## Sample Weekly Menu

Our expert chefs use seasonal and local inspiration to curate an ample selection that is fresh, balanced and nutritious.

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Lunch	Seafood Newburg Crepes with Sliced Tomatoes and Cucumber	Potato & Cheddar Perogies with Sauteed Onions & Bacon	Open Face Roast Turkey Sandwich with Green Peas	Smoked Salmon Eggs Benedict with Potato Bites	Philly Cheese Steak Sandwich with Sweet Potato Fries	BBQ Chicken Breast with Cranberry Aioli on a Toasted Bun with Potato Salad and Pickled Beets	Chicken & Shrimp Stir-fry with Vegetable Lo Mein
Dinner	Thai Coconut Pineapple Chicken over with Steamed Jasmine Rice, Broccoli, and Medley of Peppers	Braised Apple & Leek Pork Tenderloin with Mashed Potatoes, Sauteed Green Zucchini, and Baby Carrots	Roasted Leg of Lamb & Wine Rosemary Pan Gravy with Roasted Baby Yukon Potatoes, Roasted Parsnip, and Brussel Sprouts	Sweet & Sour Meatballs with Steamed White Rice and Stir-fried Vegetable Medley	Pan Seared Rainbow Trout with Rice Pilaf, Baked Tomatoes, and Green Beans	Asian Pork Medallion with Mashed Potatoes, Cauliflower, and Red Cabbage	Roast Beef & Yorkshire Pudding with Green Peppercorn Sauce with Garlic Mashed Potatoes, Asparagus, and Sweet Corn
Dessert	Green Tea Ice Cream	French Cheesecake	Pecan Pie	Maple Chocolate Cake	Cherry Jubilee	Black Forest Cake	Blueberry Pie
Daily soup	Split Pea	Corn Chowder	Broccoli & Cheddar	Cream of Asparagus	Potato & Leek	Tomato and Roasted Red Pepper	Asian Egg Drop
Daily salad	Kale & Strawberry Salad	Caesar Salad	Mandarin & Almond Spinach Salad	Fresh Garden Salad	Carrot & Raisin Slaw	Raspberry and Arugula Salad	Chef's Signature Salad



## Sample Weekly Menu

Not sure what to order? Our À La Carte Menu is always available to choose from.

	Lunch	Dinner		
Soup	Butternut Squash and Apple Curry Soup Drizzled with Maple Cream Fraiche	Soup	Butternut Squash and Apple Curry Soup Drizzled with Maple Cream Fraiche	
Sandwich board	<ul> <li>Egg Salad Sandwich on a Croissant</li> <li>Montreal Smoked Meat on Marble Rye</li> <li>Roast Turkey, Havarti Cheese, Tomato on Multigrain Roll</li> <li>Honey Ham and Brie Cheese, Arugula on a Bagel</li> <li>Chicken Salad on Cranberry Focaccia</li> </ul>	Showcase salad	<ul> <li>Mandarin Chicken Salad</li> <li>Grilled Chicken, Artisan Romaine, Mandarin Orange, Green Onion, tossed with a toasted sesame dressing</li> </ul>	
Showcase salad	Baby Spinach, Fresh Strawberries, Toasted Almonds, Cranberries, Feta with Raspberry Vinaigrette	Entrée	<ul> <li>All À la Carte Entrees served with choice of sides if applicable.</li> <li>Shrimp Ravioli with Saffron Cream Sauce</li> <li>Pierogies Smothered in Sauteed Onions &amp; Bacon</li> <li>Chef's Cobb Salad, Chicken, Avocado, Bacon, Tomato, Egg</li> <li>BBQ Manhattan Steak served with Mushroom Demi</li> <li>Beer Battered Fish and Chips, Tartar Sauce &amp; Lemon Wedge</li> </ul>	

