



Tips for Parents

Movies to watch and books to read about our planet



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Planet Earth (2006)

The BBC's most expensive nature project, this remarkable 11-part series transports audiences to a panoply of natural habitats spread over 64 different countries. Actor Sigourney Weaver narrates the U.S. release, stepping in for icon of British natural history, Sir David Attenborough.



Blue Planet II (2017)

This sequel to the 2001 BBC series "Blue Planet" takes a second look at the high seas with new technology built especially for the follow-up series. Presenter David Attenborough guides viewers through the mating practices of ocean dwellers and warns against the dangers of global warming.



Human Planet (2011)

"Human Planet," another BBC/Discovery project, examines how people survive in some of the most brutal environments on the planet by building relationships with animals. Rocked by scandal in 2018, the documentary was pulled from Netflix amidst accusations of faked footage.



Our Planet (2019)

The new Netflix film "Our Planet" isn't a BBC production, but it sure looks like one. Produced by the same team responsible for "Planet Earth" and featuring Sir David Attenborough, the film goes where many earlier nature documentaries feared to tread, compelling audiences to accept their own role in the destruction of the environment.

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Frozen Planet (2011)

Polar bears and penguins are front and centre in this high-definition look at life both above and below the ice. A BBC classic presented by natural historian and television personality Sir David Attenborough, “Frozen Planet” focuses on the Arctic and Antarctic—the two regions on the planet at greatest risk from global warming.



Life (2009)

A BBC/Discovery co-production, “Life” focuses on Charles Darwin’s “struggle for existence.” Presenter David Attenborough narrated the original U.K. version of the film, but was replaced by Oprah Winfrey for the documentary’s U.S. release.

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Reading List for Kids

I Love the Earth

by **Todd Parr**: A board book for babies to explore nature all around them in its pages, I Love the Earth fosters an early appreciation of our planet and even offers tips for how kids can help their environment.

- Recommended age range: **0-3 years**

The Giving Tree

by **Shel Silverstein**: What forest reading list would be complete without this classic children's story? The Giving Tree teaches early readers about the gift of giving, something that comes naturally to trees.

- Recommended age range: **1-8 years**

Tall Tall Tree

by **Anthony D. Fredericks**: A counting and nature book, Tall Tall Tree speaks in rhymes to the majesty of old-growth redwood forests in northern California and serves as a great multi-purpose read for kids.

- Recommended age range: **3-8 years**

The Lorax

by **Dr. Seuss**: A first foray into sustainability and the importance of protecting our environment for children.

- Recommended age range: **5-9 years**

Woody's ABCs

by **Roberta Burzynski**: A free PDF provided by the USDA and US Forest Service, this book guides children through the benefits of the natural world around them while also teaching the ABCs

- Recommended age range: **school age**

The Magic & Mystery of Trees

by **Jen Green**: Get a glimpse into the secret world of trees and illustrates to children that a tree is so much more than it seems.

- Recommended age range: **7-9 years**