

Kalamazoo County mental health and suicide prevention resources



Integrated Services of Kalamazoo and Children's Mobile Crisis.....**888.373.6200**

- Services all ages
- Operates 24/7

- Access services by calling Integrated Services of Kalamazoo directly at **269.373.6000**

For further county resources, visit: **iskzoo.org**

Emergency

****If there is an immediate risk or fear of safety, please go to the nearest emergency department****

Emergency	911
Kalamazoo County Sheriff's Office.....	269.488.8911
National Suicide Prevention Lifeline.....	988 or Text "Start" to 988
.....	Española: 988 (Press Option 2)
.....	TTY: Dial 711 then 988
.....	Chat at 988lifeline.org
.....	Native & Strong Lifeline: 988 (Press Option 4)
Corewell Health Grand Rapids Hospitals – Helen DeVos Children's Hospital.....	616.267.1680
Corewell Health Waterlivet Hospital – Emergency.....	269.463.3111
Bronson Methodist Hospital – Emergency.....	269.341.7654
Bronson LakeView Hospital – Emergency.....	269.657.3141
Bronson Battle Creek Hospital – Emergency	269.245.8000
Beacon Kalamazoo – Emergency.....	269.226.7000
Pine Rest Behavioral Health Urgent Care (Mon to Friday, 8 a.m. to 6 p.m.).....	616.455.5000 ext. 2
Pine Rest Pediatric Psychiatric Urgent Care (Mon to Thur, Noon to 6 p.m.).....	616.455.9200
Pine Rest Chrisitan Hospital Crisis Line.....	800.678.5500
Forest View Hospital 24/7 Crisis Services.....	616.942.9610
Children's Protective Services	855.444.3911
The Trevor Project Crisis Line for LGBTQ Youth	866.488.7386 or Text "start" to 678.678
Trans Lifeline.....	877.565.8860

Counseling/Outpatient - Local agencies

Psychology Today – Michigan.....	psychologytoday.com/us/therapists/michigan
BetterHelp – Online counseling service	betterhelp.com
Our Mental Health Collective.....	ourmhc.org/all-listings/
LifeStance Health – Online Therapy Services.....	lifestance.com
Amy and Brandon Pung Counseling Services.....	269.993.7672
Atlas Counseling & Psychotherapy Services.....	269.254.6613
Cheff Therapeutic Riding Center	269.731.4471
Child & Family Psychological Services of Michigan.....	269.321.8564
Choices for Change	269.344.7997
Chosen.....	866.232.5389
Kalamazoo & Battle Creek.....	269.344.0202
Family Matters Counseling.....	269.324.8000
Freedom Counseling	269.400.8257
Integrated Behavioral Health – Psychological Services	269.459.1512
Kalamazoo Family Health Center (Takes Medicaid).....	269.349.2641
Meredith Psychological & Testing Services – Kalamazoo.....	269.459.1818
New Horizon Counseling (youth ages 10 years and up).....	269.788.3200
Pine Rest Chrisitan Mental Health Services – Kalamazoo Clinic	616.258.7500
Whole Life Counseling (adolescents only).....	269.353.7607

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Wicks Therapy	616.805.4036
Willow Path Counseling (all ages)	269.459.8889
WMU Resiliency Center for Assessment and Treatment.....	269.387.7000

Other helpful resources

Mental Health Information and Referrals	211
Self-Injury Crisis Hotline.....	800.366.8288
VOICES4 Hotline – Sexual Assault, Domestic Violence, Human Trafficking	855.VOICES4 (864.2374)
.....	Text 866.238.1454
.....	Chat at mcedsv.org/hotline/hotline-chat
RAINN National Sexual Assault Hotline	800.656.4673
Domestic Violence Hotline.....	800.799.7233
Substance Abuse & Mental Health Services Hotline	800.662.4357
Michigan Warmline (10-2 a.m. everyday)	888.733.7753
National Alliance on Mental Health (NAMI).....	nami.org
SMART Recovery Support Group	meetings.smartrecovery.org
Now Matters Now	nowmattersnow.org
Childhelp National Child Abuse Hotline	Call or text 800.422.4453