



# Active Living Choices

## April 2025

### Greenway Retirement

Nellie Jagdeo-Active Living Manager ext.704  
Nellie.Jagdeo@cogirseniorliving.ca

V E N V I

GREENWAY

— Retirement Living —

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>Calendar Legend</div> <div>All Day</div> <div>Technology *</div> <div>Special Program</div> <div>Outing</div>	<div>10:30 Bungee jump with Melissa</div> <div>11:00 Run with the bulls with Carlo</div> <div>12:00 Hamster racing with Katherine</div> <div>1:00 Outing to Jamaica with Nellie</div> <div>These are not REAL PROGRAMS</div>	<div>April Fools Day</div> <div>9:30 Morning Walking Club (Lob1)</div> <div>10:30 Cody Cross* (EL1)</div> <div>2:30 Tiered Exercise Program Tier 1 (FC3)</div> <div>2:30 Bid Euchre (CK3)</div> <div>3:30 Five Crown card game (FC3)</div> <div>4:00 Greenway Book Club Revival (TH2)</div> <div>7:15 Action Movie* (TH2)</div>	<div>10:00 Animal services presents: Journey To Adoption (FC3)</div> <div>2:00 Mad Hatter's Knitting (EL1)</div> <div>2:30 Roman Catholic Mass (TH2)</div> <div>2:30 Scrabble (FC3)</div> <div>4:00 Social Hour (IP)</div> <div>7:15 Apps for Seniors: Pictoword* (EL1)</div>	<div>10:00 Chair Yoga (FC3)</div> <div>10:30 Food for Thought Meeting (TH2)</div> <div>1:30 Afternoon Billiards (GR2)</div> <div>2:30 Bingo (FC3)</div> <div>4:00 Active Living Planning Meeting (FC3)</div> <div>7:00 Kingdom Life Church Sing a long (FC3)</div> <div>7:15 Euchre Night (CK3)</div>	<div>10:30 Java Music Club (Li2)</div> <div>2:15 Healthy Minds- Richard Jordan presents: Historic Brampton* (FC3)</div> <div>4:00 Social Hour (IP)</div> <div>7:15 Ladies Night: Paint and Sip (FC3)</div>	<div>9:30 Zumba (EL1)</div> <div>2:30 Bingo (FC3)</div> <div>4:00 Artfull Enrichment: Eco Art (EL1)</div> <div>7:15 Movie Night: The Man In The Iron Mask* (TH2)</div>
<div>10:30 Tiered Exercise Program Tier 1 (FC3)</div> <div>2:30 Kennedy Road Church service (TH2)</div> <div>3:30 Afternoon Entertainment (Lob1)</div> <div>7:15 Movie Night: Now and Then* (TH2)</div> <div>7:15 Lets learn Euchre &amp; Bid Euchre (CK3)</div>	<div>10:15 Outing to Walmart (IP)</div> <div>2:30 Spring games with Carlo (Bis1)</div> <div>3:30 Social Hour with Dan the Piano Man (Lob1)</div> <div>3:30 Mocktail Mondays (Lob1)</div> <div>7:15 Romance Movie* (TH2)</div>	<div>9:30 Morning Walking Club (Lob1)</div> <div>10:30 Cody Cross* (EL1)</div> <div>2:30 Tiered Exercise Program Tier 1 (FC3)</div> <div>2:30 Chef's Demo with Ron (CK3)</div> <div>2:30 Bid Euchre (EL1)</div> <div>3:30 Five Crown card game (FC3)</div> <div>7:15 Action Movie* (TH2)</div>	<div>10:00 Healthy Minds: Puppetry Presentation and workshop (FC3)</div> <div>2:00 Mad Hatter's Knitting (EL1)</div> <div>2:30 Scrabble (FC3)</div> <div>4:00 Social Hour (IP)</div> <div>7:15 Comedy Night with Katherine* (EL1)</div>	<div>10:00 Chair Yoga (FC3)</div> <div>10:30 Vet talk with Dr. Tye (TH2)</div> <div>1:30 Afternoon Billiards (GR2)</div> <div>2:30 Bingo (FC3)</div> <div>3:45 Bible Study and Worship (TH2)</div> <div>7:15 Euchre Night (CK3)</div> <div>7:15 Andre Rieu (TH2)</div>	<div>10:30 Tiered Exercise Program Tier 1 (FC3)</div> <div>2:30 Healthy minds: Cat crocheting presentation (FC3)</div> <div>3:30 Fashion Show Discussion (FC3)</div> <div>4:00 Social Hour (IP)</div> <div>7:15 Hamster Vs Human Episode 3* (EL1)</div>	<div>9:30 Zumba (EL1)</div> <div>2:30 Bingo (FC3)</div> <div>4:00 Current Events* (EL1)</div> <div>7:15 Movie Night: When a man loves a woman* (TH2)</div>
<div>10:30 Tiered Exercise Program Tier 1 (FC3)</div> <div>2:30 Kennedy Road Church service (TH2)</div> <div>3:30 Afternoon entertainment with James Anthony (EL1)</div> <div>7:15 Movie Night: Little Women* (TH2)</div>	<div>9:30 Swim at Ellen Mitchell Pool-sign up (IP)</div> <div>10:30 Cody Cross* (EL1)</div> <div>2:30 Fashion show dress rehearsal (FC3)</div> <div>3:30 Social Hour with Amala (Lob1)</div> <div>3:30 Mocktail Mondays (Lob1)</div> <div>7:15 Romance Movie* (TH2)</div>	<div>9:30 Morning Walking Club (Lob1)</div> <div>10:30 Life Lessons LIVE Podcast- Health and Wellness (FC3)</div> <div>11:30 Luncheon Club- Swiss Chalet-sign up (CK3)</div> <div>2:30 Tiered Exercise Program Tier 1 (FC3)</div> <div>2:30 Bid Euchre (CK3)</div> <div>3:30 Five Crown card game (FC3)</div> <div>7:15 Action Movie* (TH2)</div>	<div>10:30 National Film day: Ladies and Gentlemen Mr. Leonard Cohen* (TH2)</div> <div>2:00 Mad Hatter's Knitting (EL1)</div> <div>2:30 Scrabble (FC3)</div> <div>4:00 Social Hour (IP)</div> <div>7:15 Bingo (FC3)</div>	<div>10:00 Green Chair Yoga (FC3)</div> <div>1:30 Afternoon Billiards (GR2)</div> <div>2:30 Greenway Fashion Show (FC3)</div> <div>7:15 Euchre Night (CK3)</div> <div>7:15 Andre Rieu (TH2)</div>	<div>Good Friday</div> <div>10:30 Java Music Club (Li2)</div> <div>2:30 Tiered Exercise Program Tier 1 (FC3)</div> <div>4:00 Social Hour (IP)</div> <div>7:15 X-celsis Choir concert (Lob1)</div>	<div>9:30 Zumba (EL1)</div> <div>2:30 A.G.E-Bingo with YMCA youth (FC3)</div> <div>4:00 Artfull Enrichment: Christianity in Art (EL1)</div> <div>7:15 Movie Night: Easter Parade * (TH2)</div>



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— Retirement Living —

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<i>Easter Sunday</i> <b>20</b> 10:30 Tiered Exercise Program Tier 1 (FC3) 2:30 Kennedy Road Church service (TH2) <i>3:30 Afternoon Entertainment (Lob1)</i> 7:15 Netflix Movie Night: Easter Sunday * (TH2)	<i>10:30 Easter Egg Hunt (Lob1)</i> <b>21</b> <i>2:30 Easter crafts with Dea (EL1)</i> 3:30 Social Hour with Dan the Piano Man (Lob1) 7:15 Romance Movie* (TH2)	<i>9:30 Morning Walking Club (Lob1)</i> <b>22</b> <i>10:00 Garden Club meeting (Bis1)</i> <i>10:30 Earth Day Clean up (Lob1)</i> 2:30 Tiered Exercise Program Tier 1 (FC3) 2:30 Bid Euchre (CK3) 3:30 Five Crown card game (FC3) <i>3:30 Earth Day Jeopardy (EL1)</i> <i>7:15 Earth Day Movie: Welcome to Earth (EL1)</i>	<b>10:00 Outing to Rama Gaming casino-Mississauga (SP)</b> <b>23</b> 2:00 Mad Hatter's Knitting (EL1) 2:30 Scrabble (FC3) 4:00 Social Hour (IP) 7:15 Cody Cross* (EL1)	10:00 Chair Yoga (FC3) <b>24</b> <b>10:30 Outing to Shopper's drug mart (IP)</b> 1:30 Afternoon Billiards (GR2) 2:30 Bingo (FC3) 3:45 Bible Study and Worship (TH2) 7:15 Euchre Night (CK3) 7:15 Andre Rieu (TH2)	10:30 Tiered Exercise Program Tier 1 (FC3) <b>25</b> <i>2:30 Birthday Celebrations with Frank B (EL1)</i> 4:00 Social Hour (IP) 7:15 Men's Games Night (GR2)	9:30 Zumba (EL1) <b>26</b> 2:30 Bingo (FC3) 4:00 Current Events* (EL1) 7:15 Movie Night: The time traveller's wife* (TH2)
10:30 Tiered Exercise Program Tier 1 (FC3) <b>27</b> 2:30 Kennedy Road Church service (TH2) <i>3:30 Afternoon entertainment with James Regan (EL1)</i> 7:15 Movie Night: One flew over the cuckoo's nest* (TH2)	<b>11:30 Luncheon to the Pickle Barrel (IP)</b> <b>28</b> 3:30 Social Hour with Amala (Lob1) 3:30 Mocktail Mondays (Lob1) <i>7:15 A.G.E-Girl Guides campfire sing a long (FC3)</i>	<i>9:30 Morning Walking Club (Lob1)</i> <b>29</b> 10:30 Cody Cross* (EL1) 2:30 Tiered Exercise Program Tier 1 (FC3) 2:30 Bid Euchre (CK3) <i>3:00 Welcome Home: Never have I ever (EL1)</i> 3:30 Five Crown card game (FC3) 7:15 Action Movie* (TH2)	<i>10:30 Talk of the Town- hall meeting (FC3)</i> <b>30</b> 2:00 Mad Hatter's Knitting (EL1) 2:30 Scrabble (FC3) 4:00 Social Hour (IP) <i>7:15 Wheel Of Fortune (EL1)</i>			
<u>Vendors</u>  3rd-EZ fit shoes  23rd- Shanny's Shortbread	<u>Foot Care Dates</u> 9th, 23rd, 30th <u>Mobile Hearing</u> 15th 10am-12pm <u>Mobile Dentist</u> 4th, 11th, 25th  Please sign up at front desk			<u>Calendar Legend</u> <i>All Day</i> Technology * <i>Special Program</i> <b>Outing</b>	<u>Locations Legend</u>  Fitness Centre 3rd Floor (FC3) Entertainment Lounge 1st Floor (EL1) Theatre Room 2nd Floor (TH2) Lobby 1st Floor (Lob1) Independent Program (IP)  Country Kitchen 3rd Floor (CK3) Games Room 2nd Floor (GR2) Library 2nd Floor (Li2) Bistro 1st Floor (Bis1) Outing Sign Up (SP)	