

Muskegon County mental health and suicide prevention resources



HealthWest 24-Hour Warmline.....	231.722.HELP (4357)
Non-English Help Line.....	833.701.0642
• Operates 24/7.	• For further county resources, visit: healthwest.net .

Emergency

****If there is an immediate risk or fear of safety, please go to the nearest emergency department****

Emergency.....	911
Muskegon County Sheriff's Department	231.724.6351
National Suicide Prevention Lifeline.....	988 or Text "Start" to 988
.....	Española: 988 (Press Option 2)
.....	TTY: Dial 711 then 988
.....	Chat at 988lifeline.org
.....	Native & Strong Lifeline: 988 (Press Option 4)
.....	Veteran's Crisis Line: 988 (Press Option 1)
Corewell Health Grand Rapids Hospitals – Helen DeVos Children's Hospital	616.267.1680
Trinity Health Emergency Center – Muskegon Hospital.....	231.672.3916
Pine Rest Behavioral Health Urgent Care (Monday to Friday, 8 a.m. to 6 p.m.)	616.455.9200
Pine Rest Christian Hospital Crisis Line.....	800.678.5500
Forest View Hospital 24/7 Crisis Services.....	616.942.9610
The Trevor Project Crisis Line for LGBTQ Youth	866.488.7386 or Text "start" to 678.678
Trans Lifeline.....	877.565.8860

Counseling/Outpatient - Local agencies

Psychology Today – Michigan.....	psychologytoday.com/us/therapists/michigan
BetterHelp – Online counseling service	betterhelp.com
LifeStance Health – Online Therapy Services.....	lifestance.com
Counseling Center of West Michigan	616.805.3660 ext. 1181
Pine Rest Christian Mental Health	866.852.4001
Pine Rest Christian Mental Health – Muskegon	231.733.8231
Corewell Health Psychiatric Clinic – 2750 E. Beltline Ave. NE.....	616.447.5820
Arbor Circle.....	231.777.2222
Catholic Charities.....	231.726.4735
Emerging Paths.....	231.727.2901
Hackley Community Care	231.737.1335
Harbor Psychological Associates.....	231.726.2299
Muskegon Family Care.....	231.739.9315
Services of Hope	231.722.7980
Services of Hope En Español.....	231.224.6035
Bloom Behavioral Health Partners.....	616.202.2138
Counseling & Consulting	616.847.1530
Face2Face Counseling.....	616.502.9891
Fresh Coast Counseling.....	616.319.4389
Harbour Towne Counseling	231.875.6700
Healthy Mind Counseling.....	231.335.1718
Hope & Wholeness Psychology Center.....	616.295.8284
The Shoreline Center	616.935.7606
Trinity Health Behavioral Health – Muskegon	231.672.4950

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Unity Counseling	616.439.1866
Corewell Health Children's Behavioral Health – 1545 68th St. SE (Youth Behavioral Health Clinic).....	616.447.5820
Corewell Health Addiction Clinics	616.391.6120 (Press option 1)
Corewell Health Trauma Recovery Center (For survivors of violence)	616.391.3398

Other helpful resources

Mental Health Information and Referrals.....	211
Self-Injury Crisis Hotline.....	800.366.8288
VOICES4 Hotline – Sexual Assault, Domestic Violence, Human Trafficking	855.VOICES4 (864.2374)
.....	Text 866.238.1454
.....	Chat at mcedsv.org/hotline/hotline-chat
RAINN National Sexual Assault Hotline	800.656.4673
Domestic Violence Hotline.....	800.799.7233
Substance Abuse & Mental Health Services Hotline	800.662.4357
Michigan Warmline (10 a.m. to 2 a.m. everyday).....	888.733.7753
National Alliance on Mental Health (NAMI).....	nami.org
SMART Recovery Support Group	meetings.smartrecovery.org
Now Matters Now	nowmattersnow.org
Childhelp National Child Abuse Hotline	Call or text 800.422.4453