

Checking in with Kids Going Back to School



General questions:

Conversation Starters

How are you feeling about going to school?

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What are you looking forward to doing at school?

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What is something unique about you that you want to share with your class?

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Are there things that worry you or make you unsure about starting school?

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How would you like me to help you prepare for school?



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What would help you feel ready to go back to school?

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Who are you the most excited to see when you go back to school?

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What would you like to get better at this school year?

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If you have a concern or question, what adult at school can you ask for help?

Transition questions for kids starting at a new school:

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How are you feeling about starting at a new school?

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What are ways you can make new friends?



Conversation Starters

What are you the most concerned about starting at the new school?