

MFM – Corewell Health West

Antenatal Management of advanced maternal age (AMA)

Purpose: To assist OB providers managing women who are of advanced maternal age with respect to antenatal surveillance and timing of delivery.

Definition: The age threshold for advanced maternal age (AMA) is defined as ≥ 35 years old.

Recommendations:

- AMA at time of delivery should be offered Panorama NIPT if they desire prenatal genetic screening. Positive results should be followed up with diagnostic testing (i.e. CVS, amniocentesis).
- Early anatomy scan at 18-22 weeks
- Antenatal surveillance should include weekly testing at 36 weeks for maternal age 35-39 y.o. and twice weekly NSTs starting at 36 weeks for maternal age ≥ 40 .
- We recommend delivery at 39 weeks

Disclaimer: This information is designed to assist the provider in the clinical management of women who are in the late preterm period and as educational resource. The use of this information is voluntary. This information should not be considered as inclusive of all proper treatments or methods of care or as a statement of the standard of care but instead represent guidelines for management. It is not intended to substitute for the independent professional judgement of treating clinician.

Variations in practice may be warranted when, in the reasonable judgement of the treating clinician, such course of action is indicated by the condition of the patient, limitations of available resources, regional experience or advances in knowledge or technology.

References:

Walker KF, Bugg GJ, Macpherson M et al. Randomized trial of labor induction in women 35 years of age or older. *NEJM* 2016;374:813-22.

Reddy UM, Ko CW, Willinger M. Maternal age and the risk of stillbirth throughout pregnancy in the United States. *AJOG* 2006;195(3):764-70.