

Eaton County mental health and suicide prevention resources



CMH of Clinton, Eaton and Ingham Counties and Children's Mobile Crisis **800.372.8460**

- Services children, youth and adults
- Operates Mon to Fri 8 a.m. to 10 p.m.; Sat and Sun Noon to 8 p.m.

• Access services by calling CMHA-CEI directly at **517.346.8318**

For further county resources, visit: **ceicmh.org**

Emergency

****If there is an immediate risk or fear of safety, please go to the nearest emergency department****

Emergency	911
Eaton County Sheriff's Office	989.772.5911
National Suicide Prevention Lifeline.....	988 or Text "Start" to 988
.....	Española: 988 (Press Option 2)
.....	TTY: Dial 711 then 988
.....	Chat at 988lifeline.org
.....	Native & Strong Lifeline: 988 (Press Option 4)
Corewell Health Grand Rapids Hospitals – Helen DeVos Children's Hospital.....	616.267.1680
Corewell Health Pennock Hospital Emergency.....	269.945.3451
Sparrow Eaton Emergency	517.543.1050
University of Michigan Health – Sparrow Lansing.....	1.800.Sparrow (772.7769)
Children's Hospital of Michigan – Troy Emergency Room.....	248.524.7180
McLaren Grand Ledge – Emergency	517.975.1100
Eaton Rapids Medical Center – Emergency	517.663.9555
Pine Rest Behavioral Health Urgent Care (Mon to Friday, 8 a.m. to 6 p.m.).....	616.455.5000 ext. 2
Pine Rest Pediatric Psychiatric Urgent Care (Mon to Thur, Noon to 6 p.m.).....	616.455.9200
Forest View Hospital 24/7 Crisis Services.....	616.942.9610
Children's Protective Services	855.444.3911
The Trevor Project Crisis Line for LGBTQ Youth	866.488.7386 or Text "start" to 678.678
Trans Lifeline	877.565.8860

Counseling/Outpatient - Local agencies

Psychology Today – Michigan.....	psychologytoday.com/us/therapists/michigan
BetterHelp – Online counseling service	betterhelp.com
Our Mental Health Collective.....	ourmhc.org/all-listings/
LifeStance Health – Online Therapy Services.....	lifestance.com
Beckett Counseling Services – Portland	517.281.9350
Be Well Counseling – Grand Ledge (youth 16+ years; work closely with parents and educators).....	517.526.3787
Clinton St. Counseling – Grand Ledge	517.925.8375
Come As You Are Counseling & Consulting - Lansing	517.201.2731
Community Mental Health – Clinton, Eaton, Ingham	517.346.8318
Corewell Health Children's Behavioral Health – 1545 68th St. SE (Youth Behavioral Health Clinic).....	616.447.5820
Corewell Health Addiction Clinics (care for patients 13 years and up).....	616.391.6120
Heart in Balance Holistic Psychotherapy	616.669.5910
Insight Counseling – Services of Greater Lansing.....	517.338.3090
Pine Rest Christian Mental Health Services – Hastings Clinic.....	616.258.7500
Samaritas Substance Use Disorder Services - Charlotte	888.529.2969

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Other helpful resources

Mental Health Information and Referrals	211
Self-Injury Crisis Hotline.....	800.366.8288
VOICES4 Hotline – Sexual Assault, Domestic Violence, Human Trafficking	855.VOICES4 (864.2374)
.....	Text 866.238.1454
.....	Chat at mcedsv.org/hotline/hotline-chat
RAINN National Sexual Assault Hotline	800.656.4673
Domestic Violence Hotline.....	800.799.7233
Substance Abuse & Mental Health Services Hotline	800.662.4357
Michigan Warmline (10-2 a.m. everyday)	888.733.7753
National Alliance on Mental Health (NAMI).....	nami.org
SMART Recovery Support Group	meetings.smartrecovery.org
Now Matters Now	nowmattersnow.org
Childhelp National Child Abuse Hotline	Call or text 800.422.4453