

Behavioral Health Quick Reference Referral Card



	Adult			Pediatrics		
	Adult Psychiatry (Med Management)	Adult Psychotherapy (Counseling)	Adult Psych Testing	Pediatric Psychiatry (Med Management)	Pediatric Psychotherapy (Counseling)	Pediatric Psych Testing
ADD/ADHD Treatment	X	X	X	X	X	X
Addiction	X			X		
Adjustment to medical conditions	X	X		X	X	
Anger	X	X		X	X	
Anxiety	X	X		X	X	
Autism	X		X	X	X	X
Bariatric Evaluations	X					
Behavioral Concerns	X	X		X		
Bipolar* (In Person ONLY)	X	X		X		
Body Image/Self-Esteem	X	X		X	X	
Cog/Mem Impairment	X			X		X
Cognitive/Neuropsych Testing						X
Functional Neurological Symptom (Conversion) Disorder	X			X	X	
Depression	X	X		X	X	
Developmental Disabilities	X			X		X
Dyslexia	X			X		X
Eating Disorders		X		X		
Encopresis				X	X	
Fear	X	X		X	X	
Fetal Alcohol Syndrome Testing						X
Gender Dysphoria	X	X		X	X	
Grief	X	X		X	X	
Habit Reversal Therapy					X	
Health Issues	X	X		X	X	
Learning Disabilities						X
Medical Complexities/Comorbidities	X	X		X	X	
Mood Disorder	X	X		X	X	
Neurological Disorders	X			X	X	
Neuropsychiatric Conditions	X			X	X	
Obsessive-compulsive Disorder	X	X		X	X	
Oppositional Defiance	X	X		X	X	
Pain	X	X		X	X	
Panic	X	X		X	X	
Perinatal	X	X		X	X	
Personality Disorders	X	X		X		
Pre-Op	X				X	X
Psycho-Oncology	X	X		X	X	
Psychosis	X	X		X		
Psychosomatic Medicine	X	X		X	X	
PTSD	X	X		X	X	
Schizophrenia	X	X		X		
Sleep	X	X		X	X	
Somatic Symptoms Disorders	X			X		
Substance Use Disorder				X	X	
Stress	X	X		X	X	
Transplant	X			X	X	X
Trauma	X	X		X	X	
Tremor	X			X	X	

	Referral Ages	
	Adult	Pediatrics
Psychiatry	18+	5yrs-17yrs
Psychology	18+	4yrs-17yrs
Psychotherapy	18+	4yrs-17yrs
General Testing	18yrs-45yrs	4yrs-17yrs
Autism Evaluation	Not Offered	1.5 yrs-17yrs

How to refer
EPIC: REF81
External: Fax: 616-447-5828
Phone: 616-447-5820

Locations

In-person Locations
 -Six locations across the greater Grand Rapids area.

Telemed Locations
 -Fremont
 -Grand Rapids
 -Greenville
 -Hastings
 -Lakeview
 -Ludington
 -Reed City

Virtual Services
 -Patient must be located within Michigan to be seen by a Corewell Health provider.

Items to note:

- Pediatric patients under the age of 5 years old are NOT prescribed psychiatric medications.
- If a patient has Medicaid and needs testing, then it has to be completed by the CMH in their area.
- Insurances we DO NOT par with for all specialties within our department:**
 - BCBS Complete
 - Cigna
 - Tricare
 - United Health Care
 - Humana
 - Wellcare
 - Generic Commercial
 - Web/TPA
 - Physicians Health plan
 - Lucent

If patients meet several of the below criteria, they may be more appropriate for Community Mental Health (CMH) instead of Psychiatry and Behavioral Medicine (PBM):

- Multiple inpatient hospitalizations (over a recent short period of time)
- Severe and persistent mental illness such as: schizophrenia, schizoaffective, bipolar 1
- Current court order to treatment, and/or non-compliance with mental health treatment