

Corewell Health William Beaumont University Hospital
Kidney Transplant Program
Criteria for Living Kidney Donor Candidacy

Living kidney donor candidates are generally between the ages of 18 and 75 and exhibit good overall physical and mental health. Individuals older than 75 may be considered on a case-by-case basis.

Living kidney donor candidates must undergo evaluations by the multidisciplinary transplant team to obtain a comprehensive medical and psychosocial assessment. If medical, anatomic, psychosocial, or other factors which preclude donation are identified, the individual will be counseled regarding options to address these conditions and may be advised that they are not a candidate for kidney donation.

The living kidney donor candidate must have the mental capacity to make an informed decision about consent for kidney donation. The candidate must demonstrate comprehension of the kidney donation process, including its risks and benefits. The candidate must also understand the risks, benefits, and alternative treatments available to the recipient.

The following criteria typically exclude consideration to be a living kidney donor:

- Less than 18 years of age
- Mentally incapable of making an informed decision
- High suspicion of donor coercion
- High suspicion of illegal financial exchange between donor and recipient
- Uncontrollable hypertension or history of hypertension with evidence of end organ damage
- HIV positive
- Diabetes
- Active malignancy, or incompletely treated malignancy
- Evidence of acute symptomatic infection (until resolved)
- Uncontrolled diagnosable psychiatric conditions requiring treatment before donation, including any evidence of suicidality
- Current or pending incarceration

Other factors that may preclude living kidney donation include:

- Significant pre-existing kidney disease
- Lack of social or financial support that may cause hardship after donation
- Other medical or psychosocial conditions that may interfere with donation or recovery

Determination for living kidney donor candidate eligibility has been developed within the framework of the hospital's mission for the care of persons without regard to race, color, religion, sex, national origin, age, marital status, sexual orientation, gender identity and/or expression.

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