



April 2025

Briarfield Gardens

Lizzy Kemka|Active Living Manager

elizabeth.kemka@cogirseniorliving.ca



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<u>Locations Legend</u> Activity Room (AR) Billiards Room (BR) Main Lounge (ML) Fitness Center (FC) Chapel (CH) Dining Room (DR) Lobby (L) Front Desk (FD) Library (LIB)		10:15 HeartBeats Club (AR) 11:00 Fact or Foolery? (AR) 2:00 Solo Cards (BR) 2:00 Welcome Home: Do you Know your Neighbour? (AR) 2:30 Outing to Balzac's Cafe in Stratford (ML) 3:30 Knitting and Crochet Club (AR) 3:30 Silver Cross Walker Accessories Sale (ML) 4:00 Billiards (BR) 7:00 Euchre Club (AR) 1	10:00 Catholic Service Fr. Melvin Pinto (CH) 10:15 TEP 2 (FC) 11:00 Giant Connect Four Game (AR) 2:00 Bridge (BR) 2:00 Artful Enrichment: Floral Painted Glass (AR) 3:00 BINGO* (AR) 7:00 Solo Cards (BR) 7:00 Music with Jeff Poulton (ML) 2	10:00 Crokinole (BR) 10:00 Inspirational Chat (DR) 11:00 Wonderful Word Games (AR) 2:00 Solo Cards (BR) 2:00 Outing to Value Village (ML) 2:15 Chair Zumba with Vicki (AR) 3:30 Name the Musician (AR) 7:00 Board Games (AR) 3	10:15 Bible Study (DR) 11:00 Active Living Planning Meeting with Lizzy (AR) 2:00 Cards with Alyssa (AR) 2:00 Sing A Long (AR) 2:00 Book Club with ComforCare (LIB) 3:00 Happy Hour (AR) 7:00 Movie Night (LIB) 4	10:00 Crokinole (BR) 10:00 TEP 2 (FC) 10:00 Outing to Elmira Maple Syrup Festival (ML) 10:45 Briarfiled Bowling Alley (AR) 2:00 BINGO* (AR) 3:30 Making Rice Crispy Squares (AR) 7:00 Piano with Cassidy (ML) 5
9:00 Activity Booklet Pick up (FD) 10:00 Jewelry Making (AR) 10:45 Who Am I Trivia (AR) 2:00 Sit and Dance (AR) 3:00 Hymn Sing* (AR) 7:00 Evening Colouring (AR) 6	10:00 Crokinole (BR) 10:15 TEP 1 (FC) 11:00 Hymn Stories (AR) 2:00 Cards with Alyssa (AR) 2:00 Solo Cards (BR) 2:00 Nail Spa (AR) 2:00 Outing to Fairview Mall (L) 3:15 Birds of the World* (AR) 7:00 The World's Most Stunning Natural Phenomena* (AR) 7	10:15 Tidbits and Timbits (AR) 11:00 Hula Hoop Ball Toss (AR) 2:00 Solo Cards (BR) 2:00 Drom Drumming (AR) 3:30 Knitting and Crochet Club (AR) 4:00 Billiards (BR) 7:00 Euchre Club (AR) 8	10:00 Catholic Service Fr. Melvin Pinto (CH) 10:15 TEP 2 (FC) 11:00 Jeopardy (AR) 2:00 Bridge (BR) 2:00 Guess the Antique (AR) 3:00 BINGO* (AR) 7:00 Solo Cards (BR) 9	10:00 Crokinole (BR) 10:00 Inspirational Chat (DR) 10:30 A.G.E Incredibirds Show with Sunnyside School (AR) 2:00 Solo Cards (BR) 2:15 Chair Zumba with Lizzy (AR) 3:30 Java Music Club (DR) 7:00 Board Games (AR) 10	10:15 TEP 1 (FC) 11:30 Outing to D-Spot Cafe (L) 1:30 Healthy Minds: Estate Planning Pannel (AR) 2:00 Cards with Alyssa (AR) 2:00 Sing A Long (AR) 2:00 Book Club with ComforCare (LIB) 3:00 Happy Hour (AR) 7:00 Music with Rich Hubic (ML) 11	10:00 Crokinole (BR) 10:00 TEP 2 (FC) 10:45 Briarfield Bowling Alley (AR) 2:00 BINGO* (AR) 3:30 Table Craft (AR) 4:15 Evening Trivia (AR) 7:00 Piano with Cassidy (ML) 12
9:00 Activity Booklet Pick up (FD) 10:30 Axe Throwing (AR) 10:30 Our Oceans: Atlantic Ocean* (AR) 2:00 Rookie's Pool Table (BR) 3:00 Inter-Denominational Service (CH) 3:00 Scrabble (AR) 7:00 Evening Colouring (AR) 13	10:00 Crokinole (BR) 10:15 Exercise Video* (AR) 11:00 Hymn Stories (AR) 2:00 Cards with Alyssa (AR) 2:00 Solo Cards (BR) 2:30 Movie Matinee: Wicked* (AR) 7:00 Mysterious Islands of the South Pacific* (AR) 14	10:30 Thrift on Kent Outing (ML) 11:00 Spring Colouring (AR) 2:00 Solo Cards (BR) 2:30 Music with Jack Coulson Entertainment (ML) 3:30 Knitting and Crochet Club (AR) 4:00 Billiards (BR) 7:00 Euchre Club (AR) 15	10:00 Catholic Service Fr. Melvin Pinto (CH) 10:15 TEP 2 (FC) 11:00 Welcome Home: Name That Tune (AR) 2:00 Bridge (BR) 2:00 Nail Spa (AR) 3:00 BINGO* (AR) 7:00 Solo Cards (BR) 16	10:00 Crokinole (BR) 10:00 Inspirational Chat (DR) 11:00 Artful Enrichment: Bunny Decoration * (AR) 2:00 Solo Cards (BR) 2:00 Outing to St. Jacobs Walmart (L) 2:15 Chair Zumba with Lizzy (AR) 3:00 Food for Thought Meeting (AR) 7:00 Board Games (AR) 17	Good Friday (AR) 10:00 Green Yoga (FC) 10:30 Movie Morning: The Case for Christ* (AR) 2:00 Cards with Alyssa (AR) 2:30 Boys Night Out (ML) 7:00 Journey Through the Holy Land Documentary (AR) 18	10:00 Crokinole (BR) 10:00 TEP 2 (FC) 10:45 Axe Throwing (AR) 2:00 BINGO* (AR) 3:30 Crafty Corner (AR) 7:00 Piano with Cassidy (ML) 19



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<i>Easter Sunday (AR)</i> 20 9:00 Activity Booklet Pick up (FD) 10:00 Balloon Toss (AR) 10:45 Easter Wreath Craft (AR) 2:00 chair yoga (AR) 3:00 Hymn Sing* (AR) 7:00 Evening Colouring (AR)	10:00 Crokinole (BR) 21 10:15 TEP 1 (FC) 11:00 Hymn Stories (AR) 11:30 Outing to Anna Mae's (L) 2:00 Cards with Alyssa (AR) 2:00 Solo Cards (BR) 2:00 Nail Spa (AR) 3:15 Water Colour Hymn Craft (AR) 7:00 Eight Wonders of the Solar System* (AR)	<i>Earth Day (AR)</i> 22 10:15 HeartBeats Club (AR) 11:00 Earth Day Trivia (AR) 2:00 Solo Cards (BR) 2:30 Birthday Party with Rob Edllefsen (ML) 3:30 Knitting and Crochet Club (AR) 4:00 Billiards (BR) 7:00 Euchre Club (AR)	<i>St. George's Day (AR)</i> 23 10:00 Catholic Service Fr. Melvin Pinto (CH) 10:15 TEP 2 (FC) 10:45 Briarfield's Got Talent (AR) 2:00 Bridge (BR) 2:00 Wonderful Word Games* (AR) 3:00 BINGO* (AR) 7:00 Solo Cards (BR)	10:00 Crokinole (BR) 24 10:00 Inspirational Chat (DR) 11:00 Balloon Swat (AR) 2:00 Solo Cards (BR) 2:15 Chair Zumba with Vicki (AR) 3:30 Artful Enrichment: Recycle Paper Rose (AR) 7:00 Board Games (AR)	9:15 Outing to KW Bingo Hall (ML) 25 10:15 Parachute Games (AR) 11:00 Videos from Space (AR) 2:00 Cards with Alyssa (AR) 2:00 Resident Town Hall Meeting (AR) 3:00 Happy Hour (AR) 7:00 Music with Tristan Alexander (ML)	9:45 TEP 1 (FC) 26 10:00 Crokinole (BR) 10:45 Eye Exercise Club (AR) 2:00 BINGO* (AR) 4:00 Who Am I? Game* (AR) 7:00 Piano with Cassidy (ML)
9:00 Activity Booklet Pick up (FD) 27 9:45 Tag Team Axe Throwing (AR) 10:30 Our Ocean: Indian Ocean* (AR) 2:00 Nail Spa (AR) 3:00 Inter-Denominational Service (CH) 3:45 Tic Tac Toe (AR) 7:00 Evening Colouring (AR)	10:00 Crokinole (BR) 28 10:15 TEP 1 (FC) 11:00 Hymn Stories (AR) 2:00 Cards with Alyssa (AR) 2:00 Solo Cards (BR) 2:00 Nail Spa (AR) 3:00 What's New in the News (AR) 7:00 An Adventure Through Africa* (AR)	10:00 Leather Bag Lady Vintage (AR) 29 10:15 HeartBeats Club (AR) 2:00 Solo Cards (BR) 2:00 International Dance Demonstration (ML) 3:00 Country Drive and Ice Cream (L) 3:30 Knitting and Crochet Club (AR) 4:00 Billiards (BR) 7:00 Euchre Club (AR)	10:00 Catholic Service Fr. Melvin Pinto (CH) 30 10:15 TEP 2 (FC) 10:30 Healthy Minds: 7 wonders of the Natural World* (AR) 2:00 Bridge (BR) 2:00 Wordle Puzzle* (AR) 3:00 BINGO* (AR) 7:00 Solo Cards (BR) 7:00 Music with Martin Wall (ML)			<u>Locations Legend</u> Activity Room (AR) Billiards Room (BR) Main Lounge (ML) Fitness Center (FC) Chapel (CH) Dining Room (DR) Lobby (L) Front Desk (FD) Library (LIB)



TEP= Tiered Exercise Program

Please sign up at Reception for all Outings

All Programs are Subject to Change

Dimensions of Wellness

