



# OCEAN ENDEAVOUR SHIP BOOKLET

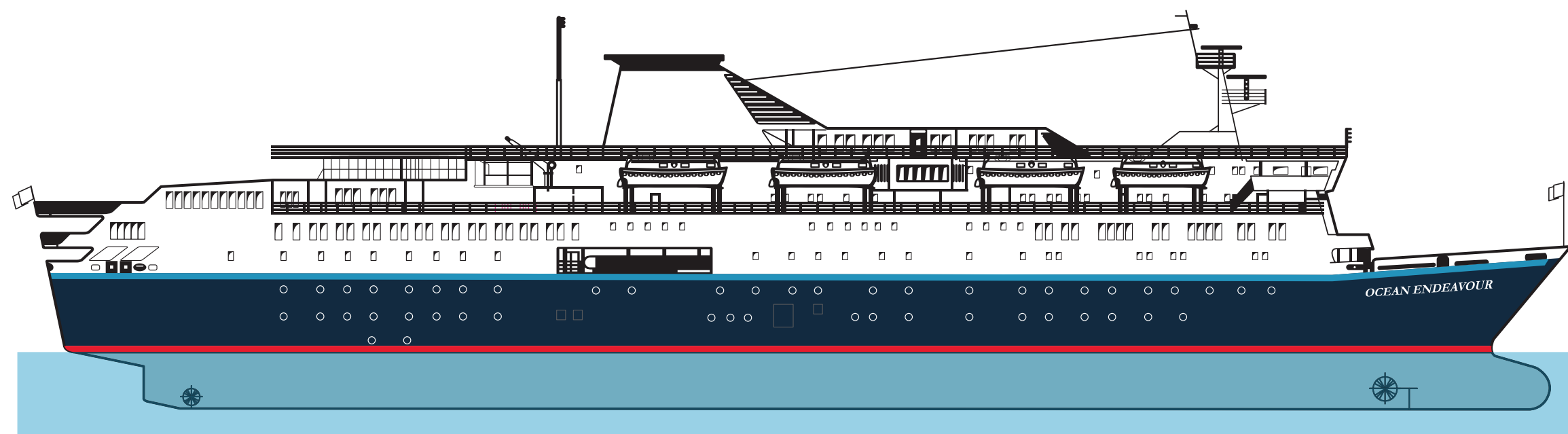
# What's inside

Deck Plan	3
Welcome Aboard	5
Find Your Way Around the Ocean Endeavour	7
Cabin Information	9
Public Spaces	21
Onboard Dining	25
Onboard Procedures	27
Wellness Program & Facilities	33



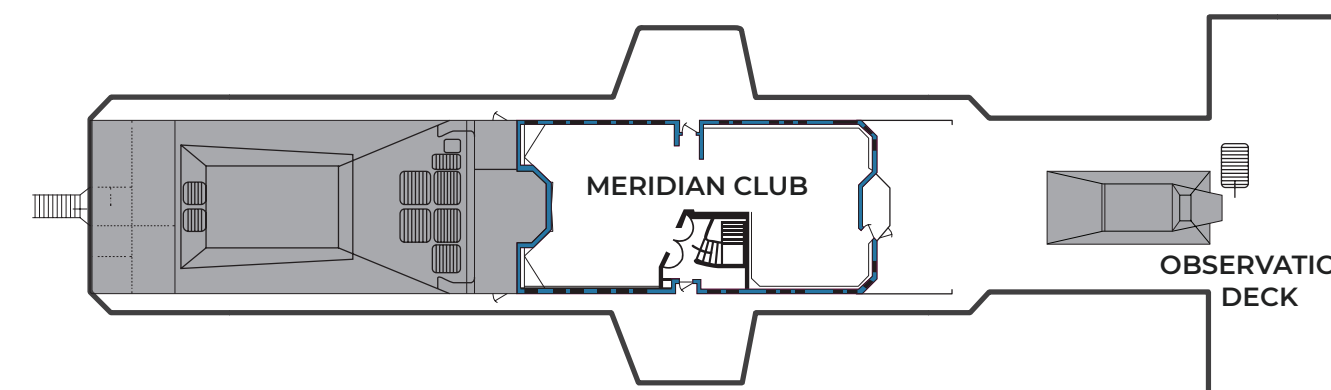


# DECK PLAN

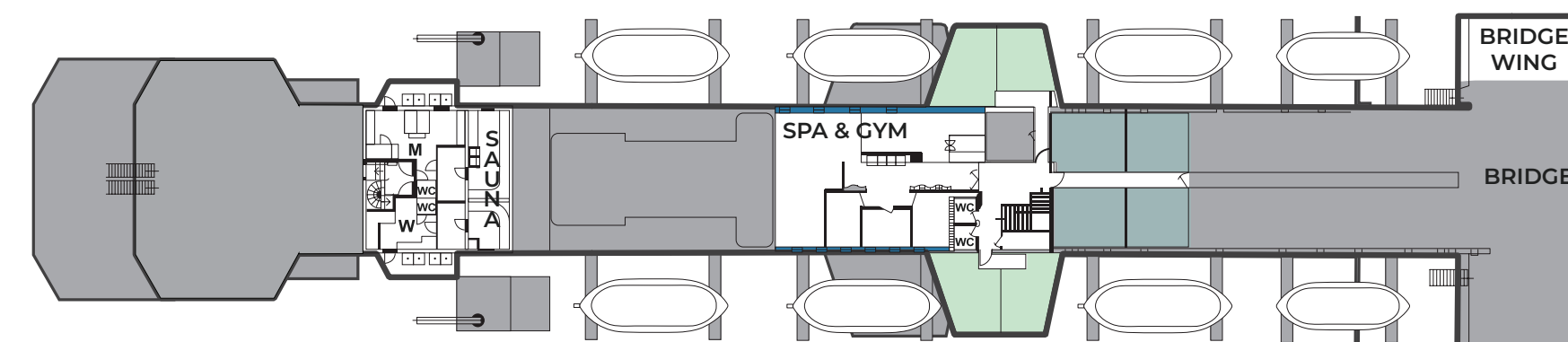


- CATEGORY 1 | Single Interior
- CATEGORY 2 | Triple Interior
- CATEGORY 3 | Twin Interior
- CATEGORY 4 | Twin Porthole
- CATEGORY 4A | Single Porthole
- CATEGORY 5 | Twin & Double Main
- CATEGORY 5A | Single Window
- CATEGORY 6 | Comfort Twin
- CATEGORY 7 | Select Twin
- CATEGORY 8 | Superior Twin & Double
- CATEGORY 9 | Junior Suite Double
- CATEGORY 10 | Owner's Suite Double

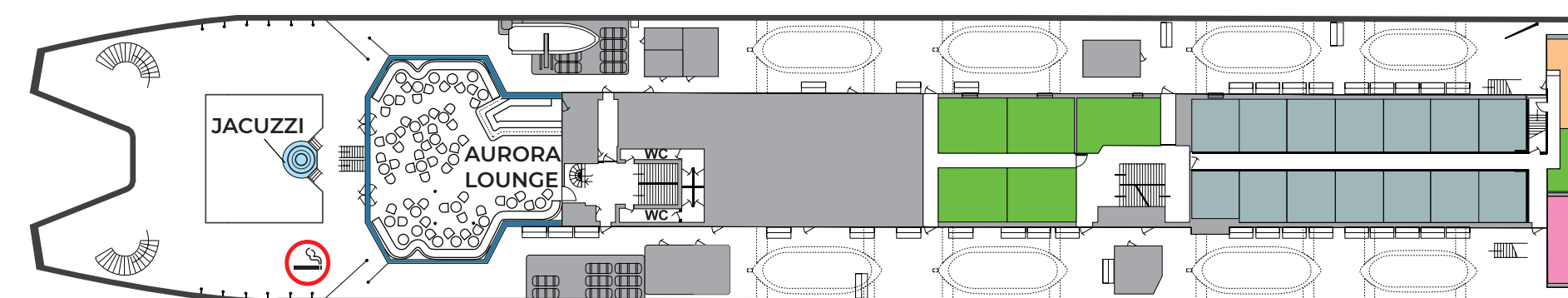
DECK 9



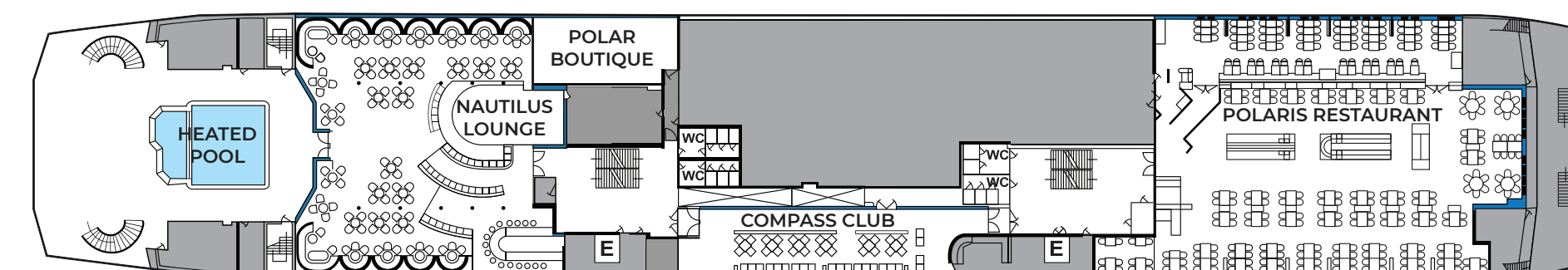
DECK 8



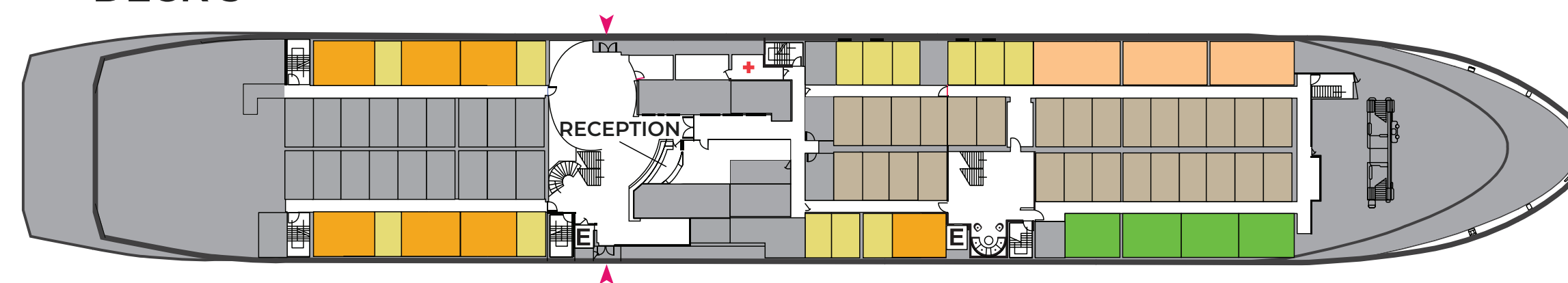
DECK 7



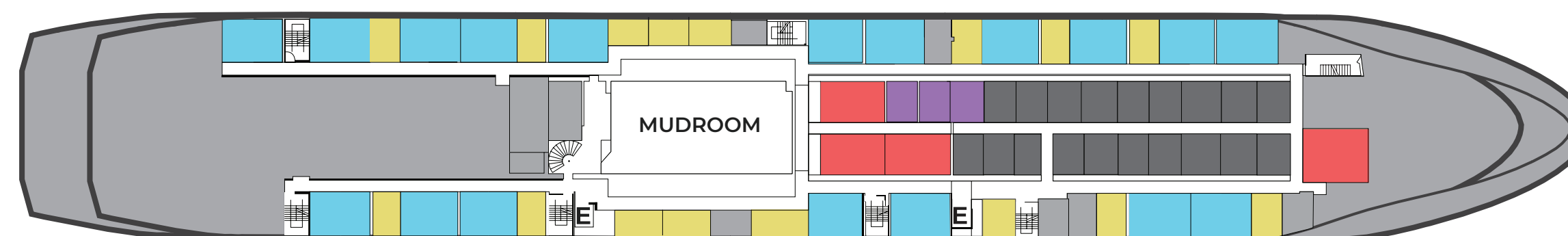
DECK 6



DECK 5



DECK 4



# Welcome Aboard!

**During your expedition, the Ocean Endeavour will be your home away from home!**

This Ship Booklet will help you to find your way around the ship and get acquainted. It includes important information about the facilities available onboard and the procedures to adhere to while at sea. Our passionate Expedition Team and crew can't wait to show you around the ship and take you to places most people only dream about!

Every day, you will be presented with a new and exciting adventure. An early wake-up call might signal the sighting of nearby whales, while a Zodiac cruise in the afternoon introduces you to the intense blues of passing icebergs. Below you will find some technical information about our ship: the M/V Ocean Endeavour.

## ABOUT THE OCEAN ENDEAVOUR

The Ocean Endeavour allows you to explore the remote coastline of Antarctica while enjoying the class and comfort of a four-star hotel.

Featuring one expedition team member for every eight travellers, you can take full advantage of one of the best staff-passenger ratios in Antarctica (1:8), with a greater level of personal service and more time with our onboard experts. Complete with contemporary interiors, lounges for learning and reflection, Zodiacs for remote exploration, breathtaking 360° views from the Deck, an emphasis on sustainability and exciting activities, the Ocean Endeavour is ideally suited for polar expedition

## SHIP SPECIFICATIONS

**Built:** Poland 1981  
**Ice Class:** 1B  
**Length:** 137m (332ft)  
**Breadth:** 11m (36ft)  
**Max Draft:** 5.6m (18ft)

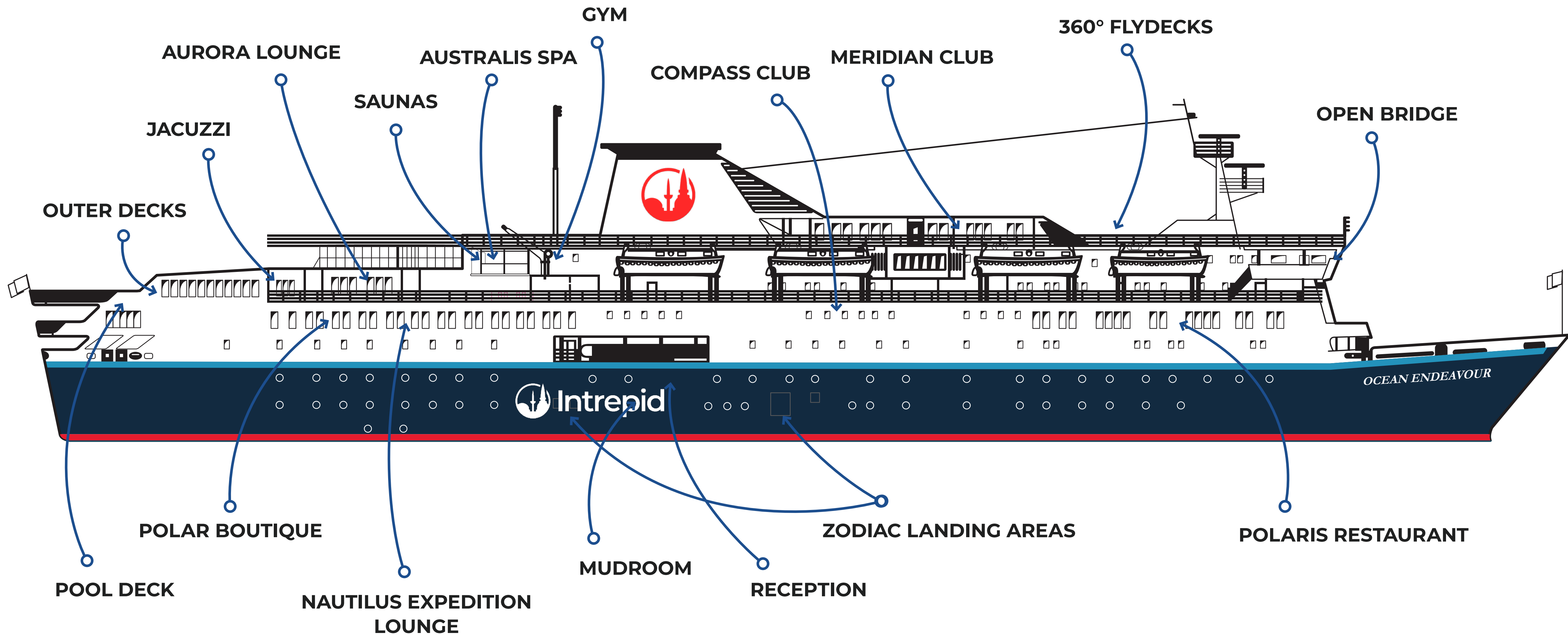
**Cruising Speed:** 15 knots  
**Propulsion:** 4 Skoda Sulzer engines (4,355 horsepower per engine)  
**Electricity:** 220 volts/60Hz

**Passenger Capacity:** 200 (maximum)  
**Crew:** 100  
**Lifeboats:** 6  
**Life rafts:** 8





# FIND YOUR WAY AROUND THE OCEAN ENDEAVOUR



# I CABIN INFORMATION

Cabins and suites have the essential amenities you'll need to feel comfortable throughout your Antarctic voyage. Our friendly staff at reception or your cabin attendant will be happy to help with any additional bedding you need for your cabin. If you require a refrigerator for medication or similar purposes, it is available upon request. Please inform your booking agent at the time of booking to ensure your specific needs are addressed.



Willing to share (same gender) at no extra charge.



Solo use at no extra charge.

## All cabins include the following amenities:



### PRIVATE BATHROOM

All cabins have a private bathroom with a shower, toilet and washbasin. A hairdryer is available in each cabin. Bathrobes and towels are on loan for you to enjoy for the duration of your expedition.



### BODY WASH & HAIR CARE PRODUCTS

We encourage you to use our eco-friendly shampoo, conditioner and shower gel provided in each bathroom.



### FLATSCREEN TV

Every cabin features a flatscreen TV which presents the daily program and movies/documentaries during sea days. Lectures and presentations may be broadcasted in addition to featuring in the lecture room by our Expedition Team.



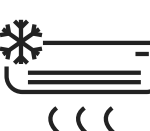
### TELEPHONE & INTERCOM

Our Expedition Leader will announce exciting wildlife sightings, lectures and other activities through the intercom.



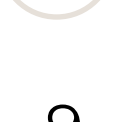
### CABIN SAFE

Feel free to store your valuables in the cabin safe provided or with staff at reception.



### CABIN AIR FLOW MANAGEMENT

Adjust the airflow in your cabin for your comfort.





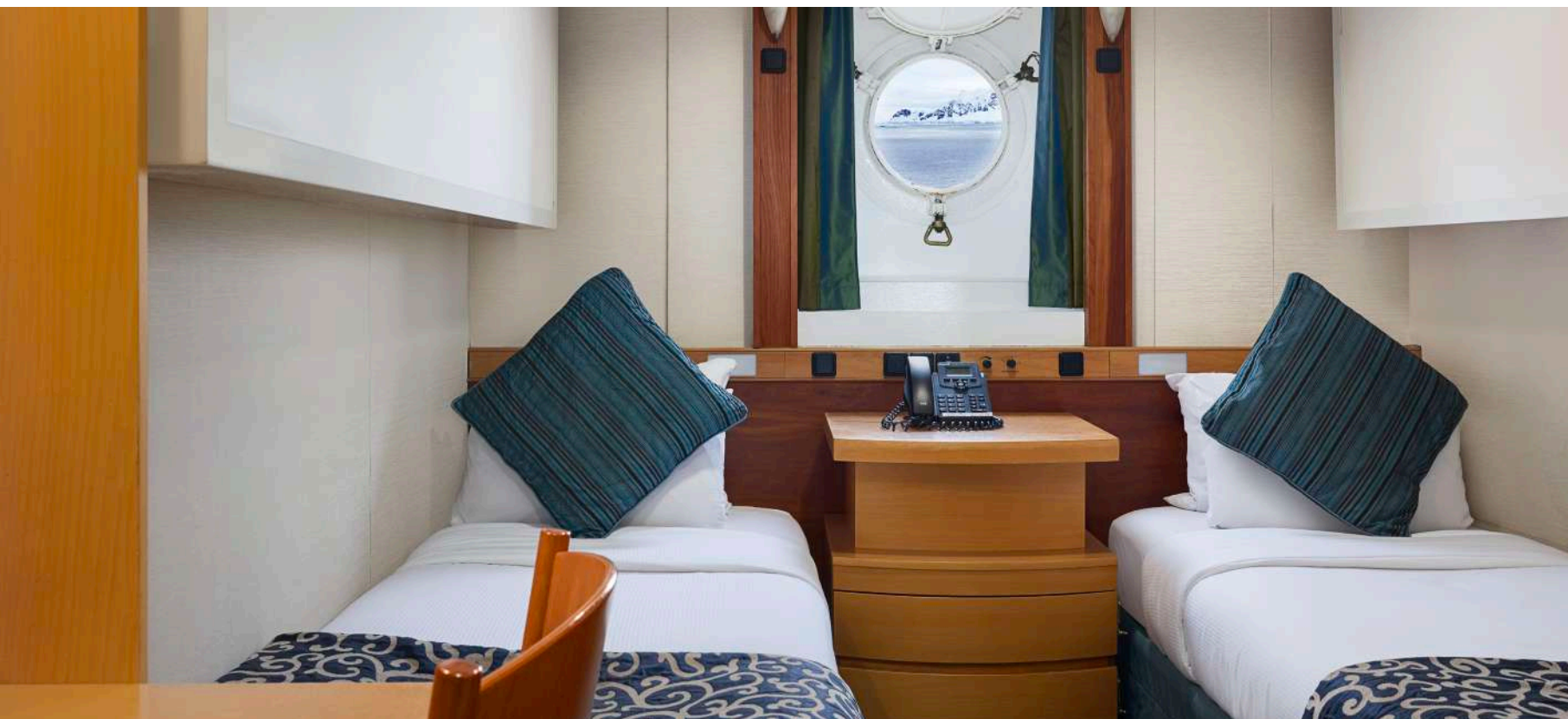
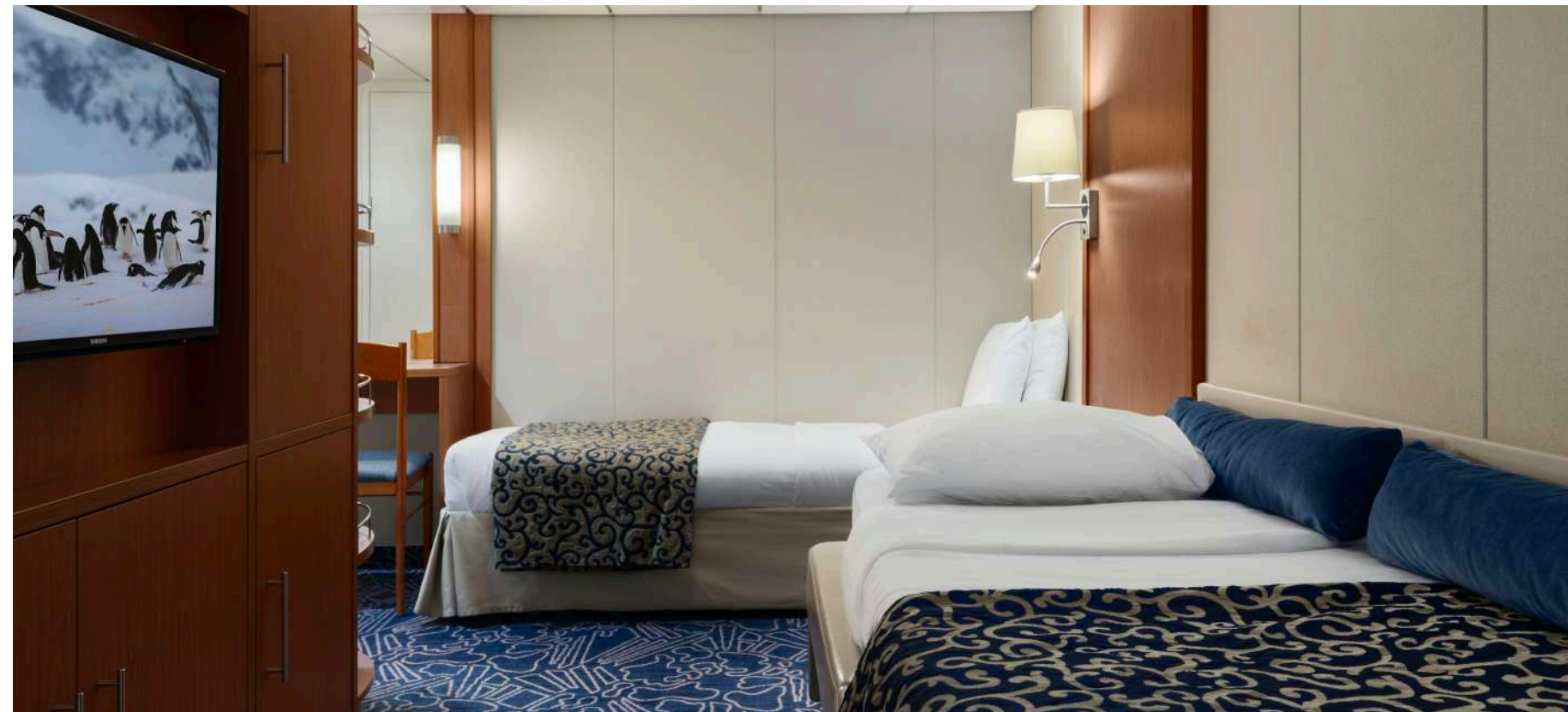
### CATEGORY 1: SINGLE INTERIOR

Approximately 122 ft<sup>2</sup> / 11 m<sup>2</sup>, a Single Interior on Deck 5 is an interior cabin with two lower berths and a private bathroom.



### CATEGORY 3: TWIN INTERIOR

Approximately 120 ft<sup>2</sup> / 11 m<sup>2</sup>, a Twin Interior on Deck 4 is an interior cabin with two lower berths and a private bathroom.



### CATEGORY 2: TRIPLE INTERIOR

Approximately 220 to 230 ft<sup>2</sup> / 20 to 21.5 m<sup>2</sup>, our Triple Interior on Deck 4 is an interior cabin with three lower berths and one or two private bathrooms.



### CATEGORY 4: TWIN PORTHOLE

Approximately 76 to 110 ft<sup>2</sup> / 7 to 10 m<sup>2</sup>, Twin Cabins on Deck 4 & 5 feature a porthole or window, two lower berths and a private bathroom.





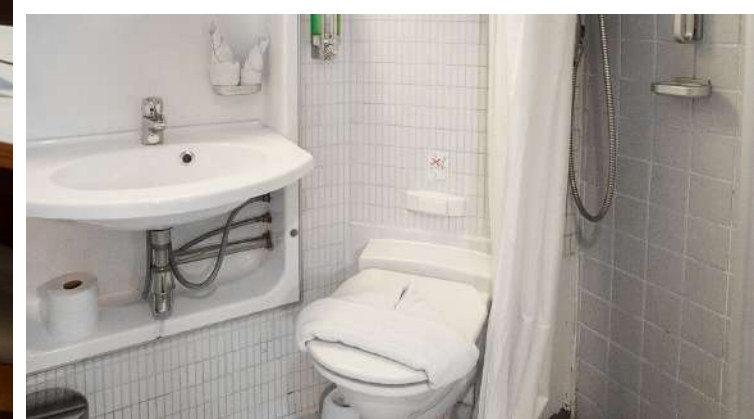
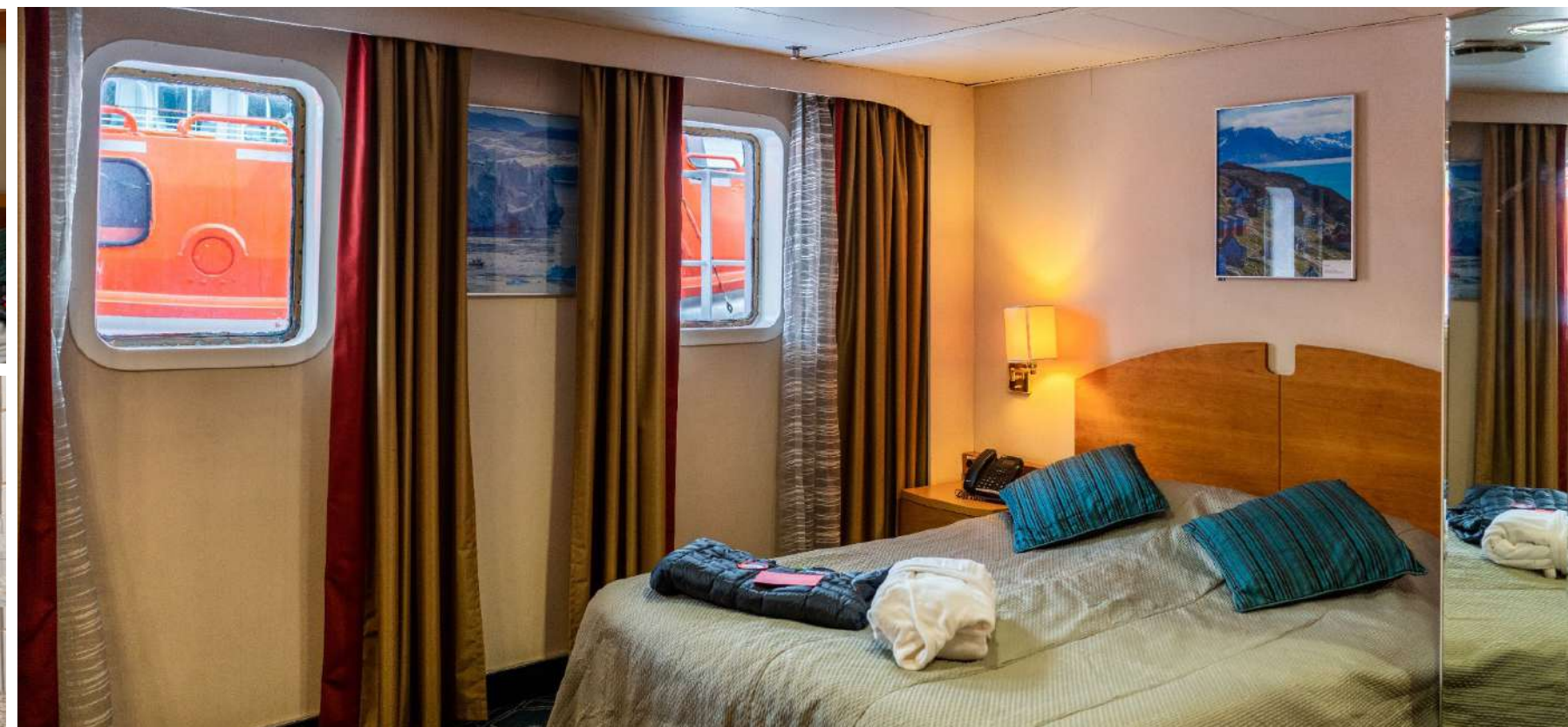
### CATEGORY 4A: SINGLE PORTHOLE

Approximately 76 to 110 ft<sup>2</sup> / 7 to 10 m<sup>2</sup>, our Singles on Deck 4 feature a porthole, two lower berths and a private bathroom.



### CATEGORY 5A: SINGLE WINDOW

Approximately 155 to 174 ft<sup>2</sup> / 14 to 16 m<sup>2</sup>, these Singles on Deck 8 feature two wing windows, a double bed and a private bathroom.



### CATEGORY 5: TWIN & DOUBLE MAIN

Our Twins & Doubles on Deck 7 & 8 are approximately 141 ft<sup>2</sup> / 13 m<sup>2</sup>, feature one or two windows, two lower berths or a double bed and a private bathroom.

\*Note external views are obstructed/partially obstructed by life boats.

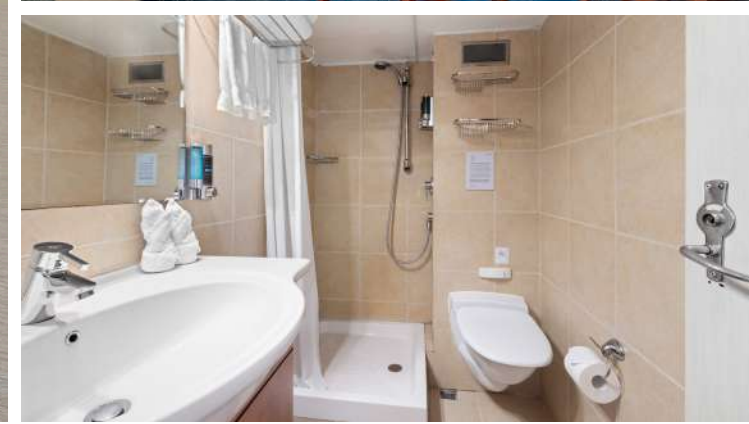


### CATEGORY 6: COMFORT TWIN

Approximately 228 ft<sup>2</sup> / 21 m<sup>2</sup>, a Comfort Twin on Deck 4 features two portholes, two single berths, a separate sitting area with a pull out sofa bed and one or two private bathrooms.







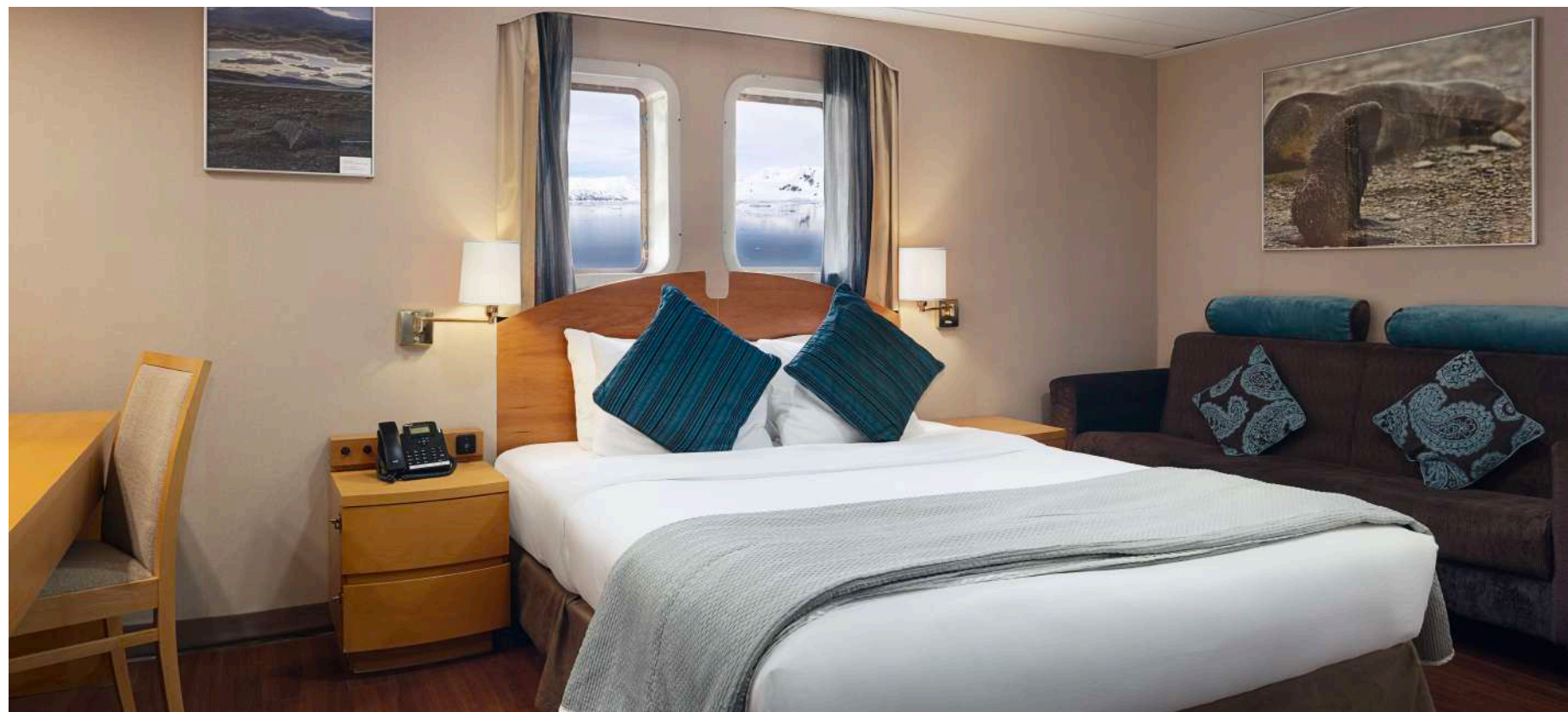
### ● CATEGORY 7: SELECT TWIN

Approximately 214 ft.<sup>2</sup> / 20 m<sup>2</sup>, a Select Twin on Deck 5 features two single berths, a separate sitting area with a pull out sofa bed, two windows and one or two private bathrooms.



### ● CATEGORY 9: JUNIOR SUITE DOUBLE

Approximately 325 ft.<sup>2</sup> / 30 m<sup>2</sup> on Deck 5 and 243 ft.<sup>2</sup> / 22.5 m<sup>2</sup> on Deck 7, the Junior Suites feature large windows, one double bed, a separate sitting area and a private bathroom.



### ● CATEGORY 8: SUPERIOR TWIN & DOUBLE

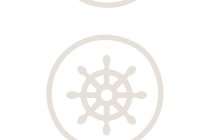
Approximately 225 ft.<sup>2</sup> / 21 m<sup>2</sup>, a Superior Twin on Deck 5 features two lower berths, a separate sitting area with a pull out sofa bed, a large window, and a private bathroom. Approximately 165 to 200 ft.<sup>2</sup> / 15 to 19 m<sup>2</sup>, a Superior Double on Deck 7 features one double bed, a sofa, a large window and a private bathroom.

\*Note external views are obstructed/partially obstructed.



### ● CATEGORY 10: OWNER'S SUITE DOUBLE

Approximately 305 ft.<sup>2</sup> / 28 m<sup>2</sup>, the Owner's Suite on Deck 7 features two large bow-facing windows, one double bed, a separate sitting room and a private bathroom with a tub.



# Cabin Information



## CABIN BATHROOMS

Cabins have a private bathroom with shower, toilet and wash basin. Shampoo and shower gel are provided for your use. Please only flush toilet paper down the toilet due to the sensitive mechanism. Tissues, paper towels, hygiene products, etc. should be placed in the bin.



## HAIRDRYERS

A hairdryer is available in each cabin.



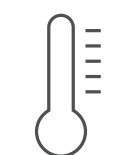
## BATHROBES

The bathrobes in your cabins are on loan for you to enjoy for the duration of your expedition.



## VALUABLES

Feel free to store your valuables in the cabin safe provided or with our staff at reception.



## CABIN AIR FLOW MANAGEMENT

Cabin air flow can be controlled by adjusting the vent. If you are sharing a cabin with other travellers, please be considerate of their temperature preferences as well.



## WILLING TO SHARE CABIN COURTESY

Many travellers elect to share a cabin with guests they may not have previously met. All guests have their own schedules and preferences so please be mindful of your cabin mates.

Travellers choosing Willing to Share will also share a hotel room for their included night's hotel accommodation on Day 1.



## HOUSEKEEPING SERVICE

Your cabin will be serviced daily. Your towels and bed linen will be changed, subject to the length of the voyage and in accordance with The Ocean Endeavour's sustainability practices. Guests can request changing of towels and bed linen by placing signs on cabin door handles.

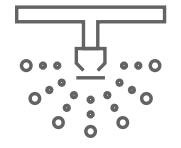


## LAUNDRY

The use of the onboard laundry service is subject to a small fee. Request forms and bags are available in your cabin. Laundry is collected in the morning, please allow 48 hours for your laundry to be returned. Ironing services are also available at a minimal charge. We encourage you to take advantage of the laundry services, as it will mean you can pack fewer articles of clothing.



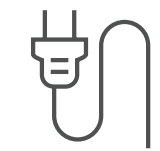
# Cabin Information



## SPRINKLER SYSTEM

The sprinkler heads located throughout the ship, and in your room, are very sensitive. The slightest touch can activate them so please do not hang any items from the sprinkler heads, or smoke and vape anywhere on the ship outside the designated smoking area.

Guests activating the sprinkler system may be responsible for damages that occur.



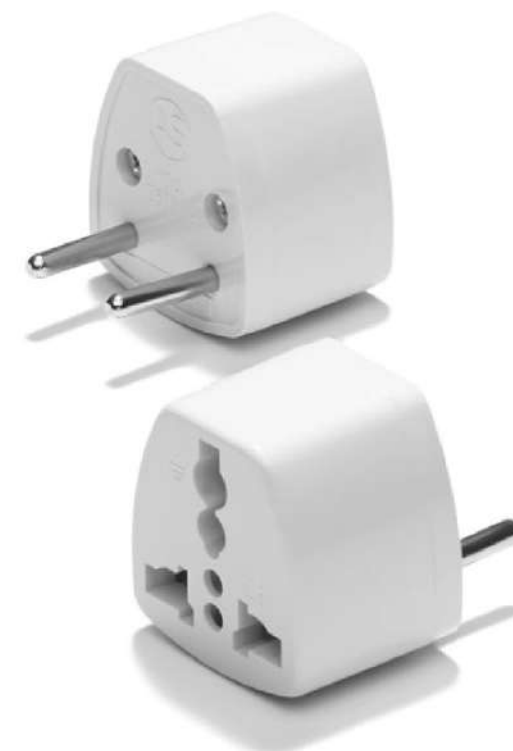
## ELECTRICAL OUTLETS

The electrical outlets found in your cabin and around the Ocean Endeavour accept standard European two round pin plugs, so you may need to bring a travel adapter. Electricity supply may not be sufficient to power your electronic devices at all times so please be aware of this.

Please check the voltage of your device before plugging it in, as the device may become damaged if the incoming voltage is higher than that for which it is manufactured.

The electrical supply on board is 220 volts, 50 Hz. Guests coming from the USA and Canada may need to bring a small 220v/110v converter.

Please check your electronics as most modern cameras, computers and devices are already compatible to use 220/110 volts before purchasing a converter.





# PUBLIC SPACES

## RECEPTION AREA

Situated on Deck 5. You can purchase access for internet, email or phone calls here, arrange for a wake-up call and settle your on board ship account at the end of your voyage.

## MUDROOM

Our Mudroom, Deck 4, is heated and is where damp or wet expedition gear is stored. We don't recommend taking your gear to your room as this will be a less effective place to dry and air your items.

## CREW AREAS

Please respect the privacy of the designated crew areas and note that they are not accessible to guests.

## TOILETS

Marine toilets are very efficient but also very sensitive. Please treat them gently and do not put anything into them except small amounts of toilet paper. Dispose of used tissues etc. in the garbage cans provided.

## POLAR LIBRARY

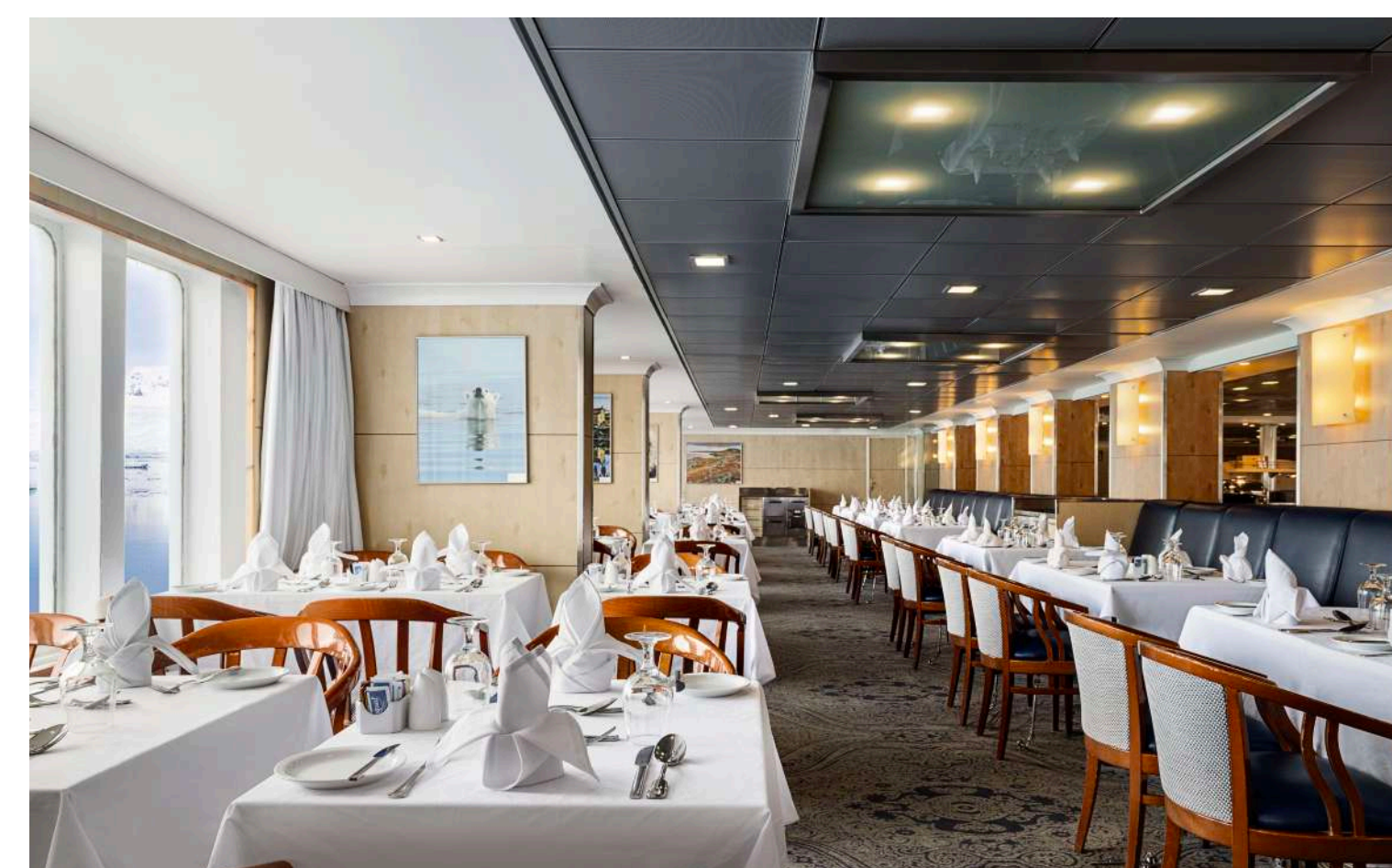
In the Compass Club on Deck 6, there is a small library of polar books, reference and general reading material. Open 24 hours a day, the polar library also includes a selection of games for your entertainment. The collection includes books covering subjects like wildlife, history, marine biology, ecology and geology. This includes a collection of field guides, reference and picture books.

## LOUNGE AREAS & LECTURE THEATRE

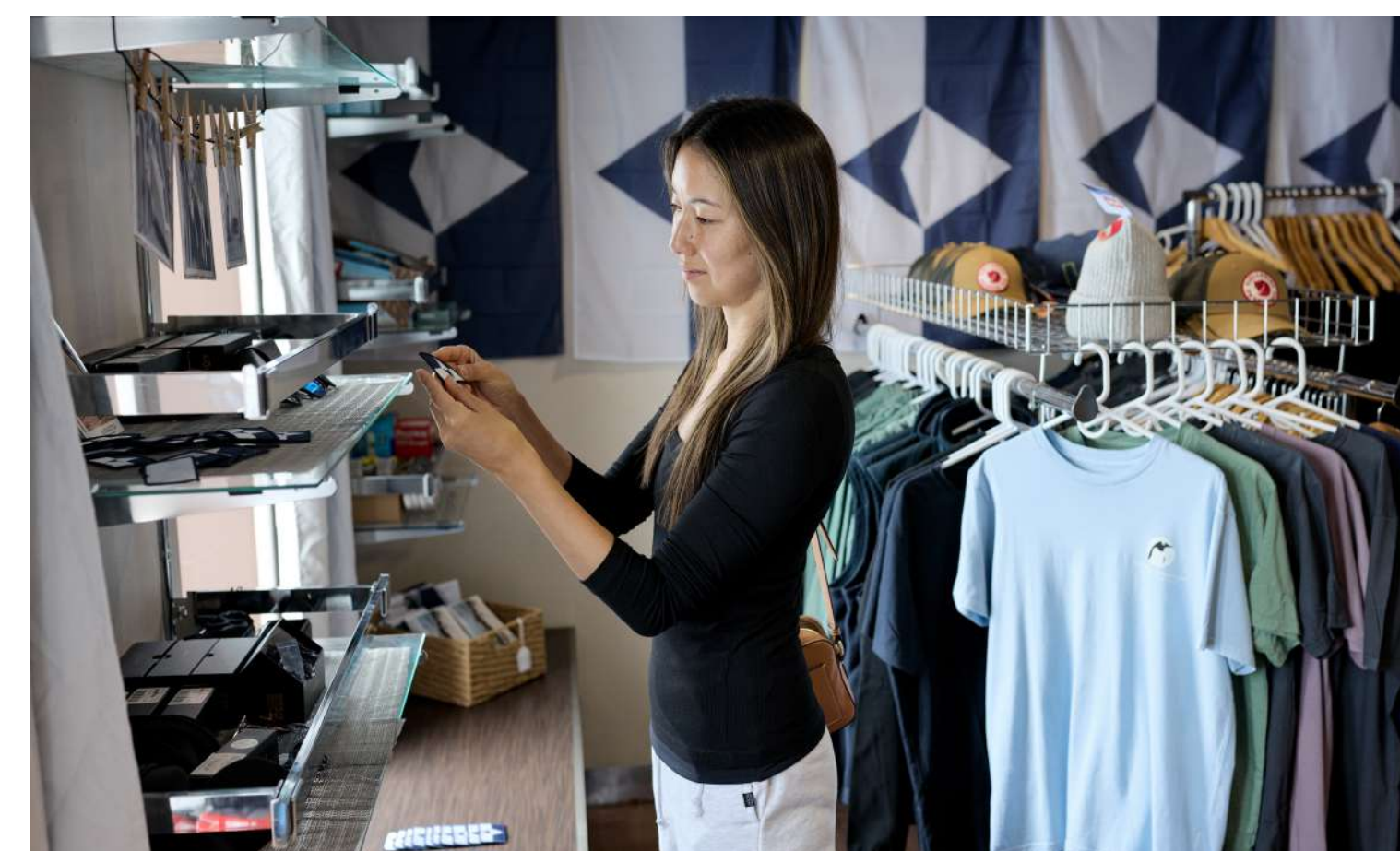
The Nautilus Lounge on Deck 6 is used for lectures, briefings and events, and also houses the main bar. The Compass Club, also on Deck 6, is your coffee, tea and water station, and provides a comfortable spot to relax with spectacular views along the starboard side of the ship. The Aurora Lounge on Deck 7 is used as a secondary lecture space and bar. The Meridian Club on Deck 9 offers panoramic views and comfortable seating, with access to outside on the top observation deck.



AURORA LOUNGE (DECK 7)



POLARIS RESTAURANT (DECK 6)



POLAR BOUTIQUE (DECK 6)



# Public Spaces

## POLAR BOUTIQUE

For essentials and expedition souvenirs, the Polar Boutique gift shop is on Deck 6 in the Nautilus Lounge. Opening hours will depend on the daily expedition activities. Our Polar Boutique offers a selection of expedition gear, including base-layer clothing, waterproof pants and gloves, as well as gifts and souvenirs.

## OBSERVATION DECKS

Expansive outside observation decks are a feature of the Ocean Endeavour. Accessed via Decks 6, 7 and 9 – these spaces provide incredible views of the polar landscape including icebergs, soaring mountains and abundant wildlife. Outer decks can sometimes be closed due to weather and sea

## MEDICAL CLINIC

The Clinic is located on Deck 5. In case of emergency, the Doctor is available 24 hours a day. Contact the Doctor via reception or any member of the Expedition Team.

## ELEVATOR

The onboard elevator system is available for travel between Decks 4, 5, and 6. For safety reasons, the elevators may be shut down during inclement weather conditions or while crossing open ocean.

## WATER SUPPLY

Filtered drinking water is available from water stations on Decks 4, 5, 6 & 7. Water from your cabin is potable and suitable for showering and brushing your teeth. Our onboard water supply is produced at sea through desalination.



COMPASS CLUB (DECK 6)



OUTSIDE DECK (DECKS 6, 7, 8 & 9)



MERIDIAN CLUB (DECK 9)





## ONBOARD DINING

### **POLARIS RESTAURANT**

The Polaris Restaurant is the sole dining room, located on Deck 6. If there's one constant at sea you'll enjoy, it's the delicious meals. Meal times are subject to change due to landings and wildlife encounters but three meals a day will always be served. Daily hours of operation will be posted around the ship.

### **BREAKFAST, LUNCH & DINNER SERVICE**

The Polaris Restaurant has an open seating policy for all guests at breakfast, lunch and dinner.

### **SNACKS & COCKTAIL HOUR**

Assortments of fresh-baked cookies and/or pastries are available every afternoon. There is also a selection of hot and cold snacks available in the lounge during cocktail hour, expedition activities permitting.

### **BAR & WINE SERVICE**

The well-stocked bar on the ship is open to enjoy with your fellow shipmates. A selection of liquors, spirits, beer, wine and champagne is available and can be charged to your shipboard account. Please note: it is the Ocean Endeavour's policy to not serve alcoholic beverages to persons under the age of 18 years.

### **PERSONAL ALCOHOL POLICY**

Consuming personal alcohol is prohibited anywhere on the Ocean Endeavour.

### **DIETARY REQUIREMENTS & ALLERGIES**

For vegetarians, there is a wide selection of vegetables, pasta, grains and fruit available. The Ocean Endeavour can accommodate most special dietary requests including vegan diets; please clearly indicate your needs on the required Traveller Enrolment forms sent to you prior to your voyage departure.

Menus will be clearly labeled for vegetarian and gluten-free options, but please do notify your server of the dietary restrictions you indicated on your form. Regretfully, Kosher food cannot be prepared.

### **FOOD PREPARATION**

Breakfasts and lunches are normally served buffet style, while dinners are a la carte. À la carte meals are made to order, allowing our Chefs to prepare each dish to your individual needs. Our Chefs take great pride in all meal preparation ensuring you receive high quality meals throughout your expedition.

### **DRESS CODE**

Casual attire (expedition style) is the accepted apparel on board. Clothing should be comfortable and versatile. You are welcome to dress up a little for the Captain's Welcome Reception. Please refer to the Antarctic Travellers Guide for more detailed information.



# ONBOARD PROCEDURES

## **WATER**

Filling stations are available on the ship so that you can refill your water bottle as needed.

## **SHIP ON BOARD ACCOUNTS**

For ease, items purchased on board including the Polar Boutique, bar, laundry, postage, communication charges, Australis spa treatments and adventure options booked onboard (space permitting) as well as gratuities are charged to your ship on board account.

This can be settled at reception towards the end of your expedition. US dollar is the standard currency onboard and Visa or MasterCard credit cards are accepted. Personal cheques, AMEX or Diners are not accepted forms of payment.

## **LIFE VESTS**

A life vest to be used in the case of ship emergency is provided for every guest on board. The onboard team will advise where these are stowed during the safety briefing and lifeboat drill.

## **GRATUITIES**

We like to think that we have some of the best Expedition Team and Crew in the world working with us, and while they are all paid a competitive wage, they spend a great deal of time at sea; away from their families; making sure that this trip is a once-in-a-lifetime experience for you.

Whether you choose to give gratuities and how much you choose to give is a totally personal choice, however if you are looking for guidance we recommend USD18.50 per day, which can be added to your onboard account and settled at the end of your voyage.

Full details will be provided on board.

All gratuities will be much appreciated and distributed evenly amongst our entire leisure department and Expedition Team– from our exceptional cabin stewards, to our talented bar staff.

## **ITINERARY & PROGRAM CHANGES**

This is an expedition cruise to the world's most remote region so the weather and conditions are unpredictable. Our itineraries are carefully planned to ensure an exciting and memorable expedition. Sometimes due to weather and ice conditions, changes will need to be made.

## **ANNOUNCEMENTS**

Announcements in English (only) over the ship's public address system will alert you to wildlife sightings, itinerary modifications, and landing instructions for going ashore. They can be heard in cabins and all public spaces. Out of courtesy to other travellers, we ask that you remain quiet during all announcements.

# Onboard Procedures

## SAFETY BRIEFINGS & LIFEBOAT DRILL

By International Maritime Law, it is mandatory to participate in an emergency drill within 24 hours of sailing. Upon embarkation, a safety briefing to outline appropriate behaviour on board will take place, including emergency procedures. A drill will be conducted to familiarise you with the location of lifeboats, life vests, and emergency evacuation routes. This compulsory drill will be scheduled as soon as possible by the Chief Officer. Full details will be provided by the onboard team following embarkation.

**Please note:** Safety briefings, drills and emergency evacuation announcements are conducted in English (only), so it is essential that all guests understand basic English for their own safety.

## BATTERY DISPOSAL

Please bring old batteries to reception for disposal do not throw old batteries in your cabin garbage.

## BRIDGE VISITS

Access to the Bridge, where you can observe how the Captain and Bridge Officers sail and navigate the ship may be granted during the voyage. The Captain and Bridge Officers do restrict access during arrivals and departures from port and during times of complicated navigation. As the Bridge is an important working area on the ship, we ask that you keep noise to a minimum to avoid distracting the Officers from conducting their jobs efficiently. Please respect the Bridge etiquette of no eating, drinking or smoking.

## LOST & FOUND

Please bring any misplaced items to reception or give them to a member of the Expedition Team. If you lose anything yourself, please advise our team.

## SMOKING & VAPING

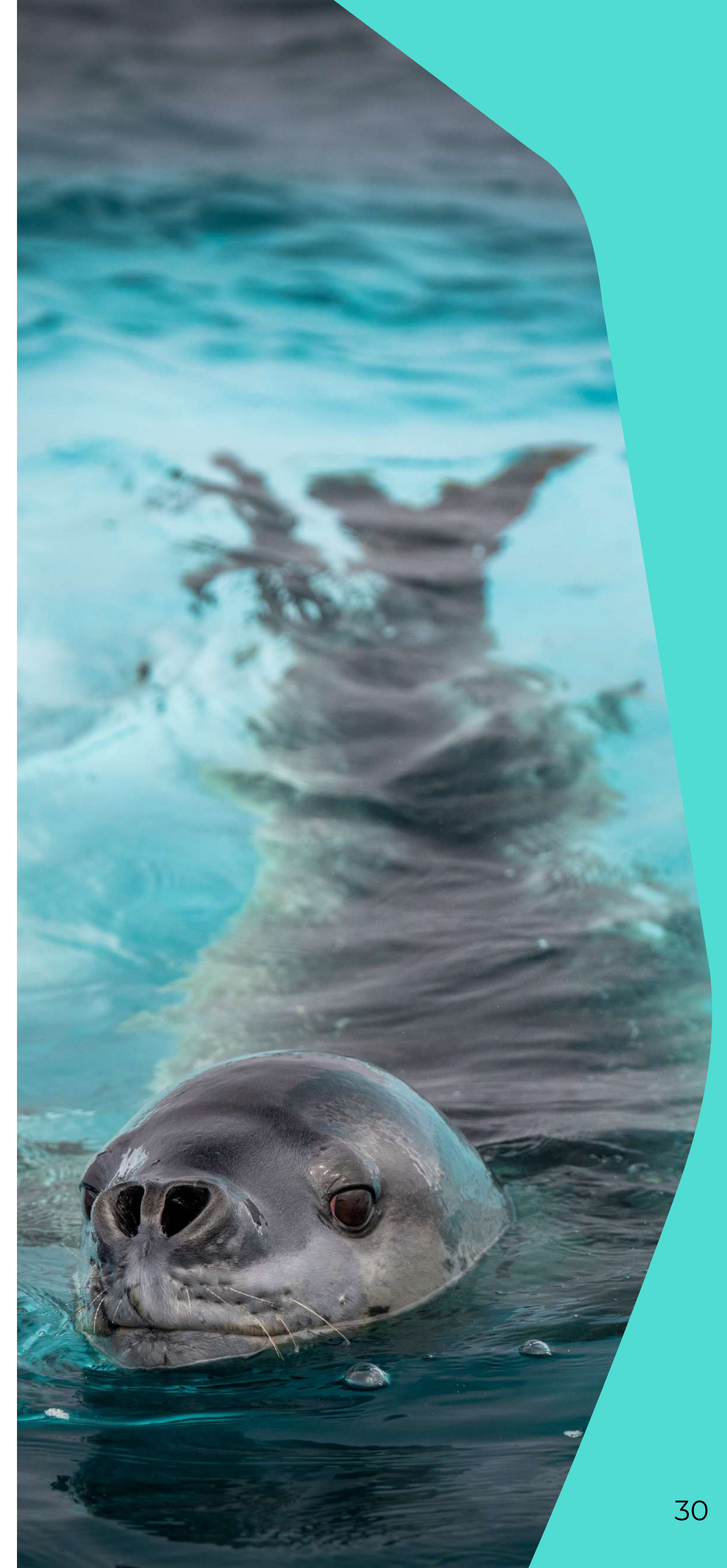
For health and safety reasons, The Ocean Endeavour maintains a non-smoking and vaping policy in the interior of the ship including cabins, public spaces, and while on Zodiac excursions and shore landings. Please only smoke or vape in the designated area which your Expedition Team can direct you to. Always ensure cigarettes are extinguished properly and dispose of them in the proper receptacle. Please, never throw cigarettes overboard.

## MAIL

Sending polar mail is still a rare and memorable way for loved ones to receive a memento from your voyage. Mail may be posted from the ship and will be charged to your onboard account. Please deposit your mail at reception with your cabin number and name noted clearly in the upper right hand corner of each card or letter.

It may occasionally be possible to post mail from a research base. If we are unable to post the mail during your voyage, staff will attempt to do so on subsequent voyages.

**Please note:** delivery can take many months and cannot be guaranteed.





# Onboard Procedures

## STAYING IN TOUCH WHILE ON BOARD

It is possible to stay in touch whilst on board. The Ocean Endeavour is equipped with the latest available satellite communication equipment for our areas of operation providing us the possibility of Internet, phone reception.

While we are pleased to offer these services, please understand that our ship communications are affected by the ship's position, satellite coverage and local weather conditions. It may take several attempts before you are successful in making contact. Please keep in mind, you are travelling the most remote part of the world. There may be periods of time (hours/days) where phone and Internet are not available.

A pre-paid PIN Card will also be required for making telephone calls. Voice PIN cards allow calling from your cabin or guest telephones to shore telephones at various rates per minute dependent on location and type of phone you are calling (calling mobile phones tends to be more expensive). Current prices for these optional services will be posted onboard the ship or can be requested from your booking agent.

**Please note:** refunds are not provided for unused voice or data cards.

## ONBOARD MEDICAL FACILITIES

We have an infirmary on board and an English-speaking, emergency trained Expedition Doctor to provide routine and emergency health care.

Please ensure you bring an additional two-week supply of any life sustaining or essential medication you take regularly. Because we operate in an extremely remote part of the world, there is limited opportunity to restock medical supplies. We cannot accept responsibility for not having a specific brand or type of drug on board.

Should you fall ill, the Doctor will refer to the Medical Forms that you completed as part of your Cruise Enrolment, so please ensure that the information you provide is complete and accurate.

Should there be a charge for medications, our Doctor will issue an invoice and a medical report that you can present to your travel insurance company if applicable. This will be delivered to your cabin in an envelope prior to the end of your voyage and can be settled via your onboard account.

## POLAR EXPLORATION

We are an IAATO (International Association of Antarctic Tour Operators) Operator and comply with the organisation's guidelines for travel to the Antarctic. IAATO, in cooperation with ship operators, has established extensive procedures and guidelines that ensure safe and responsible Antarctica expeditions. In line with the Antarctic Treaty system, IAATO is committed to the principle that planned tourism activities will have no more than a minor or transitory impact on the Antarctic environment.



It is mandatory for all passengers to review the IAATO documents provided.



# WELLNESS PROGRAM & FACILITIES

We invite you to experience Antarctica in an overall envelope of wellness that will feed your mind, body and soul. Our range of onboard amenities will ensure you unplug from the world and immerse yourself in the pristine wilderness of Antarctica.

**Choose from a range of treatments to add on including manicures, pedicures, refresher masks and eye revitalisation.**

**An array of massages and facial treatments are available onboard the Ocean Endeavour, ranging in duration and price. Please see the Spa attendant to view the Australis Spa menu of services.**

## AUSTRALIS SPA

The Australis Spa is located on Deck 8. Please see the Spa Attendant for details on how to book massages, facials, hair, hand and foot treatments.

## 'FLOE' YOGA & MEDITATION CLASSES

It doesn't get more serene than a yoga class surrounded by icebergs and glaciers. Join the most unique exercise setting in the world after a day of exploration. Classes are complimentary and regular but are dependent on weather conditions and swell.

## GYM

Located on Deck 8, gym hours are posted at the door. Facilities are on a first come, first served basis. Please do not bring glass bottles into the gym. Please take care when using the facilities and leave them clean.

## SAUNAS

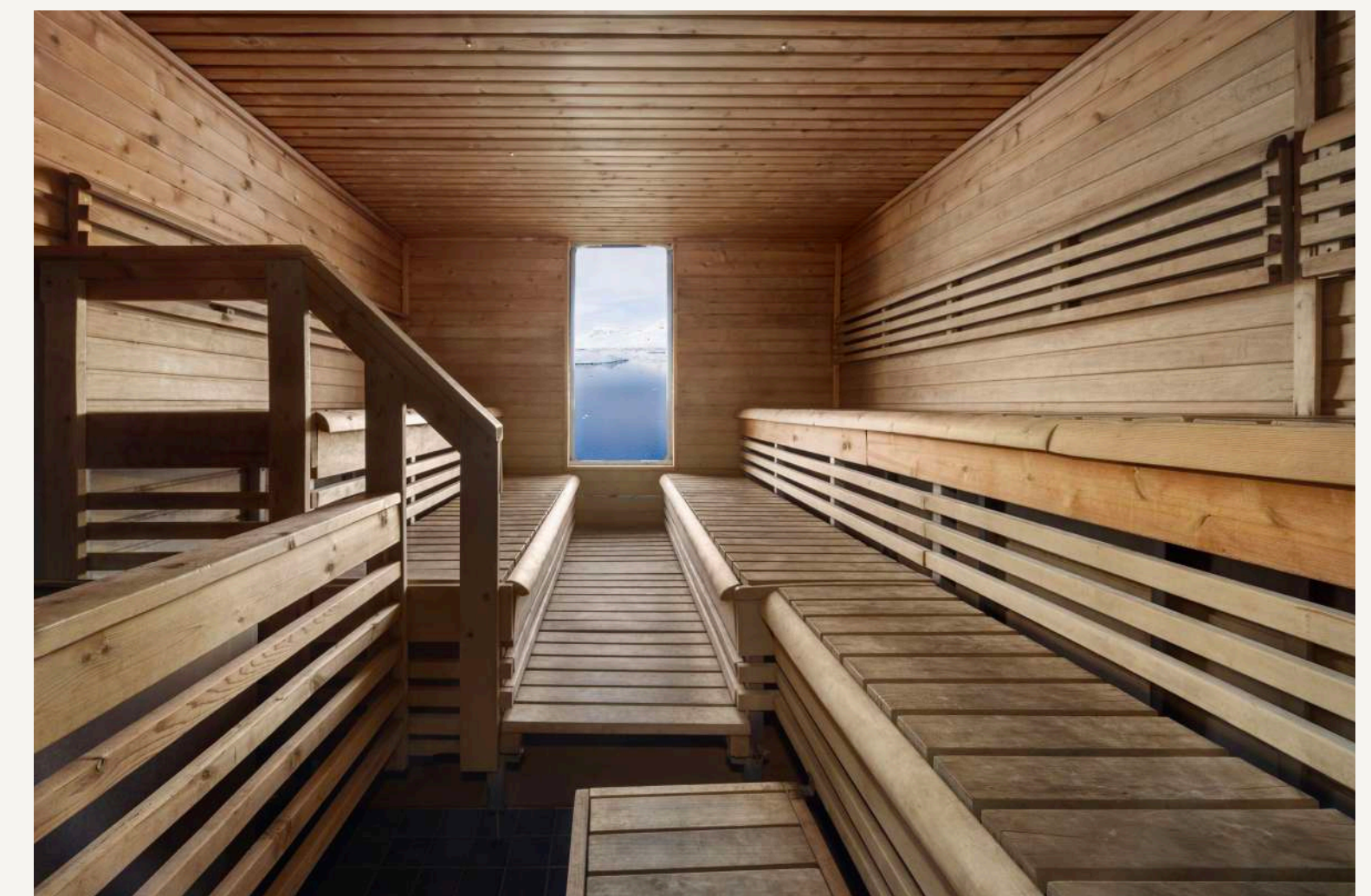
Located on Deck 8, saunas provide ample space to warm up with polar views. There are wing balconies adjacent to the newly refurbished shower and change areas allowing outdoor access.

## POOL

A saltwater outdoor pool surrounded by deck space is located on Deck 6. Please note, there is no lifeguard on duty. Please be aware that due to the ever-changing sea conditions and swells, the pool may not consistently operate at full capacity or be open.



GYM (DECK 8)



SAUNA (DECK 8)





OUR TRIPS ARE

