

Montcalm County mental health and suicide prevention resources



Montcalm Care Network 24-Hour Crisis Line.....**800.377.0974**

- Services for children and adults.
- Operates seven days week 24 hours a day.
- Goes to schools and homes.
- Access services by calling Montcalm Care Network directly at **989.831.7520**.

For further county resources, visit: **montcalmcare.net**

Emergency

****If there is an immediate risk or fear of safety, please go to the nearest emergency department****

Emergency.....**911**

Montcalm County Sheriff's Office.....**989.831.7590**

National Suicide Prevention Lifeline.....**988** or Text "Start" to **988**

.....Española: **988** (Press Option 2)

.....TTY: Dial **711** then **988**

.....Chat at **988lifeline.org**

.....Native & Strong Lifeline: **988** (Press Option 4)

.....Veteran's Crisis Line: **988** (Press Option 1)

MyMichigan Medical Center - Alma.....**989.463.1101**

Corewell Health Greenville Hospital Emergency.....**616.754.4691**

Sheridan Community Hospital Emergency Department.....**989.291.6350**

Sparrow Carson Hospital Emergency Department.....**989.584.3131**

Pine Rest Behavioral Health Urgent Care (Monday to Friday, 8 a.m. to 6 p.m.).....**616.455.9200**

Pine Rest Christian Hospital Crisis Line.....**800.678.5500**

Forest View Hospital 24/7 Crisis Services.....**616.942.9610**

The Trevor Project Crisis Line for LGBTQ Youth.....**866.488.7386** or Text "start" to **678.678**

Trans Lifeline.....**877.565.8860**

Counseling/Outpatient - Local agencies

Psychology Today – Michigan.....**psychologytoday.com/us/therapists/michigan**

BetterHelp – Online counseling service.....**betterhelp.com**

LifeStance Health – Online Therapy Services.....**lifestance.com**

Counseling Center of West Michigan - Greenville Campus.....**616.805.3660** ext. 1137

Pine Rest Christian Mental Health.....**866.852.4001**

Corewell Health Psychiatric Clinic – 2750 E. Beltline Ave. NE.....**616.447.5820**

Alternative Counseling Center.....**989.831.9111**

Catholic Charities West Michigan.....**616.855.5923**

.....**616.456.1443** (after hours)

Community Hope Christian Counseling.....**616.225.8220**

North Kent Guidance Services.....**616.754.2364**

Transitions Counseling.....**616.754.9420**

Belle Tower Group.....**616.835.9292**

Michelle Woodison – Evans.....**616.690.0652**

Lake Michigan Counseling Services.....**616.226.6522**

Wayne Haines Counseling.....**616.523.2146**

Montcalm Care Network-CMH outpatient counseling.....**989.831.7520**

Silver Lining Counseling & Equine Assisted Therapy.....**616.773.5050**

Equine Assisted Therapy.....**616.773.5050**

Corewell Health Children's Behavioral Health – 1545 68th St. SE (Youth Behavioral Health Clinic).....**616.447.5820**

Corewell Health Addiction Clinics.....**616.391.6120** (Press option 1)

Corewell Health Trauma Recovery Center (For survivors of violence).....**616.391.3398**

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Other helpful resources

Mental Health Information and Referrals.....	211
Self-Injury Crisis Hotline	800.366.8288
VOICES4 Hotline – Sexual Assault, Domestic Violence, Human Trafficking.....	855.VOICES4 (864.2374)
.....	Text 866.238.1454
.....	Chat at mcedsv.org/hotline/hotline-chat
RAINN National Sexual Assault Hotline	800.656.4673
Domestic Violence Hotline.....	800.799.7233
Substance Abuse & Mental Health Services Hotline	800.662.4357
Michigan Warmline (10 a.m. to 2 a.m. everyday).....	888.733.7753
National Alliance on Mental Health (NAMI).....	nami.org
SMART Recovery Support Group	meetings.smartrecovery.org
Now Matters Now	nowmattersnow.org
Childhelp National Child Abuse Hotline	Call or text 800.422.4453