

Mecosta County mental health and suicide prevention resources



CMH for Central Michigan (CMHCM) 24-Hour Crisis Line.....**989.772.5938** or **800.317.0708**

• Access services by calling CMHCM (Mecosta) directly at **231.796.5825**.

For further county resources, visit: **cmhcm.org**

Emergency

****If there is an immediate risk or fear of safety, please go to the nearest emergency department****

Emergency	911
Mecosta County Sheriff's Office	231.592.0150
National Suicide Prevention Lifeline.....	988 or Text "Start" to 988
.....	Española: 988 (Press Option 2)
.....	TTY: Dial 711 then 988
.....	Chat at 988lifeline.org
.....	Native & Strong Lifeline: 988 (Press Option 4)
.....	Veteran's Crisis Line: 988 (Press Option 1)
Corewell Health Grand Rapids Hospitals – Helen DeVos Children's Hospital	616.267.1680
Corewell Health Big Rapids Hospital Emergency	231.796.8691
Corewell Health Grand Rapids Hospitals Emergency – Butterworth	616.391.1680
Corewell Health Grand Rapids Hospitals Emergency – Blodgett	616.774.7740
Trinity Health Behavioral Health Crisis Center	616.336.3909
Pine Rest Psychiatric Urgent Care (Monday to Thursday, noon to 6 p.m.)	616.455.9200
Pine Rest Christian Hospital Crisis Line	800.678.5500
Forest View Hospital 24/7 Crisis Services.....	616.942.9610
The Trevor Project Crisis Line for LGBTQ Youth	866.488.7386 or Text "start" to 678.678
Trans Lifeline	877.565.8860

Counseling/Outpatient - Local agencies

Psychology Today – Michigan.....	psychologytoday.com/us/therapists/michigan
BetterHelp – Online counseling service	betterhelp.com
LifeStance Health – Online Therapy Services.....	lifestance.com
Pine Rest Christian Mental Health.....	866.852.4001
Corewell Health Psychiatric Clinic – 2750 E. Beltline Ave. NE.....	616.447.5820
Big Rapids Counseling	231.580.8482
The Personal Counseling Center at Ferris State	231.591.5968
Listening Ear – 24-Hour Crisis Hotline	989.772.2918
Human Resource Associates Psychological Services	231.796.2522
Northland Counseling Center	231.592.8090
Orange Sky Counseling.....	616.987.1191
Resilient Minds Counseling – Marc Geroux.....	231.598.6097
Turning Point Counseling – Tina Monette.....	231.287.2049
CMH Outpatient Counseling	231.832.8707
Corewell Health Children's Behavioral Health – 1545 68th St. SE (Youth Behavioral Health Clinic).....	616.447.5820
Corewell Health Addiction Clinics	616.391.6120 (Press option 1)

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Other helpful resources

Mental Health Information and Referrals.....	211
Self-Injury Crisis Hotline	800.366.8288
VOICES4 Hotline – Sexual Assault, Domestic Violence, Human Trafficking.....	855.VOICES4 (864.2374)
.....	Text 866.238.1454
.....	Chat at mcedsv.org/hotline/hotline-chat
RAINN National Sexual Assault Hotline	800.656.4673
Domestic Violence Hotline.....	800.799.7233
Substance Abuse & Mental Health Services Hotline	800.662.4357
Michigan Warmline (10 a.m. to 2 a.m. everyday).....	888.733.7753
National Alliance on Mental Health (NAMI).....	nami.org
SMART Recovery Support Group	meetings.smartrecovery.org
Now Matters Now	nowmattersnow.org
Childhelp National Child Abuse Hotline	Call or text 800.422.4453