

Kent County mental health and suicide prevention resources



Network180 Mobile Crisis.....	616.333.1000
• Services all ages.	• Operates 24/7
• Goes to campus and homes.	and weekends/holidays 11 a.m. to 9 p.m.
For further county resources, visit: network180.org	• Access services by calling Network180 directly at 616.336.3909 .

Emergency

****If there is an immediate risk or fear of safety, please go to the nearest emergency department****

Emergency.....	911
Kent County Sheriff's Office.....	616.632.6100
National Suicide Prevention Lifeline.....	988 or Text "Start" to 988
.....	Española: 988 (Press Option 2)
.....	TTY: Dial 711 then 988
.....	Chat at 988lifeline.org
.....	Native & Strong Lifeline: 988 (Press Option 4)
.....	Veteran's Crisis Line: 988 (Press Option 1)
Corewell Health Grand Rapids Hospitals – Helen DeVos Children's Hospital.....	616.267.1680
Corewell Health Grand Rapids Hospitals Emergency – Butterworth.....	616.391.1680
Corewell Health Grand Rapids Hospitals Emergency – Blodgett.....	616.774.7740
Trinity Health Grand Rapids Hospital Emergency Department.....	616.685.6789
Trinity Health Behavioral Health Crisis Center.....	616.336.3909
University of Michigan West Michigan Hospital.....	616.252.7200
Cherry Health/Heart of the City Health Center Behavioral Health Urgent Care.....	616.965.0304
Pine Rest Psychiatric Urgent Care (Monday to Thursday, noon to 6 p.m.).....	616.455.9200
Pine Rest Christian Hospital Crisis Line.....	800.678.5500
Forest View Hospital 24/7 Crisis Services.....	616.942.9610
The Trevor Project Crisis Line for LGBTQ Youth.....	866.488.7386 or Text "start" to 678.678
Trans Lifeline.....	877.565.8860

Counseling/Outpatient - Local agencies

Psychology Today – Michigan.....	psychologytoday.com/us/therapists/michigan
BetterHelp – Online counseling service.....	betterhelp.com
LifeStance Health – Online Therapy Services.....	lifestance.com
Counseling Center of West Michigan.....	616.805.3660
Forest View Psychiatric Hospital.....	616.942.9610
Pine Rest Christian Mental Health.....	866.852.4001
Corewell Health Psychiatric Clinic – 2750 E. Beltline Ave. NE.....	616.447.5820
Corewell Health Addiction Clinics.....	616.391.6120
Corewell Health Trauma Recovery Center (for survivors of violence).....	616.391.3398
University of Michigan Health West.....	616.252.4560
Arbor Circle.....	616.456.6571
Catholic Charities of West Michigan.....	616.356.6247
Cherry Street Health/Heart of the City Counseling Center.....	616.965.8291
Family Outreach Center.....	616.247.3815
Hope Network Behavioral Health Services.....	855.922.2282
North Kent Guidance Services.....	616.361.5001
Psychiatric Associates of West Michigan.....	616.719.4488
Psychology Associates of Grand Rapids.....	616.957.9112 or 616.458.4444
YWCA West Central Michigan 24hr Confidential Helpline.....	616.454.9922

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Other helpful resources

Mental Health Information and Referrals.....	211
Self-Injury Crisis Hotline	800.366.8288
VOICES4 Hotline – Sexual Assault, Domestic Violence, Human Trafficking.....	855.VOICES4 (864.2374)
.....	Text 866.238.1454
.....	Chat at mcedsv.org/hotline/hotline-chat
RAINN National Sexual Assault Hotline	800.656.4673
Domestic Violence Hotline.....	800.799.7233
Substance Abuse & Mental Health Services Hotline	800.662.4357
Michigan Warmline (10 a.m. to 2 a.m. everyday).....	888.733.7753
National Alliance on Mental Health (NAMI).....	nami.org
SMART Recovery Support Group	meetings.smartrecovery.org
Now Matters Now	nowmattersnow.org
Childhelp National Child Abuse Hotline	Call or text 800.422.4453