb	DF, FA, OR
<b>SIGNATURE</b>	1026135	Breaded Cod Nuggets, Natural	1 oz	10 lb	DF, FA, OR
<b>SIGNATURE</b>	9130	Dip't & Dusted™ Sriracha Breaded Cod Strips	2 oz	10 lb	DF, OR
<b>SIGNATURE</b>	5227	Lemon Pepper Breaded Natural Cut Cod Fillets	2-4 oz	10 lb	FA, OR

7787  
BREADED KRUNCHIE®  
OCEAN PERCH FILLETS

**HADDOCK**

					HIGH LINER FOODSERVICE™
PRODUCT #	NAME	SIZE	PACK	COOK METHOD	
1825	Healthy Tonight™ Breaded Haddock Fillets	4 oz	10 lb	DF, FA, OR	
<b>SIGNATURE</b> 7786	Breaded Krunchie® Haddock Fillets	2-4 oz	10 lb	DF, FA, OR, RT	

**PERCH**

					HIGH LINER FOODSERVICE™
PRODUCT #	NAME	SIZE	PACK	COOK METHOD	
<b>SIGNATURE</b> 7787	Breaded Krunchie® Ocean Perch Fillets	2-4 oz	10 lb	DF, FA, OR, RT	

**POLLOCK**

					HIGH LINER FOODSERVICE™
PRODUCT #	NAME	SIZE	PACK	COOK METHOD	
2319	Alaska Pollock Fish Sticks	25 g	10 lb	DF, FA, OR, RT	
7025	Big Captain Burger® Breaded Pollock Fish Fillets	4 oz	10 lb	DF, FA, OR, RT	
1086702	Breaded Pollock Portions	4 oz	10 lb	DF, FA, OR	
3299	Captain Burger® Breaded Pollock Fish Fillets	66 g	10 lb	DF, FA, OR	
1826	Healthy Tonight™ Breaded Alaska Pollock Fillets	4 oz	10 lb	DF, FA, OR, RT	

**SALMON**

					HIGH LINER FOODSERVICE™
PRODUCT #	NAME	SIZE	PACK	COOK METHOD	
8971	Big Captain Burger® Breaded Pink Salmon	4 oz	10 lb	DF, FA, OR, RT	

**SOLE**

					HIGH LINER FOODSERVICE™
PRODUCT #	NAME	SIZE	PACK	COOK METHOD	
1827	Healthy Tonight™ Breaded Sole Fillets	4 oz	10 lb	DF, FA, OR, RT	
<b>SIGNATURE</b> 7090	Breaded Natural Cut Sole Fillets	5 oz	10 lb	DF, FA, OR, RT	
<b>SIGNATURE</b> 5798	Breaded Sole Fillets	4 oz	10 lb	DF, FA, OR	
<b>SIGNATURE</b> 1086090	Breaded Sole Fingers	1-2 oz	10 lb	DF, FA, OR	
<b>SIGNATURE</b> 1036457	Oven Ready Sole Fillets	4 oz	10 lb	FA, OR	
<b>SIGNATURE</b> 1036621	Raw Breaded Sole Fillets	5 oz	10 lb	DF	

**TILAPIA**

					HIGH LINER FOODSERVICE™
PRODUCT #	NAME	SIZE	PACK	COOK METHOD	
<b>SIGNATURE</b> 1456	Multigrain Breaded Tilapia Fillets	3-5 oz	10 lb	FA, OR, RT	

**VARIOUS**

					HIGH LINER FOODSERVICE™
PRODUCT #	NAME	SIZE	PACK	COOK METHOD	
2870	Fish Cakes	2 oz	10 lb	DF, FA, OR	
7367	Fish Sticks, made with Minced Fish	25 g	10 lb	DF, FA, OR	





8956  
FIRE ROASTERS™ RUSTIC  
ITALIAN COD LOINS

## Specialty

— Our lineup of specialty seafood options features world-class flavours and elegant presentations that will add instant sophistication to your menu.

### COD

	PRODUCT #	NAME	SIZE	PACK	COOK METHOD
<b>SIGNATURE</b>	8956	Fire Roasters™ Rustic Italian Cod Loins	4.7 oz	2x5 lb	FA, OR
	1029736	UpperCrust™ Potato Crusted Cod With Chives & Cheddar	5-6 oz	10 lb	FA, OR
	1029746	UpperCrust™ Summer Herb Crusted Cod With Roasted Garlic And Lemon	5-6 oz	10 lb	FA, OR

HIGH LINER  
FOODSERVICE™

### HADDOCK

	PRODUCT #	NAME	SIZE	PACK	COOK METHOD
<b>SIGNATURE</b>	6982	Dip't & Dusted™ Southern Style Haddock Fillets	4.5 oz	3x5 lb	DF, FA, OR
<b>SIGNATURE</b>	6872	Dip't & Dusted™ Southern Style Haddock Strips	2 oz	2x5 lb	DF, FA, OR
<b>SIGNATURE</b>	8975	Sea Cuisine™ Mediterranean Glazed Haddock Portions*	3.5 oz	10 lb	FA, OR, RT

HIGH LINER  
FOODSERVICE™

## SALMON

					HIGH LINER FOODSERVICE™
PRODUCT #	NAME	SIZE	PACK	COOK METHOD	
<b>SIGNATURE</b> 8955	Fire Roasters™ Smokey Applewood Salmon Fillets	4-5 oz	2x5 lb	FA, OR	
<b>SIGNATURE</b> 8974	Sea Cuisine™ Asian Glazed Wild Pacific Salmon Portions	3.5 oz	10 lb	FA, OR, RT	
<b>SIGNATURE</b> 8970	Sea Cuisine™ Wild Pacific Salmon Fillets in Creamy Dill Sauce*	5 oz	10 lb	FA, OR, RT	
12300022	Parmesan Crusted Wild Salmon Portions	3.7 oz	10 lb	OR	
12300025	Mediterranean Glazed Wild Salmon	3.1 oz	10 lb	OR	

## SMOKED SALMON

					MIRABEL
PRODUCT #	NAME	SIZE	PACK	COOK METHOD	
<b>SIGNATURE</b> 5870	Smoked Atlantic Salmon, Kosher	55-60 slc	5x1 kg		

## SOLE

					HIGH LINER FOODSERVICE™
PRODUCT #	NAME	SIZE	PACK	COOK METHOD	
<b>SIGNATURE</b> 1059330	Pan-Sear® Lemon Pepper Sole Fillets	5 oz	10 lb	DF, FA, OR, PS	
<b>SIGNATURE</b> 8412	UpperCrust™ Almond Crusted Sole with Lemon & Chives	5 oz	10 lb	FA, OR	


## TILAPIA


					HIGH LINER FOODSERVICE™
PRODUCT #	NAME	SIZE	PACK	COOK METHOD	
<b>SIGNATURE</b> 8954	Fire Roasters™ Citrus Peppercorn Tilapia Fillets	4-5 oz	2x5 lb	FA, OR	
<b>SIGNATURE</b> 8414	Pan-Sear® Chili Lime Tilapia Fillets	5 oz	10 lb	DF, FA, MW, OR, PS	
<b>SIGNATURE</b> 1059340	Pan-Sear® Roasted Garlic & Herb Tilapia Fillets	5.5 oz	10 lb	DF, FA, OR, PS	
<b>SIGNATURE</b> 1089521	UpperCrust™ Coconut Crusted Tilapia with Mango & Papaya	5-6 oz	10 lb	FA, OR	
<b>SIGNATURE</b> 8413	UpperCrust™ Parmesan Crusted Tilapia with Tuscan Herbs	5-6 oz	10 lb	FA, OR	
<b>SIGNATURE</b> 1089526	UpperCrust™ Tortilla Crusted Tilapia with Chipotle & Lime	5-6 oz	10 lb	FA, OR	




**8955**  
FIRE ROASTERS™  
SMOKEY APPLEWOOD  
SALMON FILLETS

## GET INSPIRED

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