

## **Chronic Disease**

Catherines Health Center	Improve access and quality of care for low-income diabetic and hypertension clinic patients, including higher-need patients that are unhoused and differently-abled, by systemizing and expanding the care management program across the growing, three-clinic network
Community Food Club	Improve food security for 1,300 households in Kent County that are in poverty and ALICE
Exalta Clinic	Provide screenings, coaching, and chronic disease management services within a Primary Care setting for 80 diabetic patients in a Medically Undeserved Area and Population and Health Professional Shortage Area in Burton Heights, Grand Rapids. In 2022, the clinic served 2,7256 unduplicated patients.
Fit Kits 360	Promote healthy lifestyles and address social determinants through family focused physical activity and education for obese (85% BMI) children ages 5 – 17 in Grand Rapids with expansion to rural north and south Kent County
Urban Core Collective	Educate 60 students and engage 10 youth organizers to lead school food and mental health campaigns while 4 interns support parent advocacy for air quality, transportation, and staffing changes



## **Behavioral/Mental Health**

A Glimpse of Africa	Increases awareness and access to mental health services through resource fairs and
	education, support groups, and navigator support in six different languages for New
	Americans from African countries.
Family Outreach Center	Engage the community and improve access to mental health through community
	education events and in-depth group education sessions for 32 men ages 18-24 with past
	trauma or exposure to violence while supporting their social determinants of health to
	reduce the impact of trauma and barriers to treatment.
Puertas Abiertas	Provides culturally sensitive mental health education and/or therapeutic services to 1,700
	mostly Latina Kent County residents that are domestic abuse and human trafficking
	survivors through workshops, outreach, referral partnerships, individual therapy, support
	groups, and wrap around services.
Realism is Loyalty	Improve mental and behavioral health, family relationships and engagement in unhealthy
	behavior for 17 youth ages 15 - 17 at risk of and victims of violence and their primary
	caregiver through intensive education, mentoring, and therapy sessions.



## **Maternal & Child Health**

Family Promise	Promote healthy child development through access to stable housing, developmental and health screenings, and resources for low or very low-income families with children (mostly single moms with 2 - 3 kids under 6 years of age that are experiencing homelessness.
	Development of a collaboration-driven \$8.2M childcare center in the Rapid Central Station
YMCA of GGR	that will connect low-income families with parents who use public transportation to get to work with reliable and affordable childcare. (Project)

## **Economic Security**

Dwelling Place	Educate, engage, and empower 35 people in or serving targeted areas to increase civically engaged people living in low-income neighborhoods.
HOAP, Inc	Address housing insecurity and transportation barriers for 20 low-income young mothers (18-24) through education, goal setting, mentors support, free transportation and housing cost support.
West Michigan Center for Arts & Technology (WMCAT)	Secure sustainable employment for 60-65 adults that are under- or unemployed through health information, pharm tech, and cybersecurity career training and externship along with resource navigation for majorly female-headed households with at least on dependent.