

Washtenaw County mental health and suicide prevention resources



Washtenaw County Community Mental Health & Mobile Crisis Unit **800.440.7548**

- Services all ages
- Operates 24/7
- Access services by calling Washtenaw County CMH directly at **734.544.3050**

For further county resources, visit: **washtenaw.org/839/Community-Mental-Health**

Emergency

****If there is an immediate risk or fear of safety, please go to the nearest emergency department****

Emergency	911
National Suicide Prevention Lifeline.....	988 or Text “Start” to 988
.....	Española: 988 (Press Option 2)
.....	TTY: Dial 711 then 988
.....	Chat at 988lifeline.org
.....	Native & Strong Lifeline: 988 (Press Option 4)
Children’s Hospital of Michigan - Emergency.....	313.745.KIDS (5437)
24-Hour Crisis Care/Mobile Crisis Team – New Oakland Family Centers.....	800.395.3223
U-M University Hospital Emergency.....	734.936.6666
Trinity Health Ann Arbor Hospital Emergency	734.712.3456
U-M Chelsea Hospital Emergency	734.593.6000
Corewell Health Wayne Hospital Emergency - 7300 N. Canton Center Road	734.454.8001
Children’s Protective Services	855.444.3911
The Trevor Project Crisis Line for LGBTQ Youth	866.488.7386 or Text “start” to 678.678
Trans Lifeline.....	877.565.8860

Counseling/Outpatient - Local agencies

Psychology Today – Michigan.....	psychologytoday.com/us/therapists/michigan
BetterHelp – Online counseling service	betterhelp.com
Our Mental Health Collective.....	ourmhc.org/all-listings/
Alessi Psychiatry & Life Center	734.222.6222
Ann Arbor Center for the Family	734.995.5181
Ann Arbor Counseling Associates.....	734.956.0051
Center for Family Psychiatry	734.944.8300
CNLD Neuropsychology	734.994.9466
Corewell Health Pediatric Behavioral Health – 30503 Greenfield Road	248.691.8156
Ele’s Place – Ann Arbor	734.929.6640
Family Assessment Clinic.....	734.585.5087
Hive Collective Wellness.....	734.802.1128
Huron River Psychiatry.....	734.780.7080
Judson Center – Ann Arbor	734.794.2930
Metropolitan Behavioral Health Hospital	313.631.4872
Ozone House.....	734.485.2222 or Crisis Line: 734.662.2222
Reach Us Detroit.....	313.488.HOPE (4673)
River’s Bend PC – Troy	248.585.3239
River’s Bend PC – West Bloomfield	248.702.6132
Still Waters Counseling	734.944.3446
Thriving Minds.....	734.433.5100
Trinity Health IHA Medical Group Psychiatry & Counseling – Ann Arbor.....	734.786.2300
U-M Child & Adolescent Psychiatry	734.764.0231
U-M University Center of the Child & Family.....	734.615.7853
WestArbor Psychological Services.....	734.426.0032

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Other helpful resources

Mental Health Information and Referrals	211
Self-Injury Crisis Hotline.....	800.366.8288
VOICES4 Hotline – Sexual Assault, Domestic Violence, Human Trafficking	855.VOICES4 (864.2374)
.....	Text 866.238.1454
.....	Chat at mcedsv.org/hotline/hotline-chat
RAINN National Sexual Assault Hotline	800.656.4673
Domestic Violence Hotline.....	800.799.7233
Substance Abuse & Mental Health Services Hotline	800.662.4357
Michigan Warmline (10 a.m to 2 a.m. everyday)	888.733.7753
National Alliance on Mental Health (NAMI).....	nami.org
SMART Recovery Support Group	meetings.smartrecovery.org
Now Matters Now	nowmattersnow.org
Childhelp National Child Abuse Hotline	Call or text 800.422.4453