Foodie experiences in Alice Springs & surrounds

Three-day itinerary

**DAY 1**

Wake up early in Alice Springs to start the trip in an epic way sky-high on an Outback Ballooning flight. Watch the MacDonnell Ranges come to life and kangaroos graze across the grass as you float across the land. Toast to the morning with a sparkling Australian wine or fruit juice in hand as you start the day.

Follow up the hot air balloon experience with breakfast at Page 27, tucked halfway down a leafy arcade in Todd Mall. This café delivers on its coffee fix and brunch menu. While you’re in town, check out the Aboriginal art galleries and boutiques in the along the main strip. Make sure to visit the Araluen Cultural Precinct to engage with world-class art exhibits.

End the day at Alice Springs Hanuman located in the Doubletree by Hilton to try Thai and Indian inspired dishes by well-known chef and restaurateur, Jimmy Shu.

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**TOP 10**

1. Create your own bush tucker-flavoured picnic by choosing a selection of dried fruit, herb dips and cakes from Kungkas Can Cook in Alice Springs
2. Get your fill on artisan breads, gourmet pastries and locally-roasted coffee from The Bakery Alice Springs located on Todd Street in the centre of town
3. Toast to the morning with a sparkling wine in hand after an epic sunrise flight with Outback Ballooning
4. Learn first-hand about the bush tucker and bush medicine on a tour at Standley Chasm Angkerle Atwatye
5. Head to the Alice Springs Brewery Co. for a local tasting paddle and flavoursome pizzas
6. Looking for vegetarian or vegan bites with lots of flavour? The House of Tallulah, Epilogue Café & Restaurant and Watertank Café have you covered
7. It’s all about the vibe in Alice Springs. Dine out at Monte’s Lounge for Mexican, head to the Hideout to sip on a cocktail with views of the MacDonnell ranges and take your pick of tapas and gin at The Locals
8. Sit down amongst the desert flowers in the Olive Pink Botanic Gardens and enjoy a coffee and cake from the on-site café
9. Stop in at Page 27 for the best coffee in town in-between browsing the art galleries and street art dotted throughout Todd Mall
10. Make sure to spend an evening dining at the Hanuman Alice Springs, owned by well renowned chef and restaurateur, Jimmy Shu
DAY 2

Prep yourself for a day out of town and book a bush tucker tour at Standley Chasm, known as Angkerle Atwatye, 50km outside of Alice Springs. Walk with an Arrente guide and learn about the native plants that are still used as bush foods and bush medicine by the traditional owners. Standley Chasm is a Rock Wallaby Dreaming Place and is sacred to Arrente women.

Organise a picnic lunch the day before, including a few platter items from Kungkas Can Cook and combine your trip to Standley Chasm with a dip at Ormiston Gorge in the West MacDonnell Ranges. The Red Centre’s waterholes are stunning to visit. Mid-afternoon, drive back into town and freshen up for the evening.

After freshening up at your accommodation, finish the evening over a locally brewed beer and pizza from Alice Springs Brewing Co. The perfect way to unwind after a day in the West MacDonnell Ranges.

DAY 3

Start your morning amongst the desert flowers at Olive Pink Botanic Garden. The on-site café has lots of homemade goodies to kick off your day. Take a peek at the Visitor Centre and Olive Pink Gallery to see what local exhibitions are on display.

Before heading to your next tasty refill spot and to learn more about the flora and fauna of Central Australia, make sure to visit Alice Springs Desert Park. This impressive research and conservation site is home to protected local species such as the mala, bilby and rufous-crowned emu-wren.

For lunch with a vibe, Alice Springs is home to a number of impressive cafes. The House of Tallulah, Epilogue Cafe & Restaurant or Watertank Café have you covered for any dietary need or lunch craving. Tonight, choose from one of the restaurants listed in this Foodie’s guide to cap off your time in the Red Centre of the NT.