

Allegan County mental health and suicide prevention resources



OnPoint (Allegan County CMH) & Children's Mobile Crisis **800.795.6617**

- Services all ages.
- Available 24 hours a day, seven days a week.
- Access services by calling (Allegan County CMH) directly at **269.673.6617**.

For further county resources, visit: **onpointallegan.org**

Emergency

****If there is an immediate risk or fear of safety, please go to the nearest emergency department****

Emergency	911
Allegan County Sheriff's Office.....	269.673.0500
National Suicide Prevention Lifeline.....	988 or Text "Start" to 988
.....	Española: 988 (Press Option 2)
.....	TTY: Dial 711 then 988
.....	Chat at 988lifeline.org
.....	Native & Strong Lifeline: 988 (Press Option 4)
Corewell Health Grand Rapids Hospitals – Helen DeVos Children's Hospital	616.267.1680
Ascension Borgess Allegan Hospital	269.673.8424
Ascension Borgess – Pipp Hospital.....	269.685.0700
Holland Hospital.....	616.392.5141
Allegan General Hospital – Ascension Michigan.....	269.673.8424
Corewell Health Zeeland Hospital.....	616.772.4644
Corewell Health Pennock Hospital.....	269.945.3451
Pine Rest Psychiatric Urgent Care (300 68th St., Grand Rapids, MI)	616.455.9200
Pine Rest Christian Hospital Crisis Line.....	800.678.5500
Forest View Hospital 24/7 Crisis Services.....	616.942.9610
Children's Protective Services	855.444.3911
The Trevor Project Crisis Line for LGBTQ Youth	866.488.7386 or Text "start" to 678.678
Trans Lifeline.....	877.565.8860

Counseling/Outpatient - Local agencies

Psychology Today – Michigan.....	psychologytoday.com/us/therapists/michigan
BetterHelp – Online counseling service	betterhelp.com
Counseling Center of West Michigan	616.805.3660
Hope Way Counseling.....	231.942.8455
Solutions Counseling Services.....	269.655.5871
Pine Rest Christian Mental Health	866.852.4001
Corewell Health Psychiatric Clinic – 2750 E. Beltline Ave. NE	616.447.5820
Plainwell Counseling Center	269.685.9401
Desert Streams Christian Counseling	269.345.0909
Corewell Health Children's Behavioral Health – 1545 68th St. SE (Youth Behavioral Health Clinic)	616.447.5820
Corewell Health Addiction Clinics (care for patients 13 years & up).....	616.391.6120 (Press option 1)

Other helpful resources

Mental Health Information and Referrals	211
Self-Injury Crisis Hotline	800.366.8288
RAINN National Sexual Assault Hotline.....	800.656.4673
Domestic Violence Hotline.....	800.799.7233
Substance Abuse & Mental Health Services Hotline	800.662.4357
Veteran's Crisis Line.....	988 (Press Option 1) or text 988
Michigan Warmline (10-2 a.m. everyday).....	888.733.7753
National Alliance on Mental Health (NAMI).....	nami.org
SMART Recovery Support Group	meetings.smartrecovery.org