CASE STUDY

Leo Kilpatrick
Cyber Threat Analyst

Which section of the SANS Foundations did you find most valuable?

The course provided me with a comprehensive understanding of the various methods and techniques that cyber criminals use to breach security. This knowledge has enabled me to anticipate and identify potential vulnerabilities, which is crucial in protecting systems and networks from attacks. Furthermore, the course equipped me with the necessary skills to investigate incidents and understand the extent of damage caused by cyber-attacks. Overall, I am confident that the deep understanding I have gained from studying the fundamentals of cyber security attacks will prove to be invaluable in my pursuit of a career as a cyber security analyst.

What are the benefits of having hands-on training?

Through practical experience in a controlled environment, I was able to apply my knowledge and gain real-world exposure to cyber security threats, enabling me to identify and mitigate potential vulnerabilities.

Moreover, the training exposed me to the latest tools, technologies, and trends in the industry, keeping me up to date with the evolving landscape of cyber security. This has allowed me to stay ahead of the curve and equipped me with the knowledge to tackle new threats as they arise.

Was the SANS Foundations course beneficial to you and your career?

The SANS Foundations course has been beneficial to me and my career as it has provided opportunities to develop problem-solving skills, which are essential in the cyber security industry, as well as helping me learn how to think critically and creatively when faced with complex cyber security challenges.

A year on, what has the SANS Foundations course enabled you to do?

A year on, the SANS Foundations course has enabled me to progress into the Threat Analyst Team and away from a 24x7 service desk type role. This is a jump I feel I would have struggled to make without the core skills learned from the Foundations course.

Would you recommend the SANS Foundations Course to anyone looking to get into cyber security?

I would absolutely recommend the SANS Foundations course to someone looking to get into the cyber security industry. Completing the course has been an essential part of my preparation for a successful career in the industry, as well as providing me with the opportunity to develop the key skills needed to succeed.