

# HMSA's Online Care®

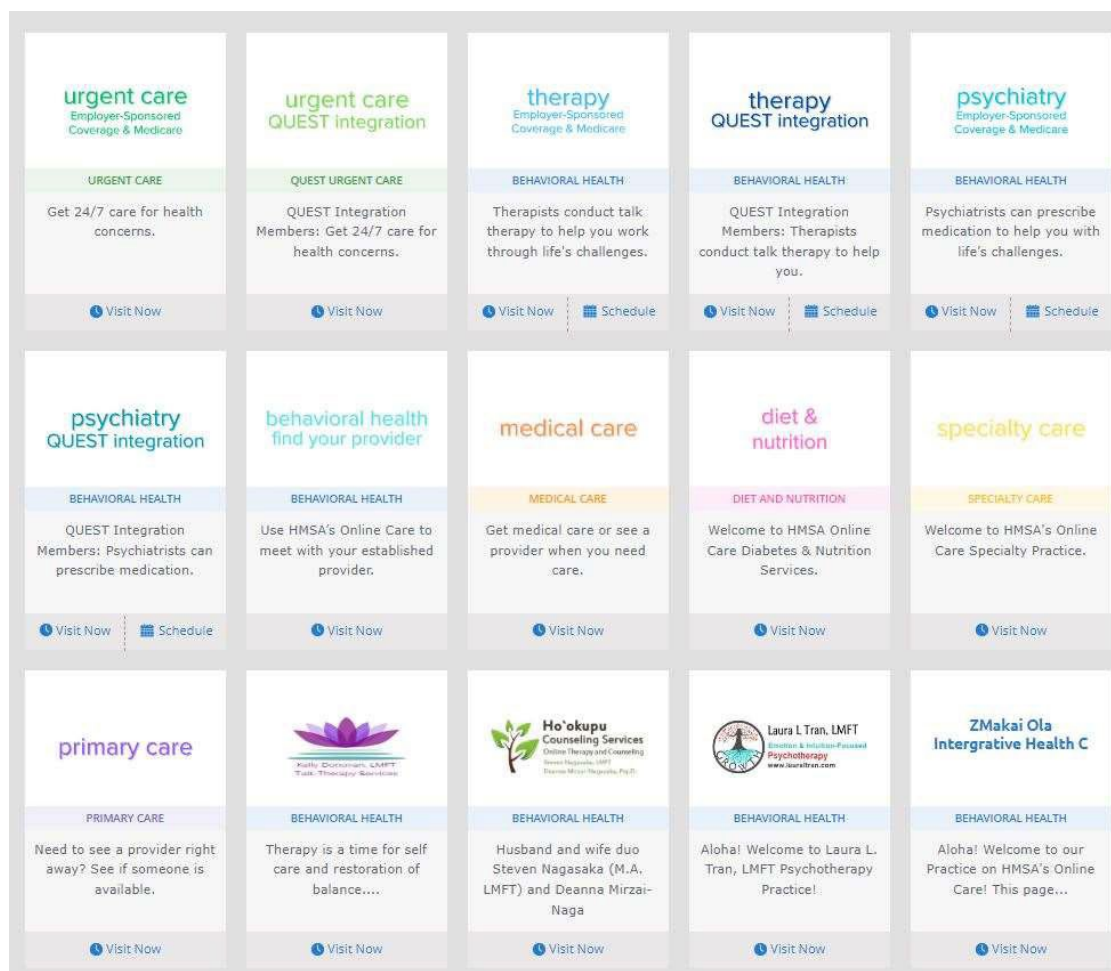
## How to Schedule an Appointment

Scheduling an appointment on HMSA's Online Care is easy. Just follow these steps.

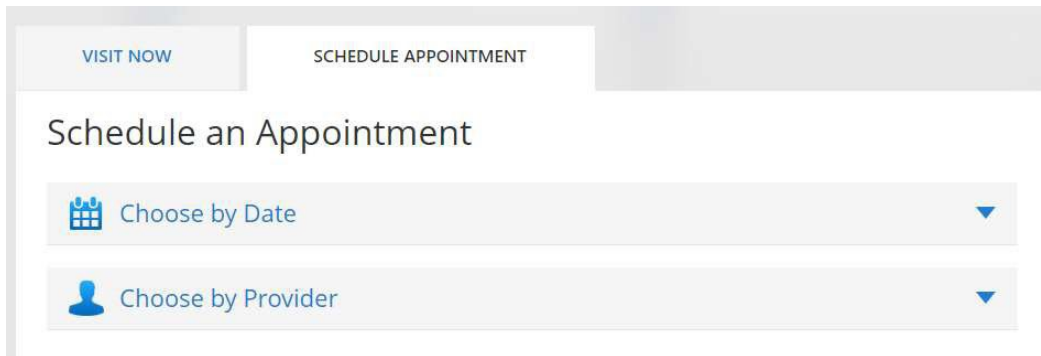
1. Log on to HMSA's Online Care with the email and password you used when you signed up.
2. On the homepage, "practice tiles" specify various services with one or both of these options:
  - **Visit Now** - To see a provider right away, click Visit Now. Providers who are available will have a green bar with Start Visit on their practice tile.
  - **Schedule** - Click Schedule to make an appointment.

**Note:** Be sure to visit the practice tile that specifies the type of health plan you have. For example, HMSA Akamai Advantage® members who get their health plan from their employer and members who get their plan from their employer should click practice tiles that say, Employer-sponsored Coverage & Medicare.

HMSA Akamai Advantage® is a PPO plan with a Medicare contract. Enrollment in HMSA Akamai Advantage depends on contract renewal.

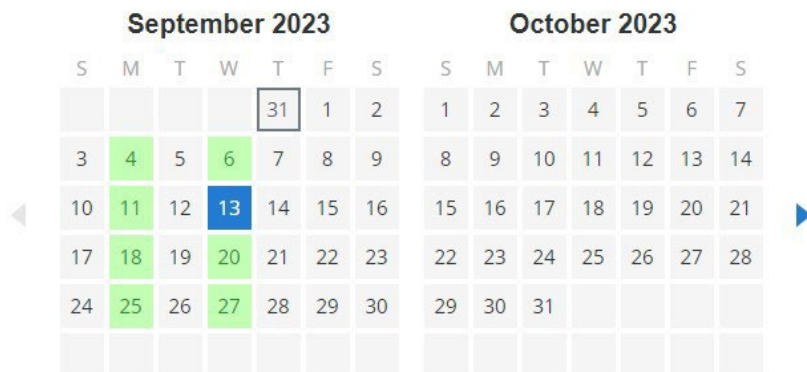
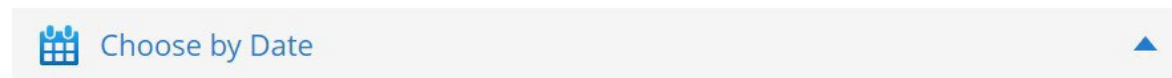


- To schedule an appointment, find the practice tile that meets your needs and click Schedule.
- Once in the practice tile, search for an appointment either by date or provider.

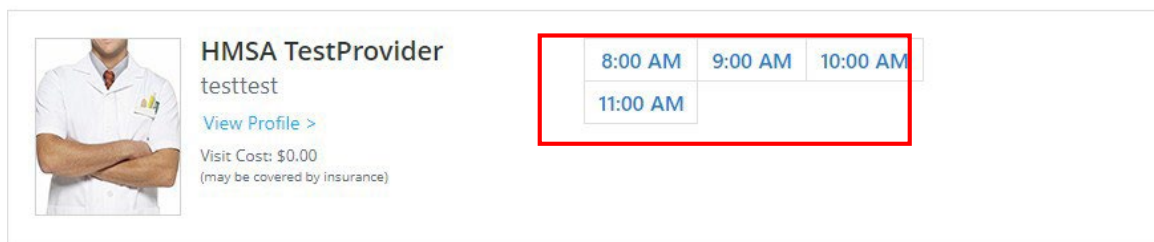


- If scheduling by date, a list of providers who are available on that date will appear with appointment slots. Select the time that best fits your schedule.

## Schedule an Appointment



Wednesday, September 13, 2023



- If scheduling with a provider, a calendar view of dates will appear. Select a date to see the provider's available times. Choose a time.

Schedule Appointment

September 2023							October 2023						
S	M	T	W	T	F	S	S	M	T	W	T	F	S
				31	1	2	1	2	3	4	5	6	7
3	4	5	6	7	8	9	8	9	10	11	12	13	14
10	11	12	13	14	15	16	15	16	17	18	19	20	21
17	18	19	20	21	22	23	22	23	24	25	26	27	28
24	25	26	27	28	29	30	29	30	31				

Monday, September 4, 2023

8:00 AM	9:00 AM	10:00 AM	11:00 AM
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- Review your appointment details and click **Schedule Appointment**.

## Appointment Details



HMSA TestProvider

testtest

8:00 AM HST

Monday, September 4, 2023

Cancel

Schedule Appointment

If you prefer to schedule by phone, call Toll Free: (866) 939-6013.

8. You'll receive an email with your appointment details. You'll also receive a reminder email 48 hours before your appointment.
9. Log on 10-15 minutes before your appointment to complete an intake form. You'll be placed in a waiting room until the provider is ready to see you.

**HMSA's Online Care**

**Your Upcoming Telehealth  
Appointment**

Patient:

**Patient Test**

When:

**Monday, September 4, 2023 at 8:00 AM HST**

## Your upcoming appointment

Click the button 10-15 minutes before your appointment.

**Get Started**

[Cancel Appointment](#)

For Customer Support, call Toll Free: (866) 939-6013.