

Macomb County mental health and suicide prevention resources



Macomb County Community Mental Health & Mobile Crisis Unit **586.307.9100**

- Services children & adults
- Operates 24/7
- Access services by calling Macomb County CMH directly at **855.966.2264** or **586.948.002**.

For further county resources, visit: **mccmh.net**

Emergency

****If there is an immediate risk or fear of safety, please go to the nearest emergency department****

Emergency.....	911
National Suicide Prevention Lifeline.....	988 or Text “Start” to 988
.....	Española: 988 (Press Option 2)
.....	TTY: Dial 711 then 988
.....	Chat at 988lifeline.org
.....	Native & Strong Lifeline: 988 (Press Option 4)
Children’s Hospital of Michigan - Emergency Room.....	313.745.KIDS (5437)
24-Hour Crisis Care/Mobile Crisis Team – New Oakland Family Centers.....	800.395.3223
SafeHaus – Residential Crisis.....	855.236.4812
Corewell Health Beaumont Troy Hospital Emergency Department.....	248.964.5000
Corewell Health Emergency – Lenox Twp.....	947.523.4010
Henry Ford Warren Hospital – Emergency.....	586.573.5000
Henry Ford Madison Heights Hospital – Emergency.....	248.967.7000
Henry Ford Macomb Hospital – Emergency.....	586.263.2300
Henry Ford Medical Center – Sterling Heights – Emergency.....	586.977.9300
McLaren Macomb Emergency.....	586.493.8000
Children’s Protective Services.....	855.444.3911
The Trevor Project Crisis Line for LGBTQ Youth.....	866.488.7386 or Text “start” to 678.678
Trans Lifeline.....	877.565.8860

Counseling/Outpatient - Local agencies

Psychology Today – Michigan.....	psychologytoday.com/us/therapists/michigan
BetterHelp – Online counseling service.....	betterhelp.com
Our Mental Health Collective.....	ourmhc.org/all-listings/
Corewell Health Pediatric Behavioral Health - 30503 Greenfield Rd.....	248.691.8156

Clinton Township

Healing Haven Behavioral Health & Autism Therapy Services-Clinton Township.....	248.965.3916
Henry Ford Eastwood Behavioral Health – Clinton Township.....	586.792.5335
Macomb Family Services Inc. – Clinton Township.....	586.226.3440

Fraser

Oakland Psychological Clinic of Michigan – Fraser.....	586.294.3030
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Mt Clemons

Clinton Counseling Center.....	586.468.2266
Family Youth Interventions.....	586.465.1212
Hope Network- Macomb Health Partners.....	586.627.0024

New Baltimore

The Center for Counseling.....	586.273.7095
Harbor Oaks Hospital.....	844.402.1887

Romeo

Macomb Family Services, Inc.....	586.752.9696
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RosevilleBiological Psychiatry Center.....**586.773.6020****Richmond**Macomb Family Services, Inc**586.727.5529****Shelby Township**Abaris Behavioral Health – Shelby Township.....**586.360.7745**Pioneer Counseling Center.....**586.263.1234**Trinity Family Counseling Center.....**586.254.3663****St. Clair Shores**Henry Ford Eastwood Behavioral Health – St. Clair Shores**586.445.2210**LifeStance Health – St. Clair Shores.....**888.653.0449****Sterling Heights**Macomb Family Services, Inc**586.254.5660**Pioneer Counseling Center**586.795.0569****Warren/Center Line**Easterseals MORC.....**586.501.3070**Judson Center – Integrated Health**586.573.1810****Washington**Child & Family Therapy Center of Macomb**586.232.5089****Other helpful resources**Six Feet Over – Suicide Prevention & Support.....**Sixftover.org**Mental Health Information and Referrals.....**211**Self-Injury Crisis Hotline.....**800.366.8288**VOICES4 Hotline – Sexual Assault, Domestic Violence, Human Trafficking.....**855-VOICES4 (864-2374)**.....Text **866.238.1454**..... Chat at **mcedsv.org/hotline/hotline-chat**RAINN National Sexual Assault Hotline.....**800.656.4673**Domestic Violence Hotline.....**800.799.7233**Substance Abuse & Mental Health Services Hotline.....**800.662.4357**Michigan Warmline (10-2 a.m. everyday).....**888.733.7753**National Alliance on Mental Health (NAMI).....**nami.org**SMART Recovery Support Group.....**meetings.smartrecovery.org**Now Matters Now**nowmattersnow.org** NowChildhelp National Child Abuse Hotline Call or text **800.422.4453**