



GUILDWOOD

Retirement Living

Venvi Guildwood • Ana Luiza Walter Nuno, Active Living Manager ext. 1500

— Retirement Living —  May 2025									
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday			
				1 10:00am Exercise Group (YR) 10:30am Exercise Group (YR) 02:30pm Happy Hour: Featured Drink - Vodka Cranberry (BI) 6:30pm Bridge Night (MP)	2 09:30am Making Milk Mats Drop-In (MP) 10:00am Chair Zumba with Naz (DK) 02:00pm Toronto Wildlife – Speaker: Ann Brokelman (TR) 07:00pm Evening at the Movies: The Two Popes (TR)	3 09:00am Crafts with Barb: Sign up at Reception (MP) 10:00am Drop-In Knitting Group (DK) 11:00am Activity/Game Pick-Up (LB) 02:00pm Aqua-Fit (PO) 6:30pm Drop-In Cards Night (DK)			
10:00am Puzzlers Drop-In (PR) 11:00am Activity/Game Pick-Up (LB) 02:00pm Bingo (DK) 03:30pm Games Room Drop-In (GR) 07:00pm Evening at the Movies: The Life List (TR)	10:00am Exercise Group (YR) 10:30am Exercise Group (YR) 02:00pm DIY Wood Bird House Decor – Sign up at Reception (MP) 03:30pm Pictionary Game (DK) 06:30pm Euchre Nights (DK)	10:00am Exercise Group (YR) 10:30am Exercise Group (YR) 02:00pm Active Planning Meeting & Food for Thought Meeting: Everyone is Welcome! (TR) 03:30pm Horse Racing (MP) 06:30pm Bridge Night (MP)	7 09:30am-1:00pm Vendor on Site: Fifth Avenue Collection Jewelry (DK) 10:00am Exercise Group (YR) 10:30am Exercise Group (YR) 02:00pm Afternoon Entertainment by Carla Gonzalez (DK) 06:00pm Drop-In Cards Night (DK)	8 10:00am Exercise Group (YR) 10:30am Exercise Group (YR) 02:00pm Mother's Day: Floral Origami with Naz – Sign up at Reception (MP) 03:30pm Bingo with Ana (DK) 6:30pm Bridge Night (MP)	9 09:30am Making Milk Mats Drop-In (MP) 10:00am Guided Yoga Session (TR) 11:00am Activity/Game Pick-Up (LB) 02:30pm Happy Hour: Featured Drink – Frozen Margarita (BI) 07:00pm Evening at the Movies: Mother of the Bride (TR)	10 09:00am Crafts with Barb: Sign up at Reception (MP) 10:00am Drop-In Knitting Group (DK) 11:00am Activity/Game Pick-Up (LB) 02:00pm Baking Class with Noor: Mother's Day Special (DK) 6:30pm Drop-In Cards Night (DK)			
11 Mother's Day 10:00am Puzzlers Drop-In (PR) 11:00am Activity/Game Pick-Up (LB) 02:00pm Bingo (DK) 03:30pm Games Room Drop-In (GR) 07:00pm Evening at the Movies: Otherhood (TR)	12 Int. Nurses Day 10:00am Exercise Group (YR) 10:30am Exercise Group (YR) 10:30am Memoir Writing Group (MP) 02:00pm Afternoon Entertainment by Andy de Campos: Celebrating Mother's Day & Nurses Day (DK) 03:30pm Name that Tune (PR) 06:30pm Euchre Nights (DK)	13 Nat. Apple Pie Day 10:00am Exercise Group (YR) 10:30am Exercise Group (YR) 02:00pm Meet & Greet New Residents: Apple Pie Social (DK) 03:30pm Horse Racing (MP) 06:30pm Bridge Night (MP)	14 10:00am Exercise Group (YR) 10:30am Exercise Group (YR) 01:00pm Outings: Eglinton Square - Sign up at Reception 02:00pm *Tech Support: Bring your own Device* (MP) 06:00pm Drop-In Cards Night (DK)	15 10:00am-2:00pm Walker Clinic – Sign up at Reception (DK) 10:00am Exercise Group (YR) 10:30am Exercise Group (YR) 01:00pm Outings: White Feather Farm - Sign up at Reception 02:00pm Wine n' Paint (MP) 06:30pm Bridge Night (MP)	16 National Mimosa Day 09:30am Making Milk Mats Drop-In (MP) 10:00am Chair Zumba with Naz (DK) 02:30pm Happy Hour: Featured Drink – Mimosa (BI) 07:00pm Evening at the Movies: The Vow (TR)	17 09:00am Crafts with Barb: Sign up at Reception (MP) 10:00am Drop-In Knitting Group (DK) 11:00am Activity/Game Pick-Up (LB) 02:00pm Aqua-Fit (PO) 6:30pm Drop-In Cards Night (DK)			



## 3Active Living

GUILDWOOD

Retirement Living —

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May 2025										
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday				
18	19 Victoria Day	20	21	22	23	24				
10:00am Puzzlers Drop-In	10:00am Exercise Group	10:00am – 03:00pm:	10:00am Exercise Group	10:00am Activity/Game Pick-	09:30am Making Milk Mats	09:00am Crafts with Barb:				
(PR)	(YR)	Vendor on Site: Triple	(YR)	Up (LB)	Drop-In (MP)  10:00am Resident Council	Sign up at Reception (MP)				
11:00am Activity/Game Pick-	10:30am Exercise Group	Eight Clothing (DK) 10:00am Exercise Group	10:30am Exercise Group (YR)	01:00pm Outings: Rama Bingo Hall – Sign up at	Meeting (SO)	10:00am Drop-In Knitting				
Up (LB) <b>02:00pm</b> Bingo (DK)	(YR) 11:00am Victoria Day	(YR)	01:00pm Outings: Don Mills	Reception	10:00am Guided Yoga Session	Group (DK)  11:00am Activity/Game				
03:30pm Games Room	Scramble Pick-Up (LB)	10:30am Exercise Group	Mall -Sign up at Reception	<b>02:00pm</b> Bingo with Ana	(TR)	Pick-Up (LB)				
Drop-In (GR)	<b>02:00pm</b> Wine n' Paint (MP)	(YR)	02:00pm Afternoon	(DK)	02:30pm Happy Hour:	<b>02:00pm</b> Guess the Price				
<b>07:00pm</b> Evening at the	<b>06:30pm</b> Euchre Nights (DK)	02:00pm High Tea Social –	Entertainment by Filipa	6:30pm Trivia Pub Night	Featured Drink – Vodka Lemonade (BI)	(DK)				
Movies: The Good Nurse		Sign up at Reception (SO)	Sousa (DK)	(BI)	07:00pm Evening at the	6:30pm Drop-In Cards				
(TR)		03:30pm Horse Racing (MP)	<b>06:00pm</b> Drop-In Cards Night		Movies: The Gray Man (TR)	Night (DK)				
		<b>06:30pm</b> Bridge Night (MP)	(DK)							
25 Open House	26	27	28	29	30	31				
10:00am Puzzlers Drop-In (PR)	09:00am-12:00pm Hearing	10:00am Exercise Group	10:00am Exercise Group (YR)	10:00am Exercise Group	09:30am Making Milk Mats	09:00am Crafts with Barb:				
11:00am Activity/Game Pick-	Clinic – Sign up at Reception	(YR)	10:30am Exercise Group (YR)	(YR)	Drop-In (MP)	Sign up at Reception (MP)				
Up (LB)  02:00pm Decorating a Vase:	(Wellness Center) 10:00am Exercise Group (YR)	10:30am Exercise Group	12:00pm Outings: Moxies Pickering Restaurant (Bring	10:30am Exercise Group	10:00am Chair Zumba with Naz (DK)	10:00am Drop-In Knitting				
Bring your own -Sign up at	10:30am Exercise Group (YR)	(YR)	Money for Lunch) - Sign up at	(YR)	<b>12:00pm</b> Pizza Lunch: \$5	Group (DK)				
Reception (MP)	10:30am Memoir Writing Group	02:00pm Book Club (SO) 03:30pm Spring Cards	Reception	01:00pm Outings: Pickering Town Centre –	(pop, a slice, chips) – Sign up	11:00am Activity/Game Pick-Up (LB)				
03:30pm Games Room Drop-In	(MP)	Making with Naz – Sign up at	02:00pm Holy Trinity Church	Sign up at Reception	at Reception (SO)	<b>02:00pm</b> Guess the				
(GR) <b>07:00pm</b> Evening at the	02:00pm Resident Town Hall Meeting: Everyone is	Reception (MP)	Service (TR) 03:30pm Bingo Buck Shop (DK)	02:00pm Resident Birthday	02:30pm Happy Hour: Featured Drink – Mint Julep	Invention Game (DK)				
Movies: A Walk Among the	Welcome! (TR)	06:30pm Bridge Night (MP)	<b>06:00pm</b> Drop-In Cards Night	Party with Entertainment	(BI)	6:30pm Drop-In Cards				
Tombstones (TR)	03:30pm Name that Tune (PR)		(DK)	by Noah Kosta (DK)	07:00pm Evening at the	Night (DK)				
	06:30pm Euchre Nights (DK)			6:30pm Bridge Night (MP)	Movies: Second Act (TR)					
	Vanui Ouilduna ad	Guildwood Service Outings	Guildwood Courtesy Car	CALENDAR LEGEND		ROOM LEGEND				
	Venvi Guildwood	Thursday Mornings	Monday, Tuesday &	Special	May 11 <sup>th</sup> – Mother's Day May 12 <sup>th</sup> – Int. Nurses Day	YR: Yoga Room TR: Theatre Room				
31	Retirement Living	9:30am & 10:30am	Fridays 9:30am until	Programs/Events	May 13 <sup>th</sup> – Int. Apple Pie Day	BI: Bistro				
= ACTIVE	65 Livingston Bood	Shuttle runs to	4:00pm		May 15 <sup>th</sup> – Walker Clinic on	DK: Demo Kitchen				
	65 Livingston Road	Morningside Crossing	Booking is required at	Outings	Site	MP: Multi-Purpose				
LICULTY	Scarborough, ON	Plaza, TD Bank, RBC,	Reception on a first	*Technology Program*	May 19 <sup>th</sup> – Victoria Day	PR: Puzzle Room				
	M1E 0E6	Scotia Bank & CIBC	come, first serve basis.		May 25 <sup>th</sup> – Open House	SO: Solarium				
	(440) 000 0000	Booking is required at	Locations limits &		May 26 <sup>th</sup> – Hearing Clinic on	GR: Games Room MR: Media Room				
	(416) 883-6920	Reception.	restrictions in effect.		Site	LB: Library				
						LD. Library				