

Stroke: every minute counts

BE FAST

Know the signs and symptoms of a stroke and have a plan!

Balance

Does the person feel sudden dizziness?

Eyes

Does vision become blurred?
Ask the person to describe a nearby object

Face

Does the face look uneven?
Ask the person to smile.

Arms

Does one arm drift down?
Ask the person to raise both arms.

Speech

Is it slurred? Ask the person to repeat a simple phrase, like, "The sky is blue."

Time

If you observe any of these signs, then it's time to call **9-1-1**



→ **Don't Drive!** People who arrive in an ambulance get care faster. You have a better chance of getting back to normal if you remember to **BE FAST** and call **9-1-1** at the sign of stroke.