

Osceola County mental health and suicide prevention resources



CMH for Central Michigan & Children's Mobile Crisis.....**800.317.0708 or 989.772.5938**

- Services up to age 18.
- Access service by calling CMH for Central Michigan directly at **231.832.2247**.
- Operates 24/7.

For further county resources, visit: **cmhcm.org**

Emergency

****If there is an immediate risk or fear of safety, please go to the nearest emergency department****

Emergency.....**911**

Osceola County Sheriff's Office.....**231.832.2288**

National Suicide Prevention Lifeline.....**988** or Text "Start" to **988**

.....Española: **988** (Press Option 2)

.....TTY: Dial **711** then **988**

.....Chat at **988lifeline.org**

.....Native & Strong Lifeline: **988** (Press Option 4)

Corewell Health Grand Rapids Hospitals – Helen DeVos Children's Hospital.....**616.267.1680**

Corewell Health Reed City Hospital Emergency.....**231.832.7110**

Pine Rest Psychiatric Urgent Care (300 68th St., Grand Rapids, MI).....**616.455.9200**

Pine Rest Christian Hospital Crisis Line.....**800.678.5500**

Forest View Hospital 24/7 Crisis Services.....**616.942.9610**

Children's Protective Services.....**855.444.3911**

The Trevor Project Crisis Line for LGBTQ Youth.....**866.488.7386** or Text "start" to **678.678**

Trans Lifeline.....**877.565.8860**

Counseling/Outpatient - Local agencies

Psychology Today – Michigan.....**psychologytoday.com/us/therapists/michigan**

BetterHelp – Online counseling service.....**betterhelp.com**

Counseling Center of West Michigan.....**616.805.3660**

CMH Counseling.....**231.832.8707 or 989.772.5938**

Pine Rest Christian Mental Health.....**866.852.4001**

Corewell Health Psychiatric Clinic – 2750 E. Beltline Ave. NE.....**616.447.5820**

Big Rapids Counseling.....**231.580.8482**

Family Health Care (Behavioral Health).....**231.527.7150**

HRA Psychological Services – Big Rapids.....**616.458.0692**

Northland Counseling Center.....**231.592.8090**

Resilient Minds Counseling – Marc Geroux.....**231.598.6097**

Turning Point Counseling – Tina Monette.....**231.287.2049**

Roland Professional Counseling.....**989.402.4072**

Mindful Direction Counseling.....**888.476.4633**

Corewell Health Children's Behavioral Health – 1545 68th St. SE (Youth Behavioral Health Clinic).....**616.447.5820**

Corewell Health Addiction Clinics (care for patients 13 years & up).....**616.391.6120** (Press option 1)

Other helpful resources

Mental Health Information and Referrals.....**211**

Self-Injury Crisis Hotline.....**800.366.8288**

RAINN National Sexual Assault Hotline.....**800.656.4673**

Domestic Violence Hotline.....**800.799.7233**

Substance Abuse & Mental Health Services Hotline.....**800.662.4357**

Veteran's Crisis Line.....**988** (Press Option 1) or text **988**

Michigan Warmline (10-2 a.m. everyday).....**888.733.7753**

National Alliance on Mental Health (NAMI).....**nami.org**

SMART Recovery Support Group.....**meetings.smartrecovery.org**