

Corewell Health William Beaumont University Hospital
Kidney Transplant Program
Criteria for Kidney Transplant Waitlist Candidacy

Kidney transplant candidates must have end-stage renal disease necessitating dialysis, advanced chronic renal disease (creatinine clearance or GFR \leq 20 ml/minute) or meet requirements for a multi-organ transplant that includes a kidney.

Candidates for Kidney transplantation must participate in an evaluation by the multidisciplinary transplant team to obtain a comprehensive medical and psychosocial assessment. Testing to identify conditions that could preclude transplant will be required. If medical or other risks are identified, candidates will be counseled regarding options to address these risks or may be advised that they are not acceptable candidates for kidney transplantation. Exceptions may be made by consensus of the Kidney Transplant Selection Committee.

Kidney transplantation candidates should be between the ages of 18 and 85 years old. Candidates must demonstrate adequate physical and functional capacity.

Candidates with current or prior history of malignancy may be considered for evaluation. A malignancy-free period of follow-up prior to transplant may be recommended by the Kidney Transplant Selection Committee, individualized by malignancy type.

Class IV New York Heart Association congestive heart failure related to cardiomyopathy or ischemic heart disease is considered exclusion criteria for kidney transplantation at this center. Candidates with severe coronary artery disease might not be acceptable candidates for kidney transplantation. The Kidney Transplant Selection Committee will review cardiac evaluation studies and cardiologist interpretations for final determination of cardiac risk and clearance for transplantation. The Kidney Transplant Selection Committee may override the cardiologist's clearance after reviewing the records.

Active tuberculosis, systemic infections, HIV, and certain fungal infections are contraindications to kidney-only transplant surgery. The presence of either Hepatitis B or Hepatitis C is not a contraindication to transplantation.

Active substance use may be exclusion criteria for kidney transplantation at this center.

Candidates for Kidney transplantation must have the ability to be compliant with the medication regimen and frequent office visits necessary for transplant or have an adequate support system to provide the same. Candidates with a history of behavior patterns or psychiatric illnesses that are barriers to compliance might not be considered acceptable candidates for kidney transplant.

Candidates must be able to meet out-of-pocket costs to cover expenses for medications and services. The Kidney Transplant Selection Committee may advise against transplant surgery if a potential candidate is unable to demonstrate the ability to meet anticipated expenses.

Determination for transplant candidacy has been developed within the framework of the hospital's mission for the care of persons without regard to race, color, national origin, age, disability, sex, sexual orientation, gender identity or religion.

Dilip Samarapungavan, MD
Medical Director, Transplant Center

Damanpreet Bedi, MD
Section Head, Transplant Center