

Oakland County mental health and suicide prevention resources



Oakland Community Mental Health Network & Youth Mobile Crisis.....**877.800.1650**
 • Services individuals 0-21 years old
 • Operates 24/7
 • Access services by calling Oakland CHN directly at
248.464.6363

For further county resources, visit: oaklandchn.org

Emergency

****If there is an immediate risk or fear of safety, please go to the nearest emergency department****

Emergency.....	911
National Suicide Prevention Lifeline.....	988 or Text “Start” to 988
.....	Española: 988 (Press Option 2)
.....	TTY: Dial 711 then 988
.....	Chat at 988lifeline.org
.....	Native & Strong Lifeline: 988 (Press Option 4)
Children’s Hospital of Michigan – Troy Emergency Room.....	248.524.7180
24-Hour Crisis Care/Mobile Crisis Team – New Oakland Family Centers.....	800.395.3223
Corewell Health Beaumont Troy Hospital Emergency Department.....	248.964.5000
Corewell Health Farmington Hills Hospital Emergency.....	947.521.8566
Corewell Health Farmington Hills Hospital Emergency - 39000 W 7 Mile Rd.....	947.523.4316
Corewell Health William Beaumont University Hospital - Stuart H. Blanck Emergency.....	248.898.7000
Henry Ford Medical Center – Sterling Heights – Emergency.....	586.977.9300
Henry Ford Providence Novi Hospital Emergency.....	248.465.4100
Henry Ford Providence Southfield Hospital – Emergency.....	248.849.3000
Trinity Health Oakland Hospital – Emergency.....	248.758.7000
McLaren Oakland-Oxford Emergency.....	248.628.3000
McLaren Fenton Emergency.....	810.496.2460
McLaren Clarkston Emergency.....	248.922.6880
Children’s Protective Services.....	855.444.3911
The Trevor Project Crisis Line for LGBTQ Youth.....	866.488.7386 or Text “start” to 678.678
Trans Lifeline.....	877.565.8860

Counseling/Outpatient - Local agencies

Psychology Today – Michigan.....	psychologytoday.com/us/therapists/michigan
BetterHelp – Online counseling service.....	betterhelp.com
Our Mental Health Collective.....	ourmhc.org/all-listings/

Auburn Hills

Havenwyck Hospital.....**248.373.9200**

Bloomfield Township

Jewish Family Service of Metro Detroit.....**248.592.2313**

Bloomfield Hills

Oakland Psychological Clinic of Michigan – Bloomfield Hills.....**248.322.0001**

Bingham Farms

Wellspring Lutheran Services.....**248.476.9550**

Clarkston

Clarkson Family Therapists.....**248.922.9077**

Farmington Hills

Wellspring Lutheran Services.....**248.476.9550**

Novi/Northville

Abaris Behavioral Health – Novi.....**248.426.9900**

Blossom Children’s Center – Novi.....**248.277.3005**

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Southfield

Corewell Health Pediatric Behavioral Health – 30503 Greenfield Road.....	248.691.8156
Judson Center Behavioral Health.....	248.549.4339

Troy

Behavioral Medical Center Troy.....	248.528.9000/After Hours 248.764.8440
River’s Bend PC – Troy.....	248.585.3239
Thriveworks.....	855.204.2767

Lake Orion

Oakland Psychological Clinic of Michigan – Lake Orion.....	248.393.5555
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Livonia

Child & Adolescent Psychiatry Wayne Health – Livonia.....	877.929.6342
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Milford

Milford Counseling.....	248.529.6383
Oakland Psychological Clinic of Michigan – Milford.....	248.684.6400

Novi

Northbrook Psychological Clinic.....	248.344.7420
NorthPoint Professional Counseling.....	248.773.8440

Pontiac

Common Ground (24/7).....	800.231.1127
McLaren Oakland Behavioral Health.....	248.338.5588
Oakland Family Services.....	248.858.7766

Rochester/Rochester Hills

Abaris Behavioral Health – Rochester Hills.....	248.650.8383
Brain Balance.....	800.877.5500
New Day Counseling.....	248.649.8050
Rochester Center for Behavioral Medicine.....	248.608.2490
Thriveworks.....	855.204.2767

Royal Oak

Horizon Counseling Services.....	248.479.4935
New Oakland Family Centers.....	800.395.3223
Thriveworks.....	855.204.2767

Troy

A Circle of Hope.....	248.519.1212
New Day Counseling.....	248.649.8050
Perspectives Counseling Centers of Michigan.....	248.688.9021

West Bloomfield

River’s Bend PC – West Bloomfield.....	248.702.6132
Thriveworks.....	855.204.2767

Other helpful resources

Six Feet Over – Suicide Prevention & Support.....	Sixftover.org
Mental Health Information and Referrals.....	211
Self-Injury Crisis Hotline.....	800.366.8288
VOICES4 Hotline – Sexual Assault, Domestic Violence, Human Trafficking.....	855-VOICES4 (864-2374)
.....	Text 866.238.1454
.....	Chat at mcedsv.org/hotline/hotline-chat
RAINN National Sexual Assault Hotline.....	800.656.4673
Domestic Violence Hotline.....	800.799.7233
Substance Abuse & Mental Health Services Hotline.....	800.662.4357
Michigan Warmline (10-2 a.m. everyday).....	888.733.7753
National Alliance on Mental Health (NAMI).....	nami.org
SMART Recovery Support Group.....	meetings.smartrecovery.org
Now Matters Now.....	nowmattersnow.org
Childhelp National Child Abuse Hotline.....	Call or text 800.422.4453