



Medical Cannabis Therapy

FOR PATIENTS & CAREGIVERS

curaleaf

MEDICAL CANNABIS DISPENSARY FACILITY AND WELLNESS CENTER

Table of Contents

What You Need To Know	5-6
Payment	6
Regulations	6
How to Purchase	6
What is Medical Cannabis	7
Access to the Facility	7
Storage and Handling	7
Our Products	8-10
Producers	8
Dosage Forms and Strains	8
Delivery Methods	10
Finding the Right Strain	10
Substance Abuse	11
Addiction	11
Did you Know?	11
Resources	11



Welcome to Curaleaf

Welcome to Curaleaf, Maine's medical cannabis dispensary facility devoted to compassionate patient care, treatment, research and education and helping patients to use cannabis with confidence and understanding.

You can feel assured that you have chosen the right partner to guide you as you integrate medical cannabis into your overall health and wellness therapy. This guide is here to help you understand how to make the most of your decision to integrate medical cannabis into your healthcare plan.

We are here to help create clarity around medical cannabis and if you have any questions, we urge you to ask our dispensary pharmacists.



What you
need to
know

Initial & Follow-up Visits

The first step is the initial consultation, where we get to know you and your goals for treatment. We will guide you through a self-assessment and help you develop an individualized treatment plan. We will create a schedule for follow-up visits so we can track your progress together and make necessary adjustments to your treatment plan if needed.

Understanding Treatment Goals

Patient well being is our number one priority, and we will take the time to understand your treatment goals. We will ask about your medical history, current medication therapies, and the reasons why you have chosen medical cannabis. We seek to understand how you are managing your symptoms today, and how you expect to integrate medical cannabis.

Partnership and Self-Assessment

Self assessments are critical to understanding which product type, strain and dosage forms will work best for you. Monitoring symptom relief will help us to provide as much consistency in care as possible. Communication with your physician and Curaleaf cannabis consultant on the affects medical cannabis is having on you can help achieve the results you are seeking. Finding the right strains, dosage and forms is an iterative process. Open dialogue and partnerships are essential components of your treatment plan.

Accepted Forms of Payment

Cash, Debit Card*, CanPay (at select locations)

*Debit card users must have a 4 digit pin (fees may apply)

Medical Cannabis Use Regulations

Your Maine Medical Cannabis Card does not permit the use of medical cannabis:

- In a motor bus, school bus or any other moving vehicle
- In a workplace
- In public places such as amusement parks, ski resorts, sporting and music venues, campsites, playgrounds, or bars and restaurants.

Cannabis is legal under State of Maine law. Federally, it is not legal. If you're on federal property, such as a national park or a border crossing, you can't even have it in your possession. Where can you use cannabis? Cannabis use is legal within the confines of private property, however property owners, landlords, and rental companies can ban the use and possession of cannabis on their premises.

How to Purchase Product



Online Ordering System-quick & easy

me.curaleaf.com



Call in by phone:

Auburn (207) 312-5798

Bangor (207) 922-3995

Ellsworth (207) 667-0510

Wells (207) 360-3310



Schedule or walk-in

to consult/order with a Curaleaf cannabis consultant

Access to the Facility

- Only patients holding a valid medical cannabis certification or caregivers can enter the dispensary facility.
- You must present 2 forms of ID to enter the facility:
 - State issued photo ID
 - MEMCP Card
- Children under 18 are not allowed in the facility at any time unless a MEMCP patient.
- No appointment is necessary, however they are recommended for Curaleaf cannabis consultations.

Storage and Handling

- Store medical cannabis in a secure location to prevent theft, loss or access by unauthorized persons.
- Carry your registration certificate with you whenever you are in possession of your medical cannabis.

It is recommended that your medical cannabis be stored solely in the original containers with the affixed producer label and dispensing label.

Our Products

We offer a broad selection of medical cannabis products to meet the needs of each individual patient.

Producers

All medical cannabis products are produced by Curaleaf in Maine or by one of our local craft cannabis partners. We are held to strict guidelines and our products are clearly labeled and pre-packaged. Products labeled with cannabinoid content have been lab tested.

Dosage Forms and Strains

There are many different forms of medical cannabis and as always, our experienced associates will help you find the right form and treatment options for you. Our goal is to always carry the broadest selection in the state at the most affordable prices.

We carry products including but not limited to;

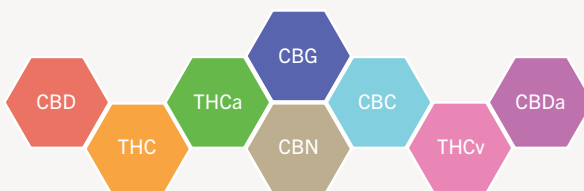
flower, edibles, tablets, capsules, sprays, topicals, tinctures, vape oils and concentrates.





Finding the Right Strain

Our Curaleaf cannabis consultants will help you understand the compounds found in cannabis called cannabinoids and terpenes that affect the body to help find the right medicine. Through self-assessments and follow-up consultations we will work together to choose the right products to meet your treatment goals.



Delivery Methods

Scientific advances in extracting cannabinoids from cannabis have provided patients with a wide range of delivery methods. Smoking cannabis is a well-known method of administration, but there are numerous alternative ways to gain the benefits of medical cannabis. The method used can depend on personal choice, medical condition being treated, age of patients or tolerances. Our experienced associates will help you understand the different methods of administration and help you find the method that works best for you.

Inhalation:

Types of products: Flower, oils, waxes, concentrates
Expected onset: 0 to 10 minutes
Duration: 1-4 hours

Ingestion:

Types of products: Edibles, capsules, concentrated oil
Expected onset: 30 to 120 minutes
Duration: up to 8 hours

Buccal and/or Sublingual:

Types of products: Tinctures, sublinguals, oral syringes
Expected onset: 0 to 60 minutes
Duration: 1 to 8 hours

Topical:

Product types: Lotions, salves, oils
Expected onset: 0 to 30 minutes
Duration: 1 to 4 hours

Signs of Substance Abuse

Did you know?

Regular use of medical cannabis can create a physical tolerance, which means more of the medicine is needed to feel the same effects. If a person is dependent and suddenly stops using it, they can experience withdrawal symptoms. Cannabis withdrawal symptoms may include:

- Irritability, anxiety and nervousness
- Anger and aggression
- Loss of appetite
- Excessive sweating (particularly at night)
- Disturbed and restless sleep

If you, or someone you know who uses medical cannabis is experiencing any of these symptoms please refer to resources and services offering treatment.

Resources:

Addiction Treatment Helpline

SAMHSA's National Helpline – 1-800-662-HELP (4357)

State of Maine Department of Health and Human Services, Office of Behavioral Health

<https://www.maine.gov/dhhs/obh>

National Substance Abuse

<https://www.samhsa.gov/find-help/national-helpline>

What is measured is managed

Keep track of your cannabis experiences.

Time _____

Strain _____

Delivery Method _____

Dose _____

Side Effects _____

Other Notes _____

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Other Notes _____

Contact us today to learn more!

Auburn, ME

730 Center St Suite 1-C

(207) 312-5798

Mon-Sat: 10am-7pm | Sun: 10am-5pm

Bangor, ME

829 Hogan Road

(207) 922-3995

Mon-Sat: 10am-7pm | Sun: 10am-5pm

Ellsworth, ME

3 Myrick St

(207) 667-0510

Mon: 9am-7pm | Tues-Thurs: 9am-5pm | Fri: 9am-7pm | Sat-Sun: 9am-3pm

Wells, ME

913 Post Road

(207) 360-3310

Mon-Sat: 10am-8pm | Sun: 10am-6pm

me.curaleaf.com

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The information provided herein is not intended to serve as medical advice or as a substitute for talking with your health care provider.
Please consult with your personal health care provider prior to using medical cannabis.