Montcalm County mental health and suicide prevention resources

S A F E

Montcalm Care Network & Children's Mobile Crisis..... **989.831.7520**

- Services for children and adults.
- Goes to schools and homes.
- Operates seven days week 24 hours a day.
- Access services by calling Montcalm Care Network directly at **989.831.7520**.

For further county resources, visit: **montcalmcare.net**

Emergency

If there is an immediate risk or fear of safety, please go to the nearest emergency department

Emergency..... **911**
Montcalm County Sheriff's Office..... **989.831.7590**
Michigan State Police-Lakeview Post No. 64..... **989.352.8444**
National Suicide Prevention Lifeline..... **988** or Text "Start" to **988**
..... Española: **988** (Press Option 2)
..... TTY: Dial **711** then **988**
..... Chat at **988lifeline.org**
..... Native & Strong Lifeline: **988** (Press Option 4)
Corewell Health Greenville Hospital Emergency..... **616.225.6580**
Sheridan Community Hospital Emergency Department..... **989.291.6350**
Sparrow Carson Hospital Emergency Department..... **989.584.0975**
Pine Rest Behavioral Health Urgent Care (Monday to Friday, 8 a.m. to 6 p.m.)..... **616.455.5000** ext. 2
Pine Rest Pediatric Psychiatric Urgent Care (Monday to Thursday, Noon to 6 p.m.)..... **616.455.9200**
Pine Rest Christian Hospital Crisis Line..... **800.678.5500**
Forest View Hospital 24/7 Crisis Services..... **616.942.9610**
Children's Protective Services..... **855.444.3911**
The Trevor Project Crisis Line for LGBTQ Youth..... **866.488.7386** or Text "start" to **678.678**
Trans Lifeline..... **877.565.8860**

Counseling/Outpatient - Local agencies

Psychology Today – Michigan..... **psychologytoday.com/us/therapists/michigan**
BetterHelp – Online counseling service..... **betterhelp.com**
Our Mental Health Collective..... **ourmhc.org/all-listings/**
Sheri Rodriguez Therapy (limited in person for Kent County) virtual for State of Michigan..... **sherirodrigueztherapy.com**
LifeStance Health – Online Therapy Services..... **lifestance.com**
Counseling Center of West Michigan..... **616.805.3660**
Pine Rest Christian Mental Health..... **866.852.4001**
Pine Rest Pediatric Center of Behavioral Health..... **800.678.5500**
Corewell Health Psychiatric Clinic – 2750 E. Beltline Ave. NE..... **616.447.5820**
Alternative Counseling Center..... **989.831.9111**
Catholic Charities West Michigan..... **616.855.5923**
..... (**616.456.1443** after hours)
Community Hope Christian Counseling..... **616.225.8220**
North Kent Guidance Services..... **616.754.2364**
Transitions Counseling..... **616.439.0889** or **616.754.9420**
Belle Tower Group..... **616.835.9292**
Michelle Woodison – Evans..... **616.690.0652**
Lake Michigan Counseling Services..... **616.226.6522**
Wayne Haines Counseling..... **616.666.0206**
Montcalm Care Network-CMH outpatient counseling..... **989.831.7520**
Silver Lining Counseling & Equine Assisted Therapy..... **616.773.5050**

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Equine Assisted Therapy **616.773.5050**
Community Hope Christian Counseling (Goal to see emergent students within three business days) ... **616.225.8220**
Corewell Health Children's Behavioral Health – 1545 68th St. SE (Youth Behavioral Health Clinic) **616.447.5820**
Corewell Health Addiction Clinics (care for patients 13 years and up) ..... **616.391.6120** (Press option 1)

Other helpful resources

Mental Health Information and Referrals **211**
Self-Injury Crisis Hotline **800.366.8288**
VOICES4 Hotline – Sexual Assault, Domestic Violence, Human Trafficking **855.VOICES4** (**864.2374**)
..... Text **866.238.1454**
..... Chat at **mcedsv.org/hotline/hotline-chat**
RAINN National Sexual Assault Hotline **800.656.4673**
Domestic Violence Hotline **800.799.7233**
Substance Abuse & Mental Health Services Hotline **800.662.4357**
Michigan Warmline (10 a.m. to 2 a.m. everyday) **888.733.7753**
National Alliance on Mental Health (NAMI) ..... **nami.org**
SMART Recovery Support Group ..... **meetings.smartrecovery.org**
Now Matters Now ..... **nowmattersnow.org**
Childhelp National Child Abuse Hotline ..... Call or text **800.422.4453**

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