

More About Your Harvest MicroGreens Kit

With the AeroGarden MicroGreens Kit, you can use your AeroGarden to grow MicroGreens or Sprouts perfectly. Using your AeroGarden's auto-watering and grow lights, you create the perfect, easy to grow environment for these tasty and healthy superfoods.

What are MicroGreens and Sprouts?

They are nutrient and flavor packed seedlings of edible veggies, legumes and herbs, packed with nutrition and delicious "wow" flavor.

HELPFUL TIPS

Keep Lights at highest level above your plants and add water if and when needed.

AeroFelt Media is biodegradable. It can be composted.

Clean MicroGreens Trays before reusing. They can be washed in soapy water or put on top rack of the dishwasher.

You can plant both trays now with same or different seeds, or plant one now and one in 3-4 days, so you always have fresh MicroGreens available.

Completely empty and change water at least weekly, twice is better. If you are changing your water once a week, you will not go dry with normal use. Sometimes, your 'water level' alert may activate during the flood cycle. This is normal. Do not add water during the flood cycle.

Nutrients are optional, and are often not added when seed sprouting. However, if you want, you may add 4mL of your regular AeroGarden Liquid Plant Food. Greens may come up looking healthier and with higher vitamin content when using nutrients. If you add them, do so at every water change. And whether you add nutrients or not, you may ignore your AeroGarden's "Add Plant Food" alert.



AeroGarden Not Included

What's Inside



Domes (2)



AeroFelt Media (4 pc set)



MicroGreens Trays (2)



Irrigation Deck



SuperFood MicroGreens Mix

AeroGrow has a searchable online resource section.

For more detailed information about growing in your AeroGarden, please visit: <https://www.aerogarden.com/product-guides>
1-800-476-9669 USA | 1-800-611-9058 - CANADA

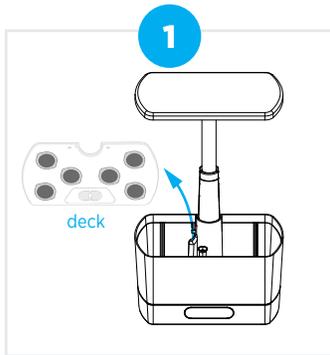
www.aerogarden.com/contact-support

facebook

We also have an active Facebook Community that loves to answer questions at [facebook.com/aerogarden](https://www.facebook.com/aerogarden). "Like" us for special offers and community fun!

AeroGrow International, Inc., P.O. Box 18450, Boulder, CO 80308-1450

Easy Planting Steps:

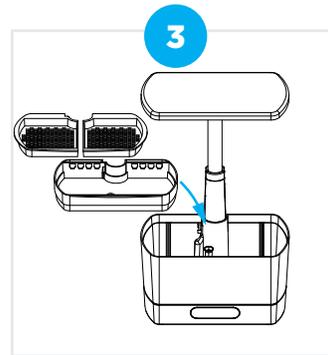


Remove and save your AeroGarden's Grow Deck.

TIP Save it for future use. Your AeroGarden will need it.



Add Water to your AeroGarden Bowl up to the Fill line.



Insert Irrigation Deck into AeroGarden Bowl. Set MicroGreens Trays on the Irrigation Deck.

TIP Make sure Irrigation Deck is seated firmly over your pump nozzle.



Place AeroFelt Media inside MicroGreens Trays. Evenly distribute seeds across felt, using amounts suggested on your MicroGreens Pouch. For many Sprouts, this will be 2 tsp. per Tray side. More is not better!

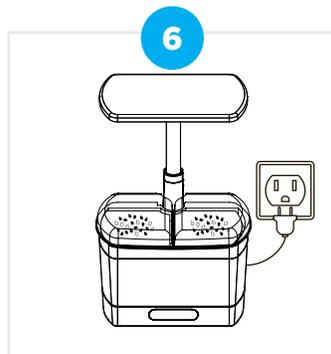
TIP If you wet your AeroFelt mats before placing, your seeds will stick to them more easily.



Cover MicroGreens Trays with Domes.

TIP Remove the domes when the sprouts get long enough to touch them.

TIP Raise lights to their highest level for some extra "stretch" on your greens.



Plug in your AeroGarden. Watch your MicroGreens Grow!

TIP If using AeroGarden Harvest, you're done. If using AeroGarden Harvest Elite, select 'Flowers' as your plant type (to get optimal Light ON Cycle) from your AeroGarden's Control Panel.

TIP Start snipping MicroGreens for snacks, sandwiches, salads, smoothies and more, after 5-7 days.

TIP More MicroGreens Kits available on AeroGarden.com:

Spicy MicroGreens Mix:

Daikon Radish, Purple Stem Radish, Arugula, Cabbage, Green Mustard, Red Mustard

Winter Wheatgrass Seeds:

Wheatgrass

SuperFood MicroGreens Mix:

Broccoli, Purple Kohlrabi, Arugula, Cabbage, Red Cabbage, Kale

