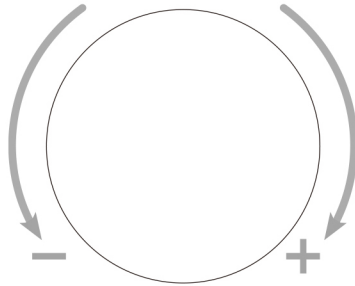


Height



 No Pacemaker

InBody Test

⚠ Place the InBodyDial on flat, and hard surface (avoid carpet)

① **Power On** : Press the Dial Button.

② **Input Height** : Rotate the Dial Button according to your height.

③ **Posture** : Step on the InBodyDial with barefoot. Position your arms & fingers as shown below. Pose position as shown on the right.



Straighten arms.



Place thumbs on electrodes.




④ **Results** : Rotate the Dial Button to view your results.

Results Interpretation

Body Fat Percentage Standard Range (Adults 18 and over)

Male: 10~20% Female: 18~28%

 Download “BodyKey” App from Google Play Store or Apple App Store to sync InBodyDial’s result to your phone.
Scan QR code to find out more on Coach Function.

