

Speedway Nutrition and Ingredients

Hot Specialties (Coffee)



Hot Specialties		Calories	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrate (g)	Dietary Fiber (g)	Sugars (g)	Added Sugars (g)	Protein (g)	Vitamin D %	Calcium %	Iron %	Potassium %
Caramel Macchiato	12 oz	190	3	2.5	0	2	260	40		31	2	0	4	4	0	
	16 oz	250	4	3.5	0	3	340	53		41	2	0	6	4	0	
	20 oz	320	5	4	0	4	430	67		51	2	0	8	4	0	
	24 oz	380	6	5	0	5	510	80	1	61	3	0	10	6	0	
Mocha Cappuccino	12 oz	200	4.5	4	0		310	38		28	2	0	4	4	0	
	16 oz	270	6	5	0		410	51		37	2	0	4	6	0	
	20 oz	330	7	7	0		520	64		47	2	0	6	8	0	
	24 oz	400	9	8	0		620	77	1	56	3	0	6	10	0	
English Toffee Cappuccino	12 oz	200	5	4.5	0		290	38		29	1	0	4	4	0	
	16 oz	270	7	6	0		380	51		38	1	0	4	4	0	
	20 oz	330	8	7	0		480	64		47	2	0	6	4	0	
	24 oz	400	10	9	0		570	77	1	57	2	0	6	6	0	
Skinny French Vanilla Cappuccino	12 oz	150	0.5	0	0		230	35		25	1	0	4	4	0	
	16 oz	200	0.5	0	0		300	47		33	1	0	6	4	0	
	20 oz	250	1	0	0		380	59		41	2	0	6	4	0	
	24 oz	300	1	0	0		450	71	1	49	2	0	8	6	0	
French Vanilla Cappuccino	12 oz	200	3.5	3	0		270	39		30	2	0	6	4	0	
	16 oz	260	5	4	0		350	52		40	2	0	8	4	0	
	20 oz	330	6	5	0		440	65		50	3	0	10	6	0	
	24 oz	390	7	6	0		530	78		60	3	0	10	6	0	
Hazelnut Cappuccino	12 oz	200	6	5	0		300	38		28	2	0	4	4	0	
	16 oz	270	8	7	0		390	50		37	2	0	4	4	0	
	20 oz	340	10	8	0		490	62		47	2	0	6	4	0	
	24 oz	410	12	10	0		590	75	1	56	3	0	6	6	0	
Hot Chocolate	12 oz	150	1	0	0		290	37	1	34	1	0	10	8	0	
	16 oz	200	1.5	0	0		380	49	2	45	2	0	15	10	0	
	20 oz	250	1.5	0	0		480	61	2	56	2	0	20	10	0	
	24 oz	300	2	0	0		570	73	3	67	3	0	25	15	0	

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice. Additional information available upon request. Item or flavor selection may vary by store.

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Pumpkin Spice Cappuccino	12 oz	200	5	4.5	0		300	38		28		1	0	4	4	0
	16 oz	270	7	6	0		390	51		37		1	0	4	4	0
	20 oz	330	8	7	0		490	64		47		2	0	6	4	0
	24 oz	400	10	9	0		590	77	1	56		2	0	6	6	0
White Chocolate Caramel Cappuccino	12 oz	200	4	3	0	2	260	39		30		2	0	4	4	0
	16 oz	260	5	4	0	3	350	52		40		3	0	6	4	0
	20 oz	320	7	5	0	4	430	65		50		3	0	8	4	0
	24 oz	390	8	6	0	5	520	78	1	60		4	0	10	6	0
Beverages - Coffee																
Decaf Coffee	12 oz	0	0	0	0		5	0				0	0	0	0	4
	16 oz	0	0	0	0		10	0				0	0	0	2	5
	20 oz	0	0	0	0		10	0				1	0	0	2	7
	24 oz	0	0	0	0		15	0				1	0	2	2	8
Regular Coffee	12 oz	0	0	0	0		5	0				0	0	0	0	4
	16 oz	0	0	0	0		10	0				1	0	0	0	5
	20 oz	5	0	0	0		10	0				1	0	0	0	6
	24 oz	5	0	0	0		15	0				1	0	2	0	7
Coffee Extras																
Whipped Cream Topping		10	1	0	0		0	1				0	0	0	0	0
Whipped Cream with Caramel Drizzle		40	1	0.5	0		15	7		7		1	0	0	0	0
Whipped Cream with Chocolate Drizzle		40	1	0.5	0		0	7		7		0	0	0	6	0

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Caramel Macchiato	Water, Sugar, Sweet Dairy Whey, Creamer (Partially Hydrogenated Coconut and Soybean Oils, Corn Syrup Solids, Sodium Caseinate [A Milk Derivative], Sugar, Dipotassium Phosphate, Mono- and Diglycerides, Silicon Dioxide, Sodium Stearoyl Lactylate, Soy Lecithin, Artificial Flavor, Annatto and Turmeric), Maltodextrin, Corn Syrup Solids, Instant Coffee, Natural and Artificial Flavor, Sodium Aluminosilicate (To Prevent Caking), Cocoa (Processed With Alkali), Salt, Cellulose Gum, Sodium Citrate, Artificial Flavor. CONTAINS: Milk, Soy, Tree Nuts
Mocha Cappuccino	Water, Sugar, Creamer (Partially Hydrogenated Coconut and Soybean Oils, Corn Syrup Solids, Sodium Caseinate [A Milk Derivative], Sugar, Dipotassium Phosphate, Mono- and Diglycerides, Silicon Dioxide, Sodium Stearoyl Lactylate, Soy Lecithin, Artificial Flavor, Annatto and Turmeric), Sweet Dairy Whey, Corn Syrup Solids, Maltodextrin, Instant Coffee, Natural and Artificial Flavor, Cocoa (Processed With Alkali), Sodium Aluminosilicate (To Prevent Caking), Cellulose Gum, Salt, Caffeine. CONTAINS: Milk, Soy
English Toffee Cappuccino	Water, Sugar, Creamer (Partially Hydrogenated Coconut and Soybean Oils, Corn Syrup Solids, Sodium Caseinate [A Milk Derivative], Sugar, Dipotassium Phosphate, Mono- and Diglycerides, Silicon Dioxide, Sodium Stearoyl Lactylate, Soy Lecithin, Artificial Flavor, Annatto and Turmeric), Sweet Dairy Whey, Corn Syrup Solids, Maltodextrin, Instant Coffee, Natural and Artificial Flavor, Sodium Aluminosilicate (To Prevent Caking), Salt, Cellulose Gum, Cocoa (Processed With Alkali). CONTAINS: Milk, Soy, Tree Nuts
Skinny French Vanilla Cappuccino	Water, Sugar, Corn Syrup Solids, Creamer (Corn Syrup Solids, Partially Hydrogenated Soybean and Canola Oils, Dipotassium Phosphate, Whey Protein Concentrate, Sodium Caseinate (A Milk Derivative), Maltodextrin, Colored With (Annatto, Turmeric), Sugar, Silicon Dioxide, Sodium Silicoaluminate, Mono- and Diglycerides, Artificial Flavors, Carrageenan, Soy Lecithin), Sweet Dairy Whey, Maltodextrin, Instant Coffee, Natural and Artificial Flavor, Sodium Aluminosilicate (To Prevent Caking), Cocoa (Processed With Alkali), Cellulose Gum, Salt. CONTAINS: Milk, Soy, Tree Nuts
French Vanilla Cappuccino	Water, Sugar, Creamer (Partially Hydrogenated Coconut, Soybean, and Canola Oils, Corn Syrup Solids, Sodium Caseinate [A Milk Derivative], Sugar, Whey, Maltodextrin, Dipotassium Phosphate, Mono- and Diglycerides, Sodium Silicoaluminate, Sodium Stearoyl Lactylate, Soy Lecithin, Artificial Flavor, Annatto and Turmeric), Sweet Dairy Whey, Corn Syrup Solids, Maltodextrin, Instant Coffee, Natural and Artificial Flavor, Nonfat Dry Milk, Sodium Aluminosilicate (To Prevent Caking), Cellulose Gum, Cocoa (Processed With Alkali), Salt. CONTAINS: Milk, Soy, Tree Nuts
Hazelnut Cappuccino	Water, Sugar, Creamer (Partially Hydrogenated Coconut, Soybean, and Canola Oils, Corn Syrup Solids, Sodium Caseinate [A Milk Derivative], Sugar, Whey, Maltodextrin, Dipotassium Phosphate, Mono- and Diglycerides, Sodium Silicoaluminate, Sodium Stearoyl Lactylate, Soy Lecithin, Artificial Flavor, Annatto and Turmeric), Whey, Corn Syrup Solids, Maltodextrin, Instant Coffee, Sodium Aluminosilicate (To Prevent Caking), Salt, Cellulose Gum, Artificial Flavor, Cocoa (Processed With Alkali). CONTAINS: Milk, Soy, Tree Nuts
Hot Chocolate	Water, Sugar, Sweet Dairy Whey, Cocoa (Processed With Alkali), Creamer (Whey, Partially Hydrogenated Canola Oil, Maltodextrin, Sugar, Sodium Caseinate (A Milk Derivative), Mono & Diglycerides, Dipotassium Phosphate, Sodium Silicoaluminate, Artificial Flavor, Artificial Color, Soy Lecithin), Cocoa Powder, Salt, Corn Syrup Solids, Cellulose Gum, Sodium Aluminosilicate (To Prevent Caking), Tricalcium Phosphate, Artificial Color, Artificial Flavor. CONTAINS: Milk, Soy
Pumpkin Spice Cappuccino	Water, Sugar, Creamer (Partially Hydrogenated Coconut, Soybean, and Canola Oils, Corn Syrup Solids, Sodium Caseinate [A Milk Derivative], Sugar, Whey, Maltodextrin, Dipotassium Phosphate, Mono- and Diglycerides, Sodium Silicoaluminate, Sodium Stearoyl Lactylate, Soy Lecithin, Artificial Flavor, Annatto and Turmeric), Sweet Dairy Whey, Maltodextrin, Corn Syrup Solids, Instant Coffee, Natural Flavor, Sodium Aluminosilicate (To Prevent Caking), Salt, Cellulose Gum, Cocoa (Processed With Alkali). CONTAINS: Milk, Soy
White Chocolate Caramel Cappuccino	Water, Sugar, Creamer (Partially Hydrogenated Coconut, Soybean, and Canola Oils, Corn Syrup Solids, Sodium Caseinate [A Milk Derivative], Sugar, Whey, Maltodextrin, Dipotassium Phosphate, Mono- and Diglycerides, Sodium Silicoaluminate, Sodium Stearoyl Lactylate, Soy Lecithin, Artificial Flavor, Annatto and Turmeric), Sweet Dairy Whey, Corn Syrup Solids, Maltodextrin, Instant Coffee, Natural and Artificial Flavor, Nonfat Dry Milk, Sodium Aluminosilicate (To Prevent Caking), Cocoa (Processed With Alkali), Cellulose Gum, Salt. CONTAINS: Milk, Soy
Decaf Coffee	
Regular Coffee	
Whipped Cream Topping	CONTAINS: Milk
Whipped Cream with Caramel Drizzle	CONTAINS: Milk
Whipped Cream with Chocolate Drizzle	CONTAINS: Milk