

Assembly

1. Insert the tab in one of the arms into one of the slots on the plate, as shown, ensuring that the counterbored holes are on the back of the plate.
2. Insert the cross dowel in the hole in the arm such that the tapped hole aligns with the hole in the plate.
3. Insert the hex bolt with a washer. Tighten with a $7/16$ " socket.

Repeat for the second arm.

Installation

1. Center the plate on a stud at the desired height and mark the hole locations.
2. Drill $5/32$ " pilot holes, 2" deep, for the lag screws.
3. Use a $7/16$ " wrench or socket to fasten each lag screw with a washer, as shown. Tighten both lag screws.

