




Active Living Choices April 2025

Venvi-Barrhaven Manor

Aylene McKeown, Active Living Manager

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<div><div>April Fools Day (LB)</div><div>10:00 The True Story about April Fools Day! (LB)</div><div>10:45 Java Reflextions (LB)</div><div>1:30 Outdoor Walking Around the Grounds (OUT)</div><div>2:30 Discuss and Recall: "Welcome April" (LB)</div><div>3:30 Words Within a Word (LB)</div><div>6:30 Escape to Nature Documentary Film (TV)</div></div> <div>1</div>	<div><div>International Children's Book Day (LB)</div><div>9:45 Little Known Facts: "International Children's Book Day" (LB)</div><div>10:30 Physio Exercise (AR)</div><div>1:30 Knitting Group (SR)</div><div>2:00 Active Living Planning Meeting (TV)</div><div>3:00 Wine and Cheese Social (TV)</div><div>3:30 Book Readings (LB)</div><div>6:30 Name That Tune * (LB)</div></div> <div>2</div>	<div><div>10:00 TEP Exercise Class (AR)</div><div>10:45 Nature Appreciation: Indoor Plants and Flowers (TV)</div><div>1:45 Bingo (TV)</div><div>3:15 National Geographic Documentary and Discussion "Bighorn Medicine Wheel"* (TV)</div><div>6:30 Games Night (TV)</div></div> <div>3</div>	<div><div>9:45 Morning Coffee and Current Events (LB)</div><div>10:30 Physio Exercise (AR)</div><div>1:30 Afternoon Word Games (LB)</div><div>2:30 Friday Cocktails Featuring: Rick Leben (TV)</div><div>6:30 Downton Abbey (SR)</div></div> <div>4</div>	<div><div>10:00 TEP Exercise Class (AR)</div><div>10:30 Hymn Sing with Dai (LB)</div><div>1:00 Story Telling (LB)</div><div>1:45 Bingo (TV)</div><div>3:00 Name That Tune * (TV)</div></div> <div>5</div>
<div><div>10:15 TEP Exercise Class (AR)</div><div>11:00 Java Social (SR)</div><div>1:30 Crafters Corner (TV)</div><div>2:30 Sunday Afternoon Tea Social (LB)</div><div>3:00 Today in History* (LB)</div><div>3:30 Rosary with Addy (SR)</div></div> <div>6</div>	<div><div>World Health Day (LB)</div><div>9:30 Fitness Machine Workshop with Jane (AR)</div><div>10:30 Physio Exercise (AR)</div><div>11:30 Dining Out at Swiss Chalet (OUTI)</div><div>1:45 Bingo (TV)</div><div>3:00 Let's Travel to Egypt (TV)</div><div>3:30 Travel Talk (TV)</div><div>6:30 Evening Cards (TV)</div></div> <div>7</div>	<div><div>10:00 Indoor Plants (LB)</div><div>10:30 Java Reflextions (SR)</div><div>1:30 Outdoor Walking Around the Grounds (OUT)</div><div>2:30 Lecture Series: " Living with Parkinson's" with Guest Speaker Anne Brackstone (TV)</div><div>3:45 Words Within a Word (LB)</div><div>6:30 Nature Documentary Film (TV)</div></div> <div>8</div>	<div><div>9:45 Storytelling: "Ten Minute Tales" (LB)</div><div>10:30 Physio Exercise (AR)</div><div>1:00 Community Bingo at Prince of Wales (OUTI)</div><div>2:30 Today in History* (LB)</div><div>3:00 Wine and Cheese Social (TV)</div><div>3:30 Program (LB)</div><div>3:30 Trivia Challenge (TV)</div><div>6:30 Name That Tune * (LB)</div></div> <div>9</div>	<div><div>10:00 TEP Exercise Class (AR)</div><div>10:45 Artful Ennrichment: "Book Club-Little Women" (LB)</div><div>1:45 Bingo (TV)</div><div>3:15 Garden Club Virtual Presentation: Green Thumb Essentials* (TV)</div><div>6:30 Games Night (TV)</div></div> <div>10</div>	<div><div>9:45 Morning Coffee and Current Events (LB)</div><div>10:30 Physio Exercise (AR)</div><div>1:30 Afternoon Word Games (LB)</div><div>2:30 Friday Cocktails Featuring: Johnny Vegas (LB)</div><div>6:30 Downton Abbey (SR)</div></div> <div>11</div>	<div><div>First Day of Passover (LB)</div><div>10:00 TEP Exercise Class (AR)</div><div>10:30 Reminiscing (TV)</div><div>11:00 Story Telling (LB)</div><div>1:45 Bingo (TV)</div><div>3:15 Healthy Minds Seminar: "Quebec City Mural Art" (TV)</div></div> <div>12</div>
<div><div>10:15 TEP Exercise Class (AR)</div><div>11:00 Java Music (SR)</div><div>1:30 Artful Craft: Recycled Rose (TV)</div><div>2:30 Sunday Afternoon Tea Social (LB)</div><div>3:00 Let's Discuss Today's History* (TV)</div></div> <div>13</div>	<div><div>9:30 Shopping at Carlingwood (OUTI)</div><div>9:45 Good News Story of the Day! (LB)</div><div>10:30 Physio Exercise (AR)</div><div>1:30 Scenic Drive with Jane (OUTI)</div><div>1:45 Bingo (TV)</div><div>3:00 Let's Travel to Israel (TV)</div><div>3:30 Travel Talk (TV)</div><div>6:30 Evening Cards (TV)</div></div> <div>14</div>	<div><div>Green Yoga Day (AR)</div><div>9:30 Catholic Mass Service (CH)</div><div>10:00 Green Chair Yoga Class (AR)</div><div>10:45 Green Yoga Day Relaxation (AR)</div><div>1:30 Outdoor Walking Around the Grounds (OUT)</div><div>2:30 Art History Presentation: "Glass Artist Dale Chihuly"* (TV)</div><div>3:45 Words Within a Word (LB)</div><div>6:30 Escape to Nature Documentary Film (TV)</div></div> <div>15</div>	<div><div>9:45 CanFilm Day Facts (LB)</div><div>10:30 Physio Exercise (AR)</div><div>2:00 Salvation Army Service (LB)</div><div>3:00 Wine and Cheese Social with Roxy Swan (LB)</div><div>4:15 T'About! (LB)</div><div>5:15 CanFilm Day Photobooth (LB)</div><div>6:00 CanFilm Day Showing: "Maudie, the True Story of Maude Lewis"* (TV)</div></div> <div>16</div>	<div><div>10:00 TEP Exercise Class (TV)</div><div>10:45 Nature Appreciation: Easter Flower Arranging for our Dining Room (LB)</div><div>1:45 Bingo (TV)</div><div>3:15 Crafters Corner: Easter Wreath Creations (TV)</div><div>6:30 Games Night (TV)</div></div> <div>17</div>	<div><div>Good Friday (LB)</div><div>9:45 Morning Coffee and Current Events (LB)</div><div>10:30 TEP Exercise Class (AR)</div><div>1:30 Afternoon Word Games (LB)</div><div>2:30 Friday Cocktails Featuring: Spencer Scharf (LB)</div><div>6:30 Downton Abbey (SR)</div></div> <div>18</div>	<div><div>10:00 TEP Exercise Class (AR)</div><div>10:30 Reminiscing (LB)</div><div>11:00 Easter Egg Decorating (TV)</div><div>1:45 Lions Club Bingo (TV)</div><div>3:15 Sing That Tune* (LB)</div></div> <div>19</div>



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VENVI

BARRHAVEN MANOR

— Retirement Living —

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div><i>Easter Sunday (LB)</i> 20</div> <div>10:15 TEP Exercise Class (AR)</div> <div>11:00 Fun Facts: "Easter Around The World" (1F)</div> <div>1:30 Easter Egg Scavenger Hunt (LB)</div> <div>2:30 Easter Sunday Social and Live Entertainment Featuring: Duo Pleiades (LB)</div> <div>3:30 Let's Discuss Today's History* (LB)</div>	<div><i>Easter Monday (LB)</i> 21</div> <div>9:45 Riddle Me This and Morning Coffee (LB)</div> <div>10:30 Physio Exercise (AR)</div> <div>1:45 Bingo (TV)</div> <div>3:00 Let's Travel To: Australia (TV)</div> <div>3:30 Travel Talk (TV)</div> <div>6:30 Evening Cards (TV)</div>	<div><i>Earth Day (LB)</i> 22</div> <div>10:00 Earth Day Facts and Fiction* (LB)</div> <div>10:30 Java Reflexions (SR)</div> <div>1:30 Outdoor Walking Around the Grounds (OUT)</div> <div>2:00 Garden Clean-Up (CY)</div> <div>3:00 Resident Information Meeting-Renovation Updates (TV)</div> <div>3:45 Words Within a Word (LB)</div> <div>6:30 Escape to Nature Documentary Film (TV)</div>	<div><div>9:45 News to Know: "Today's Headlines and Discussion"* (LB)</div><div>23</div><div>10:30 Physio Exercise (AR)</div><div>2:00 Our Environment: "Saving Planet Earth" Virtual Presentation with Loretta Penny* (TV)</div><div>3:00 Wine and Cheese Social (LB)</div><div>3:30 Twenty Questions: Person, Place or Thing (LB)</div><div>6:30 Name That Tune * (LB)</div></div>	<div><div>10:00 TEP Exercise Class (AR)</div><div>24</div><div>10:45 Nature Appreciation: "Trouble in Paradise, The Last Lemurs of Madagascar" * (TV)</div><div>1:45 Bingo (TV)</div><div>3:00 Healthy Minds: Exploring Canadian Film: "Ladies and Gentlemen, Mr. Leonard Cohen" (TV)</div><div>6:30 Games Night (LB)</div></div>	<div><div>9:45 Morning Coffee and Current Events (LB)</div><div>25</div><div>10:30 Physio Exercise (AR)</div><div>1:30 Afternoon Word Games (LB)</div><div>2:30 Resident Birthday Celebrations and Live Entertainment Featuring: Singer Malcolm Wade (LB)</div><div>6:30 Downton Abbey (SR)</div></div>	<div><div>10:00 TEP Exercise Class (AR)</div><div>26</div><div>10:30 Reminiscing (TV)</div><div>11:00 Story Telling (LB)</div><div>1:45 Bingo (TV)</div><div>3:15 Travel Challenge: "Name That Place"* (LB)</div></div>
<div><div>10:15 TEP Exercise Class (AR)</div><div>27</div><div>11:00 Java Music (SR)</div><div>1:30 Crafters Corner (TV)</div><div>2:30 A.G.E.: Sunday Afternoon Tea Social Featuring: Chinese Canadians 4 Canada (LB)</div><div>3:00 Let's Discuss Today's History* (TV)</div></div>	<div><i>Federal Election Day (LB)</i> 28</div> <div>9:45 Good News Story of the Day! (LB)</div> <div>10:30 Physio Exercise (AR)</div> <div>1:45 Bingo (TV)</div> <div>3:00 Let's Travel To: Greece (TV)</div> <div>3:30 Travel Talk (TV)</div> <div>6:30 Evening Cards (TV)</div>	<div><div>10:00 Picture Quizz-Name It! (LB)</div><div>29</div><div>10:30 Java Reflexions (SR)</div><div>1:30 Outdoor Walking Around the Grounds (OUT)</div><div>2:30 Welcome Home Afternoon Tea Social and Doughnuts (LB)</div><div>3:45 Words Within a Word (LB)</div><div>6:30 Escape to Nature Documentary Film (TV)</div></div>	<div><div>9:45 Reminiscing: "Your Favorite Jazz Muscian" (LB)</div><div>30</div><div>10:30 Physio Exercise (AR)</div><div>2:30 Volunteer Appreciation Wine and Cheese Social (LB)</div><div>3:45 Finishing Lines (LB)</div><div>6:30 Name That Tune * (LB)</div></div>			
<div></div>		<div></div>	<div><u>Locations Legend</u></div> <div>Lobby (LB)</div> <div>TV Room (TV)</div> <div>Activity Room (AR)</div> <div>Sunroom (SR)</div> <div>Outdoor Walking Path (OUT)</div> <div>Outing (OUTI)</div> <div>Chapel (CH)</div> <div>1st Floor (1F)</div> <div>Courtyard (CY)</div>	<div><u>Calendar Legend</u></div> <div>All Day</div> <div>Technology *</div> <div>Special Program</div> <div>Outing</div>		<div></div>