

Muskegon County mental health and suicide prevention resources



HealthWest & Children's Mobile Crisis.....	231.722.HELP (4357)
• Services up to age 18.	• Access services by calling HealthWest directly at 231.724.1111 .
• Operates 24/7.	• For further county resources, visit: healthwest.net .

Emergency

****If there is an immediate risk or fear of safety, please go to the nearest emergency department****

Emergency	911
Muskegon County Sheriff's Department	231.724.6351
National Suicide Prevention Lifeline.....	988 or Text "Start" to 988
.....	Española: 988 (Press Option 2)
.....	TTY: Dial 711 then 988
.....	Chat at 988lifeline.org
.....	Native & Strong Lifeline: 988 (Press Option 4)
Corewell Health Grand Rapids Hospitals – Helen DeVos Children's Hospital.....	616.267.1680
Trinity Health Muskegon Hospital Emergency Department.....	231.672.3916
Pine Rest Psychiatric Urgent Care (300 68th St., Grand Rapids, MI)	616.455.9200
Pine Rest Christian Hospital Crisis Line	800.678.5500
Forest View Hospital 24/7 Crisis Services.....	616.942.9610
The Trevor Project Crisis Line for LGBTQ Youth	866.488.7386 or Text "start" to 678.678
Children's Protective Services	855.444.3911
Trans Lifeline.....	877.565.8860

Counseling/Outpatient - Local agencies

Psychology Today – Michigan.....	psychologytoday.com/us/therapists/michigan
BetterHelp – Online counseling service	betterhelp.com
Counseling Center of West Michigan	616.805.3660
Pine Rest Christian Mental Health – Muskegon	231.733.8231
Corewell Health Psychiatric Clinic – 2750 E. Beltline Ave. NE.....	616.447.5820
Arbor Circle.....	231.777.2222
Compassionate Christian Counseling	231.799.8182
Shores Counseling.....	231.739.8800
West Michigan Psychological Services.....	231.237.8898
World Inside Therapy LLC	616.287.0008
Catholic Charities.....	231.726.4735
Emerging Paths.....	231.727.2901
Hackley Community Care	231.737.1335
Harbor Psychological Associates.....	231.875.6700
Muskegon Family Care.....	231.739.9315
Services of Hope	231.722.7980
Services of Hope En Español.....	231.224.6035
Bloom Behavioral Health Partners.....	616.202.2138
Counseling & Consulting	616.847.1530
Face2Face Counseling.....	616.502.9891
Fresh Coast Counseling.....	616.319.4389
Harbour Towne Counseling	231.722.7980
Healthy Mind Counseling	231.335.1718
Hope & Wholeness Psychology Center.....	616.795.0298
The Shoreline Center	616.935.7606
Trinity Health Behavioral Health – Muskegon.....	231.672.4950
Corewell Health Children's Behavioral Health – 1545 68th St. SE (Youth Behavioral Health Clinic).....	616.447.5820
Corewell Health Addiction Clinics (care for patients 13 years & up).....	616.391.6120 (Press option 1)

Other helpful resources

Mental Health Information and Referrals	211
Self-Injury Crisis Hotline	800.366.8288
RAINN National Sexual Assault Hotline.....	800.656.4673
Domestic Violence Hotline.....	800.799.7233
Substance Abuse & Mental Health Services Hotline	800.662.4357
Veteran's Crisis Line	988 (Press Option 1) or text 988
Michigan Warmline (10-2 a.m. everyday).....	888.733.7753
National Alliance on Mental Health (NAMI).....	nami.org
SMART Recovery Support Group	meetings.smartrecovery.org