

Mecosta County mental health and suicide prevention resources



CMH for Central Michigan (CMHCM) & Children's Mobile Crisis.....**989.772.5938** or **800.317.0708**

- Services up to age 18.
- Operates Monday to Friday, 8 a.m. to 10 p.m.
- Access services by calling CMHCM (Mecosta) directly at **231.832.2247**.

For further county resources, visit: **cmhcm.org**

Emergency

****If there is an immediate risk or fear of safety, please go to the nearest emergency department****

Emergency.....	911
Mecosta County Sheriff's Office.....	231.592.1050
National Suicide Prevention Lifeline.....	988 or Text "Start" to 988
.....	Española: 988 (Press Option 2)
.....	TTY: Dial 711 then 988
.....	Chat at 988lifeline.org
.....	Native & Strong Lifeline: 988 (Press Option 4)
Corewell Health Grand Rapids Hospitals – Helen DeVos Children's Hospital.....	616.267.1680
Corewell Health Big Rapids Hospital Emergency.....	231.796.8691
Pine Rest Psychiatric Urgent Care (300 68th St., Grand Rapids, MI).....	616.455.9200
Pine Rest Christian Hospital Crisis Line.....	800.678.5500
Forest View Hospital 24/7 Crisis Services.....	616.942.9610
The Trevor Project Crisis Line for LGBTQ Youth.....	866.488.7386 or Text "start" to 678.678
Trans Lifeline.....	877.565.8860

Counseling/Outpatient - Local agencies

Psychology Today – Michigan.....	psychologytoday.com/us/therapists/michigan
BetterHelp – Online counseling service.....	betterhelp.com
Counseling Center of West Michigan.....	616.805.3660
Pine Rest Christian Mental Health.....	866.852.4001
Corewell Health Psychiatric Clinic – 2750 E. Beltline Ave. NE.....	616.447.5820
Big Rapids Counseling.....	231.580.8482
The Personal Counseling Center at Ferris State.....	231.591.5968
Listening Ear – 24-Hour Crisis Hotline.....	989.772.2918
Human Resource Associates Psychological Services.....	231.796.2522
Northland Counseling Center.....	231.592.8090
Orange Sky Counseling.....	616.987.1191
Resilient Minds Counseling – Marc Geroux.....	231.598.6097
Turning Point Counseling – Tina Monette.....	231.287.2049
CMH Outpatient Counseling.....	231.832.8707
Corewell Health Children's Behavioral Health – 1545 68th St. SE (Youth Behavioral Health Clinic).....	616.447.5820
Corewell Health Addiction Clinics (care for patients 13 years & up).....	616.391.6120 (Press option 1)

Other helpful resources

Mental Health Information and Referrals.....	211
Self-Injury Crisis Hotline.....	800.366.8288
RAINN National Sexual Assault Hotline.....	800.656.4673
Domestic Violence Hotline.....	800.799.7233
Substance Abuse & Mental Health Services Hotline.....	800.662.4357
Veteran's Crisis Line.....	988 (Press Option 1) or text 988
Michigan Warmline (10-2 a.m. everyday).....	888.733.7753
National Alliance on Mental Health (NAMI).....	nami.org
SMART Recovery Support Group.....	meetings.smartrecovery.org