

Livingston County mental health and suicide prevention resources



Community Mental Health Services of Livingston County & Mobile Crisis **800.615.1245**
• Services children, youth and adults Access services by calling CMHLIV directly at **517.546.4126**
• Operates 24/7

For further county resources, visit: **cmhliv.org**

Emergency

****If there is an immediate risk or fear of safety, please go to the nearest emergency department****

Emergency **911**
National Suicide Prevention Lifeline..... **988** or Text “Start” to **988**
..... Española: **988** (Press Option 2)
..... TTY: Dial **711** then **988**
..... Chat at **988lifeline.org**
..... Native & Strong Lifeline: **988** (Press Option 4)
Trinity Health Emergency Center – Livingston Hospital..... **810.844.7511**
Trinity Health Chelsea Hospital Emergency..... **734.593.6000**
Connection Youth Services 24/7 Assistance..... **866.440.SAFE** (7233)
Children’s Protective Services **855.444.3911**
The Trevor Project Crisis Line for LGBTQ Youth **866.488.7386** or Text “start” to **678.678**
Trans Lifeline..... **877.565.8860**

Counseling/Outpatient - Local agencies

Psychology Today – Michigan..... **psychologytoday.com/us/therapists/michigan**
BetterHelp – Online counseling service **betterhelp.com**
Our Mental Health Collective..... **ourmhc.org/all-listings/**
LifeStance Health – Online Therapy Services..... **Lifestance.com**
ABA Insight – Lansing Center..... **844.272.1304**
Advanced ABA Care – Premium Autism Services..... **373.406.4824**
Advanced Behavioral Medicine – Howell..... **517.548.1537**
Arrowhead Behavioral Health – Fowlerville **517.715.6155**
Changes Counseling – Hartland..... **810.475.2005**
CMH Livingston County..... **517.546.4126**
Evolve Behavioral Health – Brighton **810.599.9591**
Gentle Strength Counseling & Holistic Center – Brighton..... **517.375.8175**
Livingston Family Center – Pinckney **810.231.9591**
Independence Counseling & Psychological Services – Howell **517.376.3002**
Key Development Center – Howell **810.220.8192**
Michigan Psychological Care – Howell **517.273.9033**
Midwest Behavioral Clinic – Highland **248.529.3167**
Midwest Behavioral Clinic – Fenton **810.215.1006**
Outside of the Box Counseling – Howell..... **517.774.9600**
Renewed Relationships Counseling & Psychological Services – Brighton..... **810.522.0785**
Unwritten Endings - Howell **810.444.2484**

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Other helpful resources

Mental Health Information and Referrals	211
Self-Injury Crisis Hotline.....	800.366.8288
VOICES4 Hotline – Sexual Assault, Domestic Violence, Human Trafficking	855.VOICES4 (864.2374)
.....	Text 866.238.1454
.....	Chat at mcedsv.org/hotline/hotline-chat
RAINN National Sexual Assault Hotline	800.656.4673
Domestic Violence Hotline.....	800.799.7233
Substance Abuse & Mental Health Services Hotline	800.662.4357
Michigan Warmline (10 a.m. to 2 a.m. everyday)	888.733.7753
National Alliance on Mental Health (NAMI).....	nami.org
SMART Recovery Support Group	meetings.smartrecovery.org
Now Matters Now	nowmattersnow.org
Childhelp National Child Abuse Hotline	Call or text 800.422.4453