

Lake County mental health and suicide prevention resources



West Michigan CMH & Children's Mobile Crisis **800.992.2061**
• Services all ages. • Access services by calling West Michigan CMH (Lake)
• Operates 24/7. directly at **231.745.4659**.
For further county resources, visit: **wmcmhs.org**

Emergency

****If there is an immediate risk or fear of safety, please go to the nearest emergency department****

Emergency **911**
Lake County Sheriff's Office..... **231.745.2711**
National Suicide Prevention Lifeline..... **988** or Text "Start" to **988**
..... Española: **988** (Press Option 2)
..... TTY: Dial **711** then **988**
..... Chat at **988lifeline.org**
..... Native & Strong Lifeline: **988** (Press Option 4)
Munson Healthcare Manistee Hospital Emergency..... **231.398.1000**
Munson Healthcare Cadillac Hospital Emergency..... **231.876.7200**
Corewell Health Ludington Hospital Emergency..... **231.843.2591**
Corewell Health Big Rapids Hospital Emergency..... **231.796.8691**
Corewell Health Reed City Hospital Emergency..... **231.832.7110**
Corewell Health Grand Rapids Hospitals – Helen DeVos Children's Hospital..... **616.267.1680**
Pine Rest Psychiatric Urgent Care (300 68th St., Grand Rapids, MI) **616.455.9200**
Pine Rest Christian Hospital Crisis Line..... **800.678.5500**
Forest View Hospital 24/7 Crisis Services..... **616.942.9610**
Children's Protective Services **855.444.3911**
The Trevor Project Crisis Line for LGBTQ Youth **866.488.7386** or Text "start" to **678.678**
Trans Lifeline..... **877.565.8860**

Counseling/Outpatient - Local agencies

Psychology Today – Michigan..... **psychologytoday.com/us/therapists/michigan**
BetterHelp – Online counseling service **betterhelp.com**
Counseling Center of West Michigan **616.805.3660**
Pine Rest Christian Mental Health..... **866.852.4001**
Corewell Health Psychiatric Clinic – 2750 E. Beltline Ave. NE..... **616.447.5820**
Family Health Care Baldwin..... **231.745.4624**
Family Health Care Cadillac..... **231.775.6521**
Northland Counseling Center Big Rapids..... **231.592.8090**
Catholic Charities of Big Rapids..... **231.796.1583**
Baldwin Child & Adolescent Health Center..... **231.745.3116**
Family Health Care Big Rapids..... **231.527.7150**
Healthy Mind Counseling..... **231.335.1718**
Corewell Health Psychiatric Clinic – 1545 68th St. SE **616.447.5820**
Corewell Health Children's Behavioral Health – 1545 68th St. SE (Youth Behavioral Health Clinic)..... **616.447.5820**
Corewell Health Addiction Clinics (care for patients 13 years & up)..... **616.391.6120** (Press option 1)

Other helpful resources

Mental Health Information and Referrals **211**
Self-Injury Crisis Hotline **800.366.8288**
RAINN National Sexual Assault Hotline..... **800.656.4673**
Domestic Violence Hotline..... **800.799.7233**
Substance Abuse & Mental Health Services Hotline **800.662.4357**
Veteran's Crisis Line..... **988** (Press Option 1) or text **988**
Michigan Warmline (10-2 a.m. everyday)..... **888.733.7753**
National Alliance on Mental Health (NAMI)..... **nami.org**
SMART Recovery Support Group **meetings.smartrecovery.org**