

# Berrien County mental health and suicide prevention resources



Community Mental Health & Children's Mobile Crisis ..... **269.934.0747**

- Services up to age 21.
- Operates 9 a.m. to 9 p.m. weekdays, weekends and holidays.
- It's your choice how the team will respond, whether at school, home, physician office or alternate location.
- Access services by calling Community Mental Health directly at **269.925.0585**.

For further county resources, visit: **riverwoodcenter.org**

## Emergency

**\*\*If there is an immediate risk or fear of safety, please go to the nearest emergency department\*\***

Emergency .....	<b>911</b>
Berrien County Sheriff's Office .....	<b>229.686.7071</b>
Berrien County Crisis Negotiation Team.....	<b>269.983.7141</b>
National Suicide Prevention Lifeline.....	<b>988</b> or Text "Start" to <b>988</b>
.....	Española: <b>988</b> (Press Option 2)
.....	TTY: Dial <b>711</b> then <b>988</b>
.....	Chat at <b>988lifeline.org</b>
.....	Native & Strong Lifeline: <b>988</b> (Press Option 4)
Corewell Health Grand Rapids Hospitals – Helen DeVos Children's Hospital .....	<b>616.267.1680</b>
Corewell Health Lakeland Hospitals – Niles Hospital .....	<b>269.683.5510</b>
Corewell Health Watervliet Hospital – 400 Medical Drive .....	<b>269.463.3111</b>
Corewell Health Lakeland Hospitals – St. Joseph Hospital .....	<b>269.983.8300</b>
Pine Rest Psychiatric Urgent Care (300 68th St., Grand Rapids, MI) .....	<b>616.455.9200</b>
Pine Rest Christian Hospital Crisis Line .....	<b>800.678.5500</b>
Forest View Hospital 24/7 Crisis Services.....	<b>616.942.9610</b>
Children's Protective Services .....	<b>855.444.3911</b>
The Trevor Project Crisis Line for LGBTQ Youth .....	<b>866.488.7386</b> or Text "start" to <b>678.678</b>
Trans Lifeline.....	<b>877.565.8860</b>

## Counseling/Outpatient - Local agencies

Psychology Today – Michigan.....	<b>psychologytoday.com/us/therapists/michigan</b>
BetterHelp – Online counseling service .....	<b>betterhelp.com</b>
Corewell Health Psychiatric Clinic – 2750 E. Beltline Ave. NE .....	<b>616.447.5820</b>
Andrews Community Counseling Center – Berrien Springs.....	<b>269.471.6238</b>
Be the Change for You .....	<b>269.332.6152</b>
Bridges of Courage – Benton Harbor .....	<b>269.944.9274</b>
Bright Hope Counseling Center - Saint Joseph.....	<b>269.944.7331</b>
Centered on Wellness – Benton Harbor .....	<b>269.926.6199</b>
Connection Counseling Center, LLC – Stevensville, MI .....	<b>269.921.6953</b>
Freedom Counseling Center – Saint Joseph.....	<b>269.982.7200</b>
Haelan Counseling Services – Niles.....	<b>269.683.8972</b>
Hinman Counseling Services – Berrien Springs .....	<b>269.471.5968</b>
Peace of Mind Counseling – Saint Joseph.....	<b>269.428.4789</b>
Riverwood Center – Benton Harbor .....	<b>269.925.0585</b>
Shepard House Counseling – Saint Joseph .....	<b>269.985.2000</b>
Victory Counseling Services – Benton Harbor .....	<b>269.925.8222</b>
OutCenter of Southwest Michigan.....	<b>269.934.5633</b>
Donarski Center For Mental Health Counseling.....	<b>269.982.3832</b>
Samaritan Counseling Center – Benton Harbor.....	<b>269.926.6199</b>
Well of Grace Ministries – Stevensville .....	<b>269.428.9355</b>
Corewell Health Children's Behavioral Health – 1545 68th St. SE (Youth Behavioral Health Clinic) .....	<b>616.447.5820</b>
Corewell Health Addiction Clinics (care for patients 13 years & up).....	<b>616.391.6120</b> (Press option 1)

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Other helpful resources

Mental Health Information and Referrals .....	211
Self-Injury Crisis Hotline .....	800.366.8288
RAINN National Sexual Assault Hotline .....	800.656.4673
Domestic Violence Hotline.....	800.799.7233
Substance Abuse & Mental Health Services Hotline .....	800.662.4357
Veteran's Crisis Line .....	988 (Press Option 1) or text 988
Michigan Warmline (10-2 a.m. everyday) .....	888.733.7753
National Alliance on Mental Health (NAMI).....	nami.org
SMART Recovery Support Group .....	meetings.smartrecovery.org