

Cass County mental health and suicide prevention resources



Community Mental Health-Woodland Behavior Healthcare Network & Mobile Crisis**269.445.2451**

- Services all ages: Minors through adults.
- Will respond to any crisis regardless of insurance.
- Outpatient therapy is available for severe & persistent mental health concerns and developmental disability. They do not have certification to treat mild to moderate mental health concerns and will provide resources for follow up.

For further county resources, visit: **woodlandsbhn.org**

Emergency

****If there is an immediate risk or fear of safety, please go to the nearest emergency department****

Emergency	911
Cass County Sheriff.....	269.445.8644
Cassopolis Police Department.....	269.445.8100
National Suicide Prevention Lifeline.....	988 or Text "Start" to 988
.....	Española: 988 (Press Option 2)
.....	TTY: Dial 711 then 988
.....	Chat at 988lifeline.org
.....	Native & Strong Lifeline: 988 (Press Option 4)
Cass County Crisis Text Line.....	741741
Corewell Health Grand Rapids Hospitals Emergency – Helen DeVos Children's.....	616.267.1680
Corewell Health Lakeland Hospitals – Niles Hospital.....	269.683.5510
Corewell Health Watervliet Hospital – 400 Medical Drive	269.463.3111
Corewell Health Lakeland Hospitals – St. Joseph Hospital.....	269.983.8300
Ascension Borgess Hospital – 1521 Gull Road. Kalamazoo, MI	269.226.7000
Ascension Borgess Lee Hospital – 420 W. High St. Dowagiac, MI.....	269.782.8681
St. Joseph Regional Medical Center – 5215 Holy Cross Parkway, Mishawaka, IN.....	574.335.5000
Bronson Methodist Hospital – 601 John St. Kalamazoo, MI	269.341.7654
Three Rivers Hospital – 701 S. Health Parkway Three Rivers, MI.....	269.278.1145
Pine Rest Psychiatric Urgent Care – 300 68th St., Grand Rapids, MI.....	616.455.9200
Pine Rest Christian Hospital Crisis Line	800.678.5500
Forest View Hospital 24/7 Crisis Services.....	616.942.9610
Children's Protective Services	855.444.3911
The Trevor Project Crisis Line for LGBTQ Youth	866.488.7386 or Text "start" to 678.678
Trans Lifeline.....	877.565.8860

Counseling/Outpatient - Local agencies

Psychology Today – Michigan.....	psychologytoday.com/us/therapists/michigan
BetterHelp – Online counseling service	betterhelp.com
Corewell Health Psychiatric Clinic – 2750 E. Beltline Ave. NE	616.447.5820
Pine Rest Christian Mental Health	866.852.4001
Woodlands Behavior Healthcare Network.....	269.445.2451
Behavioral Analysis Center for Autism -Elkhart, IN.....	574.343.2001
Shepard House Counseling – Cassopolis, MI.....	269.445.0999
Haelan Counseling Services – Niles, MI.....	269.683.8972
M. Longley Counseling & Consulting – Niles, MI	269.687.5050
Mid West Recovery and Mental Health -Niles, MI.....	269.262.1815
WMed Psychiatry – Kalamazoo, MI	269.337.6373
New Oakland Family Center – Portage, MI	800.395.3223
Corewell Health Children's Behavioral Health – 1545 68th St. SE (Youth Behavioral Health Clinic)	616.447.5820
Corewell Health Addiction Clinics (care for patients 13 years & up).....	616.391.6120 (Press option 1)

Other helpful resources

Mental Health Information and Referrals	211
Self-Injury Crisis Hotline	800.366.8288
RAINN National Sexual Assault Hotline.....	800.656.4673
Domestic Violence Hotline.....	800.799.7233
Substance Abuse & Mental Health Services Hotline	800.662.4357
Veteran's Crisis Line.....	988 (Press Option 1) or text 988
Michigan Warmline (10-2 a.m. everyday).....	888.733.7753
National Alliance on Mental Health (NAMI).....	nami.org
SMART Recovery Support Group	meetings.smartrecovery.org